

Buddha Bowls

Salad plus 5 sides

All veg 8.50

1 Meat plus 4 Veg 9.50

2 Meat Plus 3 Veg 10.50

Grilled marinated aubergine

Grilled marinated courgette

Roasted marinated red peppers

Sweetcorn

Falafel

Avocado mix

Spiced chickpeas and lentils

Roast sweet potatoes

Grilled Chorizo

Pickled red cabbage

Home made Hummus

Smoked salmon

Teriyaki Salmon

Grilled chicken

Teriyaki chicken

Topped with seeds and

Choice of dressing

Basil-Asian-Harissa Mayo-Tonne Sauce

TOASTED CIABATTA'S

Add chips OR sweet potato fries 2.00

No1 – Roast Chicken, Cheddar Cheese,

Asian Dressing 5.50

No2 – Tuna, Cheddar Cheese, Tonne Sauce 5.50

No3 – Crispy Bacon, Caramelised Red

Onion, Cheddar Cheese, Basil

Dressing 6.00

No4-Vegan Roasted and marinated
vegetables with homemade humus, Asian

Dressing 6.00

No5 – **Vegetarian** Roasted and marinated vegetables with
homemade humus, Brie, Asian Dressing 6.50

No6 – **Meat Feast** Roast Chicken, Bacon, Chorizo, Cheddar, Harissa
Mayo 6.00

No7 – Chorizo, Roast Romano Pepper, Grilled
Courgette, Mozzarella 6.00

No8 – Falafel, Homemade humus, Olives,
Feta Cheese 6.00

No9 – Teriyaki Chicken, Cheddar Cheese 5.50

No10 – Ham & Cheddar 5.50

Available sauces/dressings–Asian Dressing–Basil Dressing–Harissa
Mayo–Tonne Sauce–BBQ–Ketchup–Brown Sauce–Mayo–Sweet