



Volunteer Information Sheet

Personal Information

Name:	Date of Birth:
Address:	Zip code:
Cell Number:	Email:
Days of week available:	Hours:
Emergency Information	
Emergency Contact Name:	Number
Relationship to Volunteer:	
Allergies if any:	
<u>Affiliations</u>	
Name of Religious Entity if any:	
Organizations:	
Program Interest (please check all that you a	re interested in):
Food Pantry at 3349 St Augustine Road	Meals on Wheels Delivery
Truck Driving for retail partner donations	Nutritionally Secure Seniors
Composting and Waste Management	Mobile Pantries
OPT IN Permissions:	
By providing your phone number and email add	ress, you are opting in to receive texts (standard rates
may apply) and emails from UCOM staff. The pu	urpose of our communication will be to remind you of
your chosen volunteer shift or to distribute news	letters that share the impact of UCOM's mission.
Date this was filled out and	permission granted to UCOM.