



ALLEGIANCE
— MARTIAL ARTS —

AMA WEEKLY CLASS SCHEDULE

EMPOWERING FUTURE LEADERS WITH CONFIDENCE TODAY.

空手道

DISCIPLINE
RESPECT
CONFIDENCE
FOCUS
LEADERSHIP
A STRONGER
TOMORROW

MONDAY

4:50 – 5:20 PM	White/Yellow Belts
5:30 – 6:00 PM	Dragons
6:10 – 6:55 PM	Red Belts
7:00 – 7:45 PM	Black Belts

TUESDAY

5:30 – 6:00 PM	White/Yellow Belts
6:10 – 6:40 PM	Orange/Green Belts
6:50 – 7:20 PM	Blue/Purple/Red Belts

WEDNESDAY

5:30 – 6:00 PM	Dragons
6:10 – 6:40 PM	Basic Class
6:50 – 7:20 PM	Level Up Class

THURSDAY

5:30 – 6:00 PM	Basic Class
6:10 – 6:40 PM	Level Up Open Mat
6:50 – 7:20 PM	Level Up Sparring
7:30 – 8:00 PM	Adult Class (Ages 13+)



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