

OREGANO OIL vs ANTIBIOTICS

FOR SIBO & GUT HEALTH

A SMARTER, NATURAL APPROACH TO SIBO,
FUNCTIONAL MEDICINE & LONG-TERM RELIEF

Oregano oil is a powerful, plant-based antimicrobial that helps reduce harmful overgrowth while supporting the restoration of a healthy, balanced microbiome.



OREGANO OIL VS ANTIBIOTICS



TARGETS HARMFUL BACTERIA

Powerful antimicrobial activity against the bacteria and archaea involved in SIBO.



GENTLE ON THE GOOD GUYS

Less disruptive to beneficial gut bacteria, supporting microbial diversity.



SUPPORTS REBALANCING

Helps restore balance naturally so good bacteria can thrive again.



LOWER RISK OF RESISTANCE

Natural compounds make it harder for microbes to develop resistance.



ANTI-INFLAMMATORY

Helps calm inflammation, oxidative stress, and supports gut healing.



WELL TOLERATED

Derived from nature, generally gentle and well tolerated when used appropriately.



BROAD-SPECTRUM DESTRUCTION

Kills both harmful and beneficial bacteria, disrupting the entire microbiome.



HIGH RISK OF DYSBIOSIS

Often leads to yeast overgrowth, bloating, and long-term imbalances.



DOESN'T ADDRESS ROOT CAUSES

Treats temporarily but doesn't fix motility, inflammation, or lifestyle factors.



ANTIBIOTIC RESISTANCE

Overuse contributes to resistance, making future infections harder to treat.



MORE SIDE EFFECTS

Common side effects include nausea, diarrhea, cramping, fatigue, and more.



NOT A LONG-TERM SOLUTION

Symptoms often return once antibiotics are stopped.



PLANT-BASED
POWER



TARGETS
THE ROOT



RESTORES
BALANCE



SUPPORTS LONG-
TERM RELIEF