

EZ STEAM LLC

286 West St. Gardner MA, 01440

GENERAL RELEASE OF LIABILITY

Under the terms of this Agreement and sufficiency of which is hereby acknowledged, do hereby release and forever discharge EZ STEAM LLC, of 286 West St. , City of Gardner, State of Massachusetts (Hereinafter the "Releasee") including their agents, employees, successors and assigns, and their respective heirs, personal representatives, affiliates, successors and assigns, and any and all persons, firms or corporations liable or who might be claimed to be liable, whether or not herein named, none of whom admit any liability to the undersigned, but all expressly denying liability, from any and all claims, demands, damages, actions, causes of action or suits of any kind or nature whatsoever, which I now have or may hereafter have, arising out of or in any way relating to any and all injuries and damages of any and every kind, to both person and property, and also any and all injuries and damages that may develop in the future, as a result of or in any way relating to the following: **EZ STEAM BATH FACILITY, STEAM BATH SESSION, SERVICES, FACILITY, or PRODUCTS.**

It is understood and agreed that this Agreement is made and received in full and complete settlement and satisfaction the causes of action, claims and demands mentioned herein; that this Release contains the entire Agreement between the parties; and that the terms of this Agreement are contractual and not merely a recital. Furthermore, this Release shall be binding upon the undersigned, and his respective heirs, executors, administrators, personal representatives, successors, and assigns. This Release shall be subject to and governed by the laws of the State of Massachusetts ,

This Release has been read and fully understood by the undersigned and has been explained to me.

Date _____

Releasor's (your) Signature: _____

Print Name: _____

EZ STEAM LLC

286 West St. Gardner MA, 01440

EMERGENCY CONTACT

Your

First and Last Name:

Address: _____

Phone Number: _____

Email: _____

EMERGENCY CONTACT

First and Last Name:

Relationship: _____ Phone Number: _____

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TERMS AND CONDITIONS

1. All reservations must be scheduled ahead of time. Walk-ins may be accommodated depending on availability.
2. Payment in full is collected and due on-site before entering the steam bath.
3. If you need to cancel, please let us know 24-hours prior to your reservation. Thank you!
4. A separate signed Waiver and Release of Liability form is required before using the steam bath for the first time.
5. We ask that you also sit on a towel while in the steam bath and wipe the seat and backrests when leaving the steam bath to be considerate for the next guest.
6. No drugs, alcohol, and no glass bottles in rooms.
7. We ask that you arrive 15 minutes prior to your reservation as this allows time for check in, paperwork, to collect payment, and use the facilities if needed.
8. We ask that you are respectful of others, the EZ STEAM LLC team, our host and the host's property.

If at any time we feel that the other guest, staff on-site, the equipment, or the space is not being respected, the EZ STEAM LLC team and/or host or staff on-site can ask you to leave. You will not be refunded the reservation fee.

I, _____(print name) have read, agree to, and will abide by these terms and conditions.

Initials: _____ Date: _____

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Waiver and Release of Liability

AGREEMENT, WAIVER, AND RELEASE OF LIABILITY

1. The use of drugs, medication, or alcohol prior to or during the steam bath session may lead to dizziness or unconsciousness.
2. Please consult your physician if you are in doubt of your ability to use steam bath.
3. No guests under the age of 18 are permitted in the steam bath unless accompanied by a parent, legal guardian, or supervising and consenting adult.
4. Please discontinue the use of the steam bath if you feel light-headed, dizzy, or heat exhausted.
5. Steam bath sessions should be limited to a maximum of 60 minutes at one time. Please take breaks every 20 minutes throughout your steam bath session.
6. It is advisable to drink water before and after the steam bath session.
7. It is advisable to not eat at least one to two hours prior to your steam bath session to avoid any ill feelings.
8. It is advisable to shower prior to your steam bath session.
9. If you have an open wound, you will not be permitted to use the steam bath.
10. Guests using any medications must consult a physician or pharmacist prior to the use of the steam bath.
11. Pregnant women should consult a physician prior to the use of the steam bath. Excessive body temperatures have a potential for causing fetal damage during the early stages of pregnancy.

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12. Do not use any lotions, make-up, or chemicals prior to the steam bath session. These items may block pores and affect perspiration as well as, stain the wood in the steam bath or cause irritation to other guests.

It is solely your responsibility to monitor your body and its' reactions and determine if it is appropriate to use the steam bath. You alone are responsible for your safety and well-being.

I acknowledge and accept the risks inherent using the steam bath. I voluntarily assume the risk of injury, accident or death which may arise from the use of the steam bath. I and any of my heirs, executors, representatives, or assigns hereby release me from all claims or liabilities for personal injury or property damages of any kind sustained while on the premises, during the use of the steam bath, and from any advice provided by an employee, independent contractor, or any representative of EZ STEAM LLC.

I agree that this Application and Waiver is in effect for all steam bath sessions with EZ STEAM LLC and will not expire unless requested by either party and understand it is my personal responsibility to consult with my doctor regarding my participation.

First and Last Name (printed):

Signature: _____ Date: _____

Sign below,

Only if supervising a guest under the age of 18 years old

First and Last Name of Consenting Adult (printed):
