For the next **24 hours** DO NOT:

* Expose your Eyelash Extensions to water
* Rub, tug, or “play” with them
* Apply any cosmetics (especially oil based) near your lash line

**After 24 hours**, please follow the following recommendations:

* Wash your eyelashes daily with an Eyelash Cleanser. It is important to clean your lashes thoroughly. Any build-up of dirt, dust, and natural skin oil on or near the lash line will affect the durability of adhesive and could also lead to potential skin problems around your eyes.
* How to clean Eyelash Extensions using recommended cleanser
* Splash your eyes with warm water
* Using your ring finger, gently massage your cleansing product along the lash line and eyelashes, then splash with water until the soap is rinsed away
* Pat the skin around your lashes dry with a dry, clean towel and let your lashes air dry
* Once dry, use a disposable mascara wand to gently comb through the lashes
* Do not worry if you see two or three Eyelash Extensions fall out, this is normal. We typically lose 1-5 natural lashes every day without noticing.
* DO NOT use regular mascara or waterproof mascara as this will shorten the length of time your Eyelash Extensions remain and will cause them to fall off.
* DO NOT tug or pull your Eyelash Extensions as this will cause damage to your natural eyelashes
* Avoid extreme heat such as a sauna
* You may have to adjust your sleeping position. Sleeping on your side or stomach may damage your extensions if your eyelashes make contact with your pillow. Silk pillowcases may help.
* When coming for your refill appointment, make sure that your eyelashes are clean and free of any makeup. It is not possible for me to give your eyelashes a thorough cleanse and any residue will prevent proper bonding between your natural lashes and the extensions causing your extensions to come off.
* Schedule your refill appointment every 2-3 weeks to keep your eyelashes looking full and beautiful.