



# Lindgren CBD

## Broad Spectrum 1800 CBD Gummies (THC Free)

You deserve the best quality of life! If you're concerned about the presence of THC but still want the benefits of CBD, our hemp extract infused Broad Spectrum Gummies are perfect for you. Gummies contain all the benefits of cannabinoids and plant compounds but without the THC and are packed into a tasty gummy for easy consumption. Gummies are ideal for those that want to start or enhance their CBD supplement routine.

Place oil under tongue and hold for 10 seconds or more before swallowing.

- Dosages are as needed and should be adjusted accordingly. Start low, go slow, and increase as needed.
- Decrease dosage if any of the following symptoms persist:
  - Drowsiness
  - Dizziness
  - Lightheadedness
  - Dry mouth
  - Diarrhea
  - Increased appetite
  - Lowered blood pressure
- Trace amounts of THC can cause stimulant-like side effects on rare occasions. Dosing time should be altered in these instances.



- **Addiction support**

*Pending continued research data results*

- **Anti-inflammatory**

*30-90mg before bed*

- **Anti-seizure properties**

*Pending continued research data results*

- **Anxiety relief**

*15-30mg, up to 4x daily*

- **Calm & focus**

*15-30mg as needed; increase amount until desired outcome is achieved*

- **Homeostasis support**

*30-90mg before bed*

- **Pain relief**

*15-30mg, up to 4x daily; take larger dose before bed*

- **PTSD**

*15-30mg, up to 4x daily; take larger dose before bed*

- **Sleep support**

*30-90mg before bed*

- **Stress relief**

*15-30mg as needed; increase amount until desired outcome is achieved*