POCATELLO PIONEERS TEAM FAQ'S

When do we practice?

- Tues & Thurs 6-8pm (Tues & Wed on race weeks)
 - o Tues @ Centennial Park
 - o Thurs @ Wellness Center
 - Sat @ 8am (location TBD), announced weekly via TeamApp

How old does my child need to be to participate on the Pocatello Pioneer team?

6th-12th grade. Ride groups are established based on age and ability.

Can I ride with my child?

Yes, if you become a coach. It's super quick and easy. Ask a coach for directions.

How does the team communicate?

Via **TeamApp**. To access, download the free app on your phone, search for Pocatello Pioneers and then request permission to be a part of the team. <u>Day to day announcements and practice scheduling will be made through TeamApp ONLY after July 1</u>.

What does my child need for every practice to participate?

- A well-functioning mountain bike
- A helmet and appropriate clothing for weather
- A tube in case of flat tires
- Water (bottle(s) or hydration pack, 16-20oz, or more if it is hot)

How much does it cost for my child to be on the pioneers?

- Pioneers Team cost: \$55 (team jersey included for new team members)
- Idaho league cost: \$200
- Race Cost: Season pass \$150/125 (HS/MS) for 5 races (must be purchased by 7/31), or \$50 each for individual races

Where do I register? (There are 2 registrations and 1 document to complete)

1. the Idaho Interscholastic Cycling Association (The Idaho League)

 Send your name, you child's name, and your email address to <u>pocatellopioneers@gmail.com</u>. We will send you an email invite to join "The Pit Zone" where you can complete league registration. (This is the same process for student athletes and parent coaches)

2. The Pocatello Pioneers

- a. Go to pocatellopioneers.com and click the *Team Registration* tab. Then click on the Pocatello Pioneers logo. This will take you to Active.com where you will register for the team.
- b. A required document is also listed on this tab, titled *IICL Parent Education consent handout*. Print out, sign, and turn in this form. It is a concussion education form.

No student athletes will be allowed to participate in practice without both registrations being completed and the concussion form being submitted. No exceptions!!! Think of them like a helmet.

Does my child have to race?

No, but we highly recommend trying out at least 1 race. Most student athletes get hooked and continue racing.

For further information go to: pocatellopioneers.com idahomtb.org