

5 REASONS to Reset with Total Gut Restoration



Though a patient may have used the Total Gut Restoration system before, there are many reasons to experience the program again, rejuvenating the existing gut paradigm to promote better digestive health and overall wellness. No matter their level of personal health, all patients need the solid foundation of a healthy, harmonious, diverse, and robust gut microbiome buffeted by the support of a strong gut barrier. Here are 5 Reasons to Restore Again:

1. Promotes Restoring Lost Gut Microbial Balance

Total Gut Restoration promotes restoring lost gut microbial balance (dysbiosis) due to lifestyle and/or environmental factors. Total Gut Restoration's products promote an optimal balance of beneficial bacteria and maintain reduced levels of nonbeneficial bacteria. Exposure to risk factors such as these can promote an unhealthy imbalance in the microbiome:**

- Recent or frequent antibiotic use
- Natural antimicrobials, including herbal formulas
- Exposure to environmental toxins (glyphosate/pesticides, BPA, triclosan, xenoestrogens, heavy metals, etc.)
- Special or limited diet
- Low fiber diet
- Diet high in sugar, fat, and/or protein
- Food eaten is mostly non-organic
- Excessive alcohol intake
- Smoking
- Artificial sweeteners
- Occasional stress
- Poor sleep
- Intense athletic training

2. Supports Rebuilding and Fortifying Gut Barrier Integrity

The program supports rebuilding and fortifying gut barrier integrity lost due to dysbiosis and many of the environmental and lifestyle factors listed above. Intestinal barrier hyperpermeability, known as a leaky gut, can wreak havoc on both the digestive process and whole-body well-being. MegaMucosa™ contains dairy-free immunoglobulins, four critical amino acids, and citrus bioflavonoids shown to support gut barrier integrity and promote healthy immune responses in the gastrointestinal mucosa.**

3. Promotes Continued Production of Health-Supportive Metabolites

Total Gut Restoration supplements promote the continued production of health-supportive metabolites and by-products, such as vitamins and short-chain fatty acids. MegaSporeBiotic™ supplies probiotic bacteria and MegaPre™ Precision Prebiotic™ provides prebiotics that support feeding them. MegaPre™ provides the perfect nourishing support for keystone gut bacterial species like *Faecalibacterium prausnitzii*, *Akkermansia muciniphila*, and *Bifidobacteria*, that produce valuable, health-promoting short-chain fatty acids, such as butyrate.**

4. Supports Immune Function Responses and Fortification

Total Gut Restoration supports immune function responses and fortification in both the microbiome and gut mucosal immune barrier, making a Total Gut Restoration reset particularly helpful before cold and flu season.**

5. Promotes Digestion, Detoxification, and Healthy Inflammatory Responses

The three-supplement system promotes optimal digestion, detoxification, and healthy inflammatory responses. MegaMucosa™ supports detoxifying specific metabolites and bacterial endotoxins to help remove them safely from the digestive tract and body, including lipopolysaccharide (LPS) molecules with inflammatory properties. Neutralizing LPS also supports circumventing TLR4 pathway activation and immune hyperreactivity.**

Science You Can Trust from Microbiome Labs. We're **Pioneering Health** to ensure the human microbiome takes center stage in tomorrow's integrated healthcare.

**These statements have not yet been evaluated by the Food and Drug Administration (FDA). Products and claims are not intended to diagnose, treat, cure, or prevent any disease.