

SOLO
TRAVELER
Newsletter



"Destination Dupes" and Other Ways to Save Money in 2024

Frugal strategies — like traveling in off- or shoulder seasons, going where the dollar is strong and sampling unsung destinations — help make the most of your travel budget. From *The New York Times Travel*, [here are some destinations to consider in 2024](#).

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GREAT TRAVEL LINKS

Planning a trip? Go right to [our most important new post](#).

I'm Begging You Not to Google for Airline Customer Service Numbers A version of a scam has hit panicky travelers over and over. People searching Google for airline contact information when they have a problem occasionally find bogus customer service phone numbers listed at or near the top of Google. If you call, crooks posing as airline reps try to persuade you to pay to rebook a flight or another task. Your money goes poof. In this *Washington Post* article, Shira Ovide investigates and shares [how to avoid airline customer service scams](#).

The Best Podcasts to Listen To in 2024 There's nothing better than cosying up on a flight ahead of a long-awaited holiday and getting that escapism in early by disappearing into your favourite podcast. *Condé Nast Traveller* has put together a list of their picks that are ideal for listening to while travelling anywhere. Here is a selection of [podcasts to keep you company on your next flight, train, or walk](#).

Tech-free Trips Are on the Rise — From Hotels With No Wi-Fi to Multiday Retreats With No Phones Allowed If breaking-news overload and digital distractions are taking their toll on your mental health, the time may be right for a phone-free vacation. From *Travel + Leisure*, Alice Robb talks to industry experts and shares examples of how [travelers can choose from a growing number of intentionally tech-free trips](#).



SOLO TRAVEL DEALS
click to see trips with no/low
single supplements
watch your inbox for a new list
one week from today!

The most clicked-on link last month:

Why Women Are Drawn to Solo Travel and How the Tourism Industry Is Responding A majority of people traveling abroad alone these days are women, and demand for women-led tour groups is rising. In this clip from *PBS NewsHour*,

Stephanie Sy takes a closer look at the reasons why women are drawn to solo travel and [how the hospitality industry is taking notice](#).

TOP POSTS ON SOLO TRAVELER

Here are the newest articles published on [our website](#).



Solo Travel Destinations

[Solo on Vancouver Island: Unique Things to See & Do](#)

A local author shares her top tips for things to see and do when you're solo on Vancouver Island, from nature to nightlife, art to food.

[Best Places to Travel Solo in the United States + Essential Advice](#)

Best places to travel solo in the United States from locals and travelers, shortlists for urban and adventure travel + tips for a great trip.

[Solo on a Budget in New York City: 50+ Tips to Make NYC Affordable](#)

New York City is known for being expensive. Don't have the money? Don't worry. Here's how to travel solo on a budget in New York City.



Solo Travel Planning

[Travel Insurance for Solo Travelers: How to Make Sure You're Protected](#)

Comprehensive advice on purchasing travel insurance for solo travelers + recommended insurers. Protect yourself so you can enjoy your trip!

[Best Checked Baggage Tips: How to Plan, Pack & Keep Track](#)

Whether you regularly check your bag or only do it in special circumstances, here are our best checked baggage tips for when you need them.

[How to Get Through an Airport by Yourself with Ease](#)

Prepare for the airport with tips for check-in, getting through airport security like a pro, and packing strategies to make it all easier.





A Solo Point of View

[Solo Travel Secrets: Enjoy the Upside at Every Turn](#)

The secrets of solo travel are often surprising to first timers. Experienced solo travelers already know them. Enter the solo travel world.

[Difference and Discovery: The Great Joys of Traveling Alone](#)

It stimulates all our senses, inspires curiosity, and teaches us about the world and ourselves. Experience the joys of traveling alone.

Resources for Your Future Trips

- [Solo Travel Deals Page](#) Updated monthly, to our knowledge this is the only list of tours with no or low single supplements on the Internet.
- [How to Plan a Solo Trip 2024: Trends, Checklist, and Budget Spreadsheet](#) From checklists, resources, and tools to how to use ChatGPT for itinerary creation, here's how to plan a solo trip in 2024.
- [Solo Traveler's Recommended Trip Planning Resources](#)
- Dreaming of travel? Make it happen with these trip planning resources. Here's our shortlist of travel planning tools to get you there.
- [How to Plan Your Travel Budget: Luxury or Frugal](#) Travel budgeting made easy whether you're splurging on luxury or keeping a sharp eye on expenses. Includes a free interactive spreadsheet.
- [A Complete Guide to Travel Insurance for Solo Travelers](#) Where to buy and not buy travel insurance. How to make sure you get the right coverage and a price comparison of two recommended providers.
- [Best VPN for Travel: What, Why, How and New Recommendations](#) Protect your identity when you travel. Here's what to look for in a VPN, a simple use guide, and new recommendations.

- [Carry-on Packing List that Makes Sense: Traveler Tested](#) Carry-on packing lists for women and men with tips for

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