



In partnership with the Fairfield County Police Training Officers Association

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Police Leadership Institute

Sacred Heart University is pleased to announce the 4th cohort of the Police Leadership Institute will be held this fall and spring. The goal of the program is to develop police leaders and provide them an opportunity to apply strategic planning and performance management concepts on organizational problems facing the department.

The program will consist of 12, full-day, session held twice each month over the course of a six month period. (i.e. 1st and 3rd Friday of every month, beginning in September). The exact dates of the sessions will be determined and provided to the participants well in advance of the course.

Participants are ideally sworn members of local police departments in the ranks of Chief, Major, Captain and Lieutenant (command level positions) may apply. Participation will be voluntary and on department time. Attendance will be mandatory for each session.

Participants will be expected to read all assigned materials in advance of each session and participate in group discussions on these topics. The course design is rigorous and reading load substantial. Participants will be exposed to numerous theoretical perspectives on contemporary leadership, management, crime reduction, project management, and health and wellness.

Participants will be expected to work on a project selected by the chief, and will be given a course project selected in advance and will identify the problem, benchmark the problem in other police organizations, develop an integrated plan to address the problem, and present this strategy to the Chief of Police at the conclusion of the course.

Participants will also be expected to analyze and identify crime and traffic patterns and trends and develop written plans to impact on these events.

Content Areas:

- Leadership
- Strategic Management
- Fitness and Nutrition
- Project Management
- Crime Strategy Development

Credits: Participants will receive the equivalent of 6 undergraduate or graduate level credits at Sacred Heart University for successful completion of the program. Undergraduate equivalent courses: CJ 299/599 – Practicum in Police Management, and CJ – 299/599 Special Topics in Police Leadership.



Tuition Options:

1. For credits - Participants will pay the equivalent of six Master of Arts in Criminal Justice graduate or undergraduate credits at Sacred Heart University. Currently, cost for graduate credit is \$900, and for undergraduate credits is \$625 per credit. Sacred Heart also offers a 50% tuition discount for sworn law enforcement officers, therefore the full six credit course, the cost for tuition is \$2,700 for graduate credits and \$1,875 for undergraduate credits. Upon successful completion of the course, students will have six credits posted to a Sacred Heart transcript for use at any degree program in the University or for transfer to another institution.
2. Audit – In lieu of receiving credits, participants may enroll as students auditing the course. The fee associated with this option is \$1200 for the entire program. No credits will be awarded to participants pursuing this option unless they continue studies at Sacred Heart University in either a graduate or undergraduate program.

Sample Schedule:

Each week would follow the same basic outline. The final week of the program will be formal presentations. The exact content areas and weekly discussion blocks can be found in the following table:

8:00 a.m. – 8:15 a.m. → Opening Discussion and Daily Overview (coffee for 15)
8:15 a.m. – 9:45 a.m. → Session 1: Strategic Management 1 - Introduction
9:45 a.m. – 10:00 a.m. → Break
10:00 a.m. – 11:30 a.m. → Session 2: Leadership 1 – What is Leadership?
11:30 a.m. – 12:30 a.m. → Lunch
12:30 a.m. – 2:00 p.m. → Session 3: Course Project Descriptions
2:00 p.m. – 2:15 p.m. → Break
2:15 p.m. – 3:45 p.m. → Session 4: Introduction to Health and Fitness
3:45 p.m. – 4:00 p.m. Closing Discussion, Week 2 Assignments, Wrap-up Week 1

Location: Sacred Heart University, 5151 Park Ave, Fairfield, CT06825

Registration/Information: Contact Dr. James E. McCabe, Associate Professor of Criminal Justice at Sacred Heart University, via email: mccabej@sacredheart.edu or phone 646-322-7507 to register or get additional information about the course.