



New Patient Information

To receive the best possible results, it is important to read and understand the following information:

- Some cases may require treating preliminary items that are contained within a substance, such as a vitamin, mineral, phenolic, and/or sugar. For example, sugar may need to be addressed before proceeding with alcohol, grains, or fruit.
- After addressing any preliminary items, patients may choose in what order the remaining substances are treated.
- It is possible to treat numerous items in one session if they are all part of the same family. For example, all dairy products (milk, cheese, and yogurt) and calcium may be treated together. But dairy and wheat, or tomatoes and pollens may not be addressed in the same session. The treatment will not be successful.
- We cannot guarantee how many sessions each substance will require to reduce the symptoms associated with that item.
- When addressing a condition, instead of a single substance or family of substances, multiple items may be contributing to the symptoms. Therefore, such conditions may require multiple sessions to relieve the symptoms or condition.

Please adhere to the following guidelines:

- As a courtesy to our other patients who may have strong sensitivities, please do not smoke or wear perfume or fragrances prior to coming into the clinic.
- Do not eat, drink, or chew gum during the session.

Office Policies:

- There is a 24-hour cancellation policy for the AAT treatments. Late cancellations or no-shows will be charged \$75.
- Please arrive on time for your appointment time. Late arrivals may need to be rescheduled.
- Payment is due at the time services are rendered.

Initial Assessment for: _____

Amines	Glutamates	Cats	Acids
Caffeine	Grain / Wheat	Cockroaches	Enzymes
Calcium	Iron	Dogs	
Chicken	Minerals	Dust / Dust Mites	
Chocolate	Oxalates	Flowers	
Coffee	Protein	Fungus	
Corn	Salicylates	Grasses	
Dairy/Milk	Salts / Chlorides	Molds / Mildews	
Eggs	Soy	Plant Phenolics	
Flavor Enhancers	Sugar	Plants	
Food Coloring	Vitamin A	Pollens	
Food Phenolics	Vitamin B	Sinus Fungus	
Food Preservatives	Vitamin C	Trees	
	Yeast	Weeds	