

ASEA[®] PERFORMANCE

Live Unleashed



銳活系列

ASEA Performance

- Bioavailable 生物利用率
- Smart精準配比
- Clean純淨安心



僅供香港市場培訓使用

生物利用率 Bioavailable

ASEA Performance 的所有成分均具有最佳的生物利用率，這意味著所有嚴選成分更易於被身體吸收。

精準配比 Smart

ASEA Performance 精準的成分搭配可發揮協同作用，可帶來更好的健康效益。這些配方不僅能帶來短期提升，還能帶來持久的益處。

純淨安心Clean

ASEA Performance 僅採用必要成分配製而成，不添加人工色素、填充劑或防腐劑。

Energy : Key Ingredients



銳力植物萃取粉末

L-Theanine L-茶胺酸

Panax Ginseng 人參

Vitamin B3 (Niacinamide) 維生素 B3

Vitamin B6 (Pyridoxine) 維生素 B6

Vitamin B12 (Methylcobalamin) 維生素 B12

Peak ATP®

Acetyl-L Carnitine 乙醯左旋肉鹼

Beta-Alanine β-丙胺酸

Beet Root Extract 甜菜根萃取物

Agmatine Sulfate 精胺硫酸鹽

Guarana 瓜拿納

Caffeine (from Green Tea) 咖啡因

思緒清晰、穩定有效率

提升狀態、恢復更有感

體能表現、提升續航力

快速醒腦、活力更持久

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Mind : Key Ingredients



銳志植物萃取粉末

Alpha-GPC 甘油磷酸膽鹼

Lions Mane (30% B-Glucans) 獅鬃菇 (β-葡聚糖)

Huperzine A 石杉鹼甲

Choline 膽鹼

Nicotinamide Riboside (NR) 菸鹼醯胺核苷

Phosphatidylserine 磷脂醯絲胺酸

Zinc 鋅

Caffeine (from Green Tea) 咖啡因 (綠茶來源)

營養支持 專注更加分

多重保護 輕鬆不忘記

及時提神 決策更精準

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Mood : Key Ingredients



銳晴植物萃取粉末

Affron 番紅花萃取物
(Branded Saffron Ingredient)

Ashwagandha 有機印度人蔘根

Rhodiola Rosea 紅景天

L-Tyrosine L-酪胺酸

GABA

Vitamin B5 維生素 B5

5-HTP

幫助調節感受

提升抗壓能力

帶來舒適感受

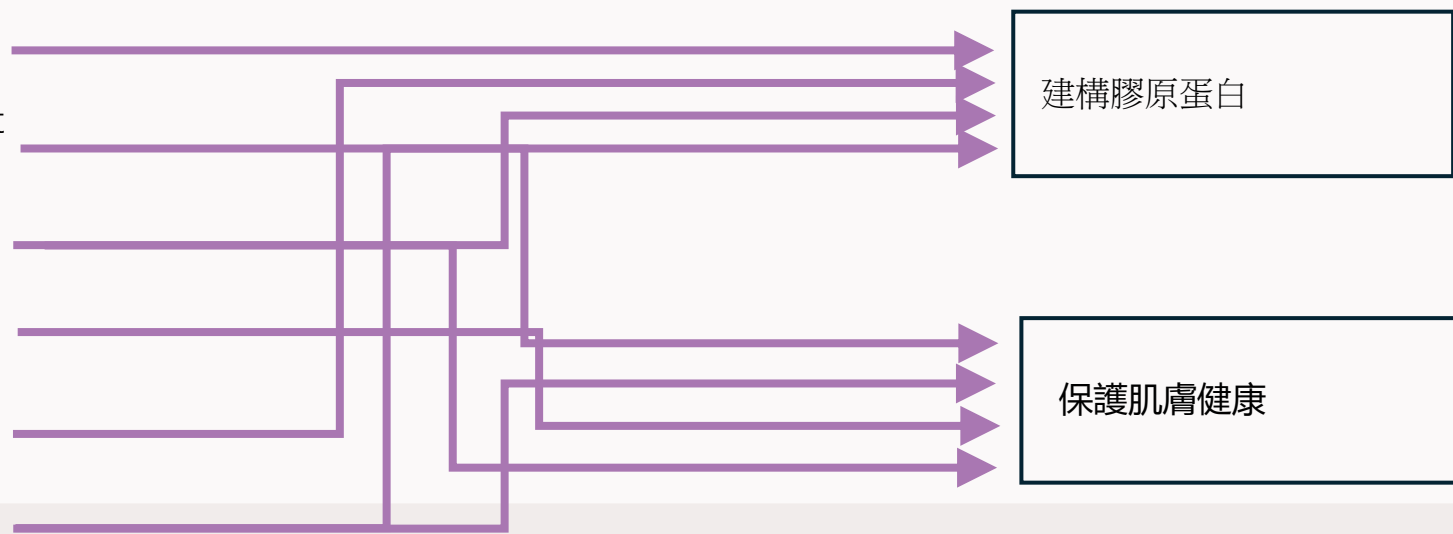
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Radiance : Key Ingredients



