**📣 Pocatello Pioneers | Race Weekend Information** *For Parents of NICA Student Athletes*

### 🏁 2025 NICA Race Schedule

Here are the scheduled races for the upcoming season (we participate in 5):

* **Race #1** - **Grand Targhee** – 8/16/25
* **Race #2** - **Magic** – 8/23/25
* **Race #3** - **Brundage** – 9/6/25 (Bye week for Pocatello Pioneers)
* **Race #4** - **Soldier Mountain** – 9/13/25
* **Race #5** - **Pocatello** – 9/20/25
* **Race #6** - **Jug Mountain** – 9/27/25 (Bye week for Pocatello Pioneers)
* **State Champs** - **Bogus Basin** – 10/4/25

For more information about each race, visit: [idahomtb.org](https://idahomtb.org) *(Look under the "Race Series" tab in the Programs section)*

### 📝 STEP 1: Registering for Races

* **Where to Register:** All race registration is done via **Pit Zone**.
* **When to Register:** At least **one week before each race**.  
   *Save $100 if you register for all 5 races pre-season!*

### 🙋‍♀️ STEP 1a: Volunteer Sign-up

Parents, please volunteer! Help is needed throughout the weekend with:

* Parking
* Trail sweeps
* Traffic control at trail intersections  
   Sign up at: [www.idahomtb.org](https://idahomtb.org)

### 🏕️ STEP 2: Accommodations

Options for where to stay:

* **Race Venue Camping:** Tent, trailer, or RV camping is available at most venues.
* **Hotels/Airbnb:** Look for accommodations near the race venue.

### 📅 STEP 3: Race Weekend Timeline

#### Friday Afternoon

* **Check Race Category Staging Times:** Available on [idahomtb.org](https://idahomtb.org) the Wednesday before each race.
* **Set Up Team Pit Area:** The more parents who come to help, the faster the setup!
* **Course Pre-Ride:** Coaches and racers may pre-ride the course from **1:00–7:00 PM on Friday** and **7:30–8:30 AM on Saturday**.  
   *(Coaches must have at least Level 1 certification to ride with athletes)*
* **Prep for Race Day:** Hydrate, check tire pressure, lube chains, and attach race numbers to jerseys and bikes.

#### Friday Evening

* Rest up and make final equipment checks.

### 🏁 STEP 4: Race Day – Saturday

#### Racers:

* **Warm Up:** 30–45 minutes before staging.
* **Race Fuel:** Make sure to fuel up and have water bottles ready!

#### Parents:

* **Check-in at Volunteer Table:** Confirm where you’re needed and what time.
* **Lunch & Snacks:** Available for our riders throughout the day.

### 🧹 STEP 5: Saturday Afternoon

* **Team Tent Take Down:** After the race, help pack up the team tents and load the trailer.

### 👥 Important Reminders

* All racers and coaches need to sign up and prepare for the race weekend.
* Volunteers are key! Help out to make everything run smoothly.
* Stay connected through **Stack TeamApp** for race updates and other announcements.

**Let’s make the 2025 season unforgettable!** 🏆 *– Pocatello Pioneers Coaching Team*