



Reviewed by Jamie Michele for Readers' Favorite

Purge! We Should Do This by Carolyn L. Austin chronicles her experiences with personal and professional challenges, beginning with her abusive marriage to Danny and subsequent divorce in 1984. After leaving her former husband, Austin navigated a series of career changes, including a long tenure at the Postal Service, where she faced workplace biases and relationship complications. Her significant relationships with individuals such as Freddie, Dan, and Timothy, alongside career hurdles and legal battles, influenced her life deeply. Austin's career advancement included overcoming trouble in obtaining a postal inspector position and dealing with discrimination. As she offers diverse reflections on unhealthy relationships, she leans into personal growth and the importance of setting boundaries and trusting one's instincts to foster emotional and professional well-being.

"Guide me in your truth and teach me, for you are God my Savior, and my hope is in you all day long." (Ps. 25:5) Carolyn L. Austin puts her story out into the world in *Purge!* and in doing so fully reclaims a commitment to living life entirely on her own terms. Her Christian faith is the driving force behind all that she does, with an understanding that it is up to her to overcome the trials placed before her. I found this to be commendable and provided a foundation where, as a reader, I was able to better grasp where she was coming from. Austin demonstrates a refreshing emotional honesty through the detailed narrative and displays clear development and relatable problems that readers can connect to, and an integration of introspective contemplation. The writing is simple and straightforward with an emphasis on getting the message out in a rough-around-the-edges style that suits the work. Overall, this is a read that will resonate with many.

You can learn more about Carolyn L. Austin and "Purge!" at [Book review of Purge! - Readers' Favorite: Book Reviews and Award Contest \(readersfavorite.com\)](http://Book review of Purge! - Readers' Favorite: Book Reviews and Award Contest (readersfavorite.com)) where you can read reviews and the author's biography, as well as connect with the author directly or through their website and social media pages.