銳靚植物萃取粉末

- Vollagen
植物性胺基酸
- Maqui berry extract
智利酒果萃取
- Vitamin C 維生素C
- Cermide PCD
米神經醯胺
- Copper 銅
- Zinc 鋅



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科研依據

ASEA Performance系列採用之原料，於PubMed累計超過900,000 篇研究期刊支持。

Vitamin B12 Supplementation in Diabetic Neuropathy: A 1-Year, Randomized, Double-Blind, Placebo-Controlled Trial

Triantafyllou Didangelos¹, Eleni Karlafti¹, Evangelia Kotzakioulafi¹, Eleni Margariti¹, Parthena Giannoulaki², Georgios Batanis¹, Solomon Testaye³, Konstantinos Kantartzis^{4,5,6}

Affiliations + expand

PMID: 33513879 PMCID: PMC7912007 DOI: 10.3390/nu13020395

Full text links Cite

Abstract

Aim: To investigate the effect of normalizing vitamin B12 (B12) levels with oral B12 (methylcobalamin) 1000 µg/day for one year in patients with diabetic neuropathy (DN).

Patients and methods: In this prospective, double-blind, placebo-controlled trial, 90 patients with type 2 diabetes on metformin for at least four years and both peripheral and autonomic DN were randomized to an active treatment group receiving a placebo. All patients had B12 measurements of sural nerve conduction velocity (SNAP), and vibration perception threshold reflex tests (CARTs; mean circular resultant hypotension). Sudomotor function was assessed by skin conductance in hands and feet (ESCH

New insights into huperzine A for the treatment of Alzheimer's disease

Hai-Yan Zhang^{1,2}

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PMCID: PMC4003111 PMID: 22941287

Abstract

Huperzine A, an active *Lycopodium* alkaloid extracted from traditional Chinese herb, is a potent, selective and reversible acetylcholinesterase (AChE) inhibitor and has been widely used in China for the treatment of Alzheimer's disease (AD). Accordingly, some new mechanisms of action for huperzine A have been discovered over the past decades. In addition to its AChE inhibitory effect, potent multifaceted neuroprotective effect through activating cholinergic system and directly acting on mitochondria have been explored. Moreover, in order to maximize the efficacy and safety of huperzine A therapy, great efforts have been made to optimize drug delivery system. In the present article, an attempt is made to discuss the current progress and future perspective for huperzine A therapy in AD.

EDITORIAL Aging (Albany NY). 2018 Jun 13;10(6):1186-1187. doi: 10.18632/aging.101480

Aging and GABA

Koen Cuyppers^{1,6}, Celine Maes¹, Stephan P Swinnen^{1,2}

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PMCID: PMC6046222 PMID: 29905530

Ageing is associated with structural and functional alterations in the brain which declines in multiple facets of motor performance and motor coordination. Inhibitory processes in the brain undergo age-related alterations that lead to motor deficits. Specifically, the inability to successfully execute a motor task, a key role is played by gamma-aminobutyric acid (GABA), an inhibitory neurotransmitter. To demonstrate the importance of GABA in motor control, complementary neuroimaging and behavioral techniques can be employed to unravel the underlying mechanisms.

