



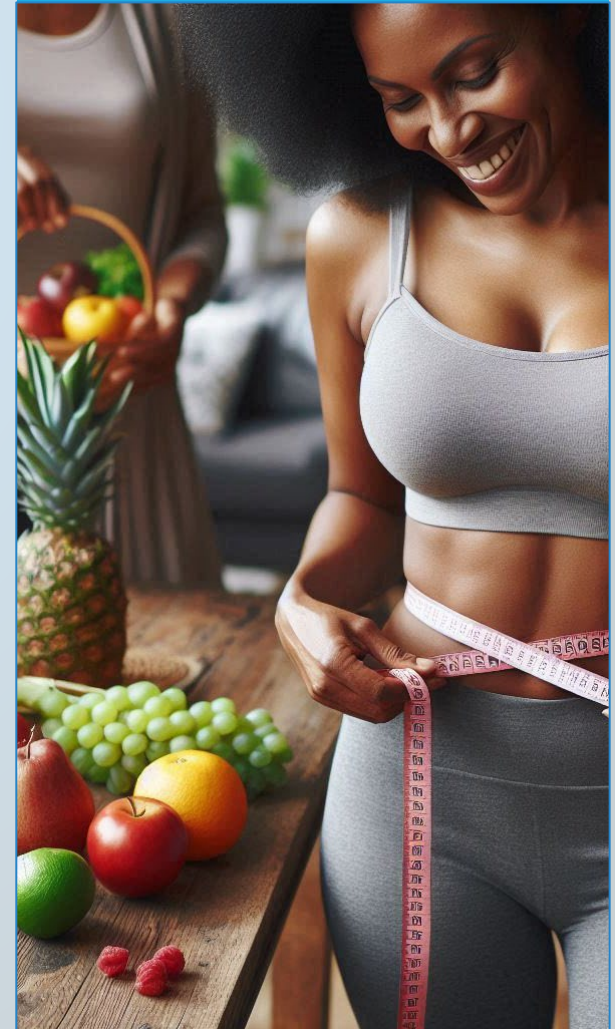
LET US HELP YOU
EMPOWER YOURSELF TO
CHANGE YOUR LIFESTYLE



Beauty on the Run

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*Beauty on the Run 90 Day
Reset Program*

WHAT IS SEMAGLUTIDE?

- Semaglutide is a simple once-a-week weight loss shot. It has been used successfully under a brand name for several years and is now available in its generic form at a significant discount. It is a glucagon-like Peptide (GLP-1) analogue used to treat and manage obesity effectively.

How does it work?

It does 3 things.

First, it slows gastric emptying so you fill up faster and stay full longer when you eat.

Second, it shuts off Ghrelin, the hunger hormone that drives our cravings for high-calorie foods.

Finally, it works like glucagon (a hormone) in the body and breaks down your stored fat as energy. This process helps people shed 1-3 lbs. a week all while never feeling hungry or deprived

When used alongside a healthy diet and exercise routine this program creates long-term shifts to the "set point" to create and maintain sustainable long-term weight loss

How will I need to take it?

Most People who take Semaglutide will take it until they reach their goal weight The average person taking semaglutide will lose 10-13 pounds per month. Many patients will take semaglutide for 3-6 months.

How is it administered?

Injections are administered once a week on the same day each week. It is a small injection that goes under the skin under subcutaneous (fat) tissue of the abdomen or thigh. It can be administered with or without food.

Potential Side Effects

The most common side effects of this medication is nausea, constipation, fatigue, and lack of appetite. Side effects are mild and generally easily managed by following provider recommendations and additional provider assisted supported. Many side effects subside after the first 4-6 weeks

Typical dosing Schedule

This medication is taken once a week

The dose is titrated weekly with your provider to maintain a 1-3 lbs. weight loss per week While minimizing the potential side effects of medication

Who Should Avoid Semaglutide

Those with history of Thyroid Cancer pancreatitis. Kidney or liver disease and those who consume alcohol daily, those with a history of eating disorders and those with mood disorders

Is this program covered by insurance

This 90-day reset, renew, and rejuvenate program is currently not covered by insurance Beauty on the Run is a cash pay facility We accept all major credit cards

WHAT IS REQUIRED TO START?

Semaglutide is a potent peptide that requires medical monitoring. To ensure safety. Consultation and intake with Joycelyn McDonald, EdD, MSN, RN. Lab clearance including CMP, CBC, lipid panel, and Hgb A1C. If you have had labs within the last six months, You may submit those for evaluation. If you do not have labs, we use a vendor to have them drawn



Services Include

Online Good Faith Exam

Shipping of Medication anywhere in the United States

Online Coaching (Extra fee outside of weekly 1:1)