



## BPC 157-RR (*Rapid Release*)

### What Is BPC-157 Rapid Release?

- BPC-157 (*Body Protection Compound-157*) is a peptide chain that consists of 15 amino acids and isn't a sequence that naturally exists in nature and is considered synthetic.
- Based on a protective compound naturally present in your stomach.
- BPC-157 (*Rapid Release*) is a coated rapid release capsule for faster absorption. BPC-157 helps with tendon and ligament repair and other musculoskeletal injuries.
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### What Does BPC-157 Help With?

- Lowers blood pressure
- Pain/inflammation
- Reduces side effects of high potassium levels
- Increases cellular regeneration
- Increases hormone growth receptors
- Heals organ damage
- Protects liver from toxic insults  
(*alcohol, antibiotics*)
- Influences neurotransmitter activity
  - Creating better mental health
- Skin
  - Heals skin disorders
  - Accelerates healing from burns
  - Repairs damaged tissue
- Musculoskeletal injuries
  - Repairs tendons/tendon-to-bone
  - Increases joint mobility
  - Repairs damaged ligaments
  - Repairs bone defects
  - Reduces muscle wastage
  - Promotes growth and muscular development
- Digestive Issues
  - GERD
  - Leaky gut
  - Inflammatory bowel disease (IBD)
  - Crohn's disease
  - Ulcerative colitis
  - Protects the guts lining
  - Protects the colon
  - Improves digestion
  - Repairs damage caused by NSAIDs
- BPC-157 is another option when other treatment option have failed or have stopped working.

### Side-Effects of BPC-157

- Studies have shown using the peptide BPC-157 to be safe with no severe adverse effects.
- Individuals with preexisting medical conditions or are taking certain medications may be at risk for experiencing side-effects.
  - Side-effects include:
    - Fatigue/lethargy
    - Dizziness
    - Nausea/vomiting
    - Hot flashes (*feeling hot or cold*)
    - Changes in blood pressure
    - Abnormal heart arrhythmia