The Acute and Chronic Effects of Lion's Mane Mushroom Supplementation on Cognitive Function, Stress and Mood in Young Adults: A Double-Blind, Parallel Groups, Pilot Study

Sarah Docherdy^{1,2}, Eylee L Doughty¹, Ellen F Smith²

Editor: Panteleimon Giannakopoulos

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PMCID: PMC10675414 PMID: 38004235

Abstract

Background: Given the bioactive properties and limited work to date, *Hericium erinaceus* (Lion's mane) shows promise in improving cognitive function and mood. However, much of the human research has concentrated on chronic supplementation in cognitively compromised cohorts. Objective: The current pilot study investigated the acute and chronic (28-day) cognitive and mood-enhancing effects of *Hericium erinaceus* in a healthy, young adult cohort. Design: This randomized, double-blind, placebo-controlled, parallel-groups design investigated the acute (60 min post dose) and chronic (28-day intervention) effects of 1.8 g *Hericium erinaceus* in 41 healthy adults aged 18-45 years. Results: Analysis revealed that following a single dose of *Hericium erinaceus*, participants

Nicotinamide Riboside, a Promising Vitamin B₃ Derivative for Healthy Aging and Longevity: Current Research and Perspectives

Andrei Blita^{1,2}, Ion Romulus Scorei^{1,2}, Maria Viorica Cioclitu^{2,3}, Dana Elena Nicolaiescu⁴, Andreea Silvia Pîrvu⁵, Ludovic Everard Bejenaru¹, Gabriela Rădu^{2,6}, Cornelia Bejenaru⁷, Antonia Radu⁷, Johnny Neamu^{2,8}, George Dan Mogoșanu^{1,2}, Steven A Benner⁹

Editors: Riccardo Petrelli, Giuseppe Orsomando

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PMCID: PMC10459282 PMID: 37630330

Abstract

Research has suggested that the oxidized form of nicotinamide (niAD⁺) is involved in an extensive spectrum of degenerative disorders, cardiomyopathy, aging and longevity appear to be closely

Effects of Supplementation with the Standardized Extract of Saffron (affron[®]) on the Kynurenine Pathway and Melatonin Synthesis in Rats

Mario De la Fuente Muñoz¹, Marta Román-Carmena¹, Sara Amor¹, Ángel Luis García-Villalón¹, Alberto E Espinel², Daniel González-Hedström², Miriam Granada García^{1,3,7}

Editors: Elisabeta Irina Geana, Ovidiu Tita

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PMCID: PMC10451224 PMID: 37627614

Abstract

Melatonin is a hormone that regulates sleep-wake cycles and is mainly synthesized in the pineal gland from tryptophan after its conversion into serotonin. Under normal conditions, less than 5% of tryptophan is reserved for the synthesis of serotonin and melatonin. The remaining 95% is metabolized in the liver through the kynurenine pathway. Increased levels of proinflammatory cytokines and cortisol increase the metabolism of tryptophan through the kynurenine pathway

Serotonin à la carte: supplementation with the serotonin precursor 5-hydroxytryptophan

Erick H Turner¹, Jennifer M Loftis, Aaron D Blackwell

Affiliations + expand

PMID: 16023217 DOI: 10.1016/j.pharmthera.2005.06.004

Free article

Full text links Cite

Abstract

This paper reviews the preclinical and clinical evidence regarding the use of the dietary supplement 5-hydroxytryptophan (5-HTP) for the treatment of depression. In the absence of supplementation with exogenous 5-HTP, the amount of endogenous 5-HTP available for serotonin synthesis depends on the availability of tryptophan and on the activity of various enzymes, especially tryptophan hydroxylase, indoleamine 2,3-dioxygenase, and tryptophan 2,3-dioxygenase (TDO), factors affecting each of these are reviewed. The amount of 5-HTP reaching the central nervous system (CNS) is affected by the

serotonin in the periphery. This conversion is controlled by the enzyme 5-HTP decarboxylase, which can be blocked by peripheral 5-HTP decarboxylase inhibitors such as carbidopa. Preclinical and clinical evidence for the efficacy of 5-HTP in the treatment of depression, with emphasis on double-blind, placebo-controlled (DB-PC) trials, is reviewed, with emphasis on eosinophilia myalgia syndrome (EMS)

功能疊加 協同增效



任務高效完成



思緒犀利順暢



行動絲滑敏捷



線條柔和緊緻

REDOX 強強聯手



任務高效完成



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