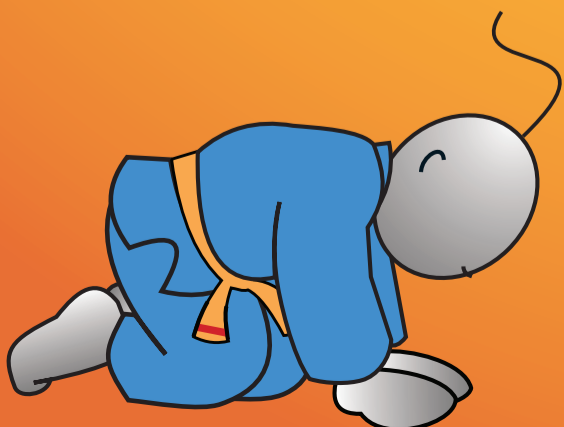
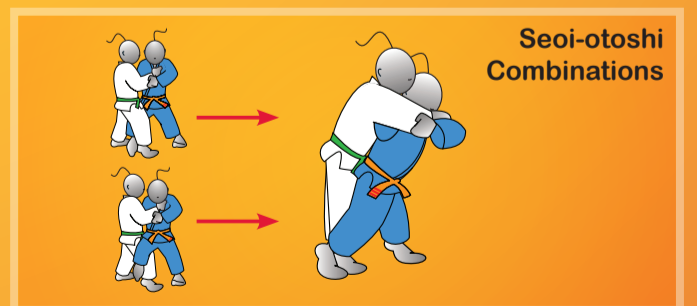
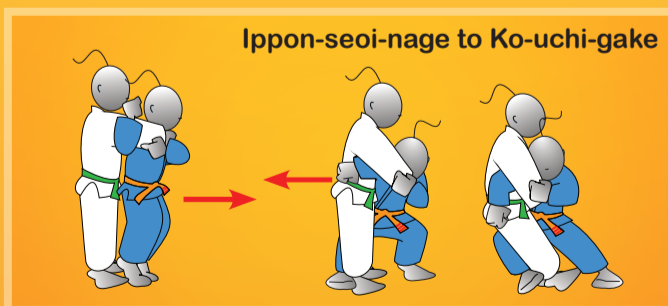
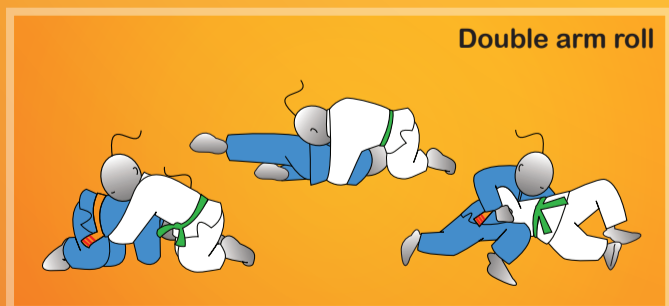
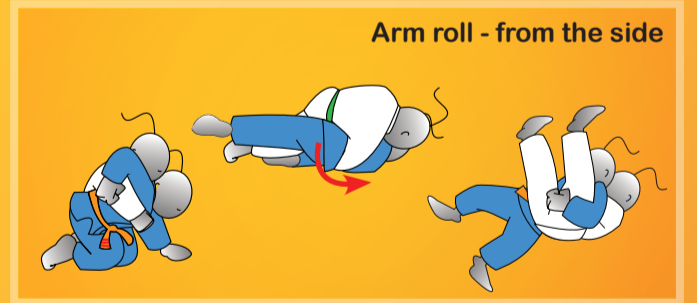
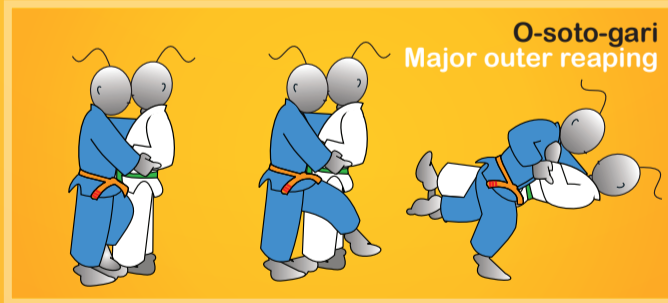
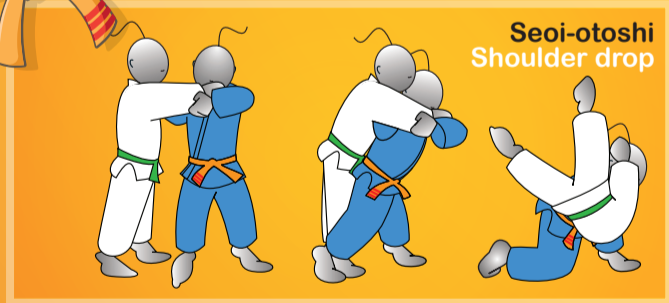
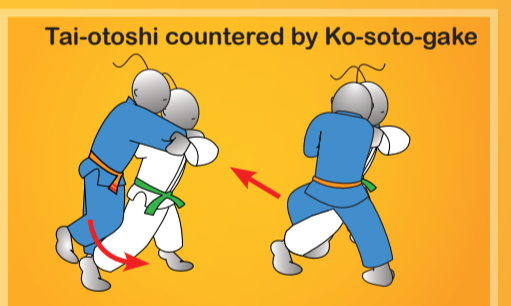
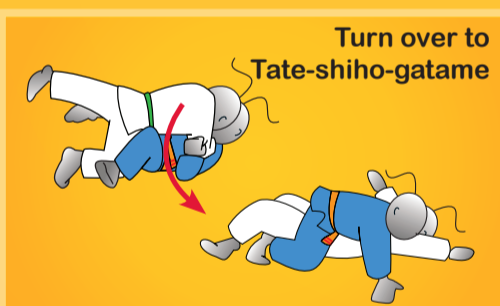
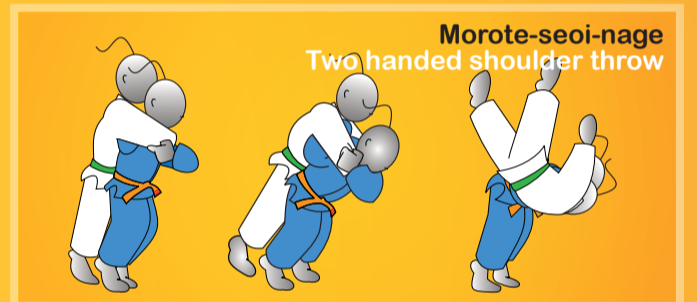
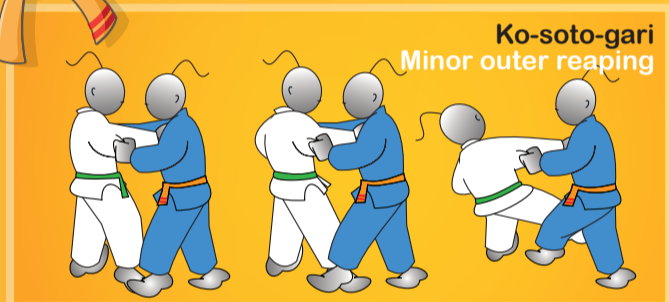
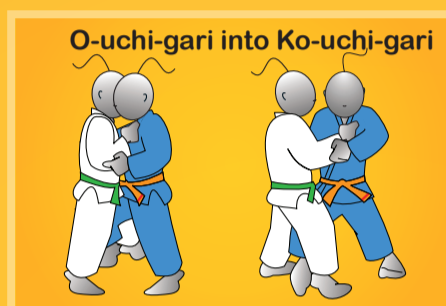
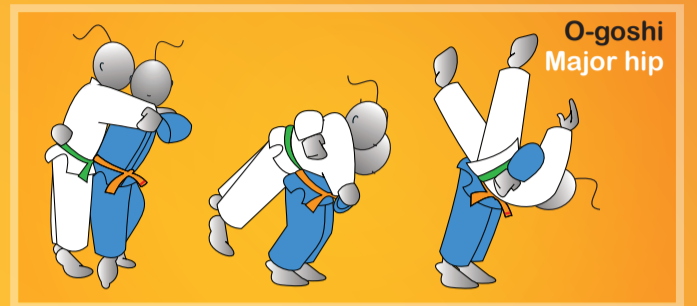
