

## ***Questions Regarding the Manner of Receiving Holy Communion***

The everyday news of the Coronavirus (COVID-19) locally has heightened everyone's fears and anxieties. As priests and Extraordinary Ministers of Holy Communion we have the obligation to act responsibly as we minister with the celebration of the Sacred Liturgy.

- The utmost reverence is to be shown by all to the Body of Christ in Holy Communion which illustrates our Faith in Christ's Real Presence.
- It is the individual right of a Catholic to determine the manner of the reception of Holy Communion, whether on the tongue or in the hand (cf. *Redemptionis Sacramentum*, n. 92).
- If a communicant—either an adult or a child-- desires to receive Holy Communion on the tongue, this is not to be denied.
- With the distribution of Holy Communion, either on the tongue or in the hand, a reminder catechesis on the proper manner would be helpful at this time, so that the Communion minister does not touch the tongue or the hand of the communicant.