



BROKNOPEN

HEALING ISN'T LINEAR,
AND NEITHER IS LOVE.

PET GRIEF
HANDOUT



Euthanasia Guilt



"You made a loving decision with the information you had."



You made the hardest choice because you **loved** them enough to stop their pain.
You did the best you knew how — even when it broke you.

♥ REPEAT AFTER ME:

♥ I did the best I could.	
♥ I chose love, not selfishness.	
♥ I was their voice when they couldn't speak.	
♥ I gave them peace.	
♥ I can hold both love and grief.	



What are you wishing you could go back and change?

Write it out. Get it out. Then release it.



What truth can you hold onto instead?



Remember:

You acted out of love, not out of giving up.
You gave them a goodbye filled with dignity and compassion.

THAT IS AN ACT OF LOVE.