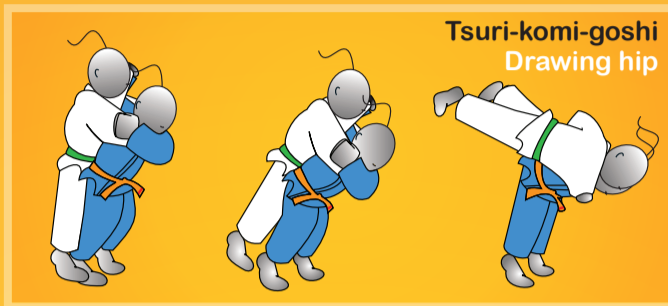
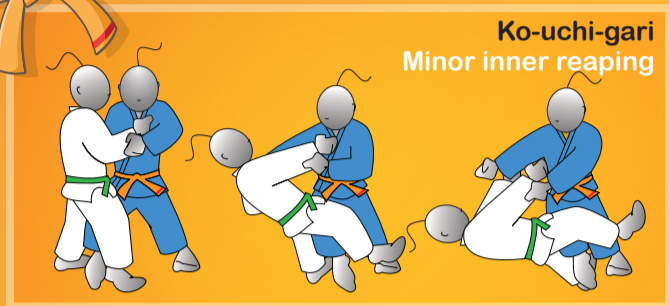


# SYLLABUS

## 7<sup>TH</sup> MON TO 9<sup>TH</sup> MON



## REQUIREMENTS

As an orange belt, you should be able to demonstrate light randori, combination and counter skills. You should also know the following Japanese words.

Uke = Person being attacked  
Tori = Person doing the attack  
Hiki-wake = Draw

Waza-ari-awasete-ippun =  
Two waza-ari score ippun  
Shido = Minor penalty  
Hansoku-make = Disqualification

