

Be sure to care for yourself.

## Prime Health Plan

# ACCESS TO THE BEST HEALTH SERVICES IN AMERICA!

**Better care. Quicker Access. Less  
Expensive.**



### In-Person Urgent Care

- \$0 Copay
- Unlimited Visits Annually
- 16,000 Locations Nationwide



### Virtual Primary Care

- Select & Keep a Doctor
- U.S. Based Licensed Physicians
- Unlimited Use



### Quest Labs

- \$0 Copay
- Over 1,000 Labs
- Easy to Implement & Use
- Unlimited Use



### Care Navigation

- Hospital Bill Eraser
- Cost of Care Transparency
- Unlimited Use



### Rx Heroes

- \$0 Copay
- 1,000 Generic Prescriptions
- 68,000 Retail Pharmacies
- Free Mail Order



### TeleCounseling

- 24/7/365
- U.S. Based Licensed Physicians
- Unlimited Use

STARTING AT **\$89<sup>95</sup>/mo**

### MONTHLY SUBSCRIPTIONS

Single \$89<sup>95</sup> | Single + 1 \$119<sup>95</sup>  
Single + Child(ren) \$109<sup>95</sup> | Family \$129<sup>95</sup>

### ENROLL NOW

[www.MyVirtualDocs.com](http://www.MyVirtualDocs.com)

Prime is brought to you by CAG Health

Simple choices. Sure decisions.

**THIS IS A SUBSCRIPTION MEMBERSHIP. THIS IS NOT INSURANCE.** In Person Urgent Care Service: This program is a DMPO and will pay a maximum of \$150.00 per clinic visit. Any balance above \$150.00, shall be the responsibility of the member. Service provided by Convenient Care Plus located at: 17445 Arbor St., Ste. 300, Omaha, NE 68130. To contact them, you may Email: [members@convenientcareplus.com](mailto:members@convenientcareplus.com) or Call: 855-900-8701 or Fax: 855-416-0183 | Prime provides a wide range of company products and services, including both individual and group options, with convenient online enrollment.

# The Choice Membership



MY VIRTUAL DOCS  
HEALTHCARE, WHEREVER, WHENEVER

Better Care.  
Quicker Access.  
Less Expensive.



HEALTHFREEDOM™



## Access to the best health services in the country!

- ✓ Virtual Primary & Urgent Care
- ✓ TeleCounseling
- ✓ Quest Labs
- ✓ In-Person Urgent Care
- ✓ Care Navigation

### Virtual Primary & Urgent Care

Select & Keep a Doctor  
U.S. based License  
Physicians Unlimited use

### Quest Labs

\$0 Copay  
Over 1,000 Labs  
Easy to Implement &  
Use Unlimited use

Single:  
\$69.95

Monthly

### TeleCounseling

24/7/365  
U.S. based License  
Physicians Unlimited use

### In-Person Urgent Care

\$0 Copay  
6 Visits Annually  
16,000 Locations Nationally

Single+1:  
\$89.95

Monthly

### Care Navigation

Hospital Bill Eraser  
Care Navigation  
Cost of Care Transparency  
Unlimited use

Single+  
Child(ren):  
\$79.95

Monthly

Family: \$109.95

This is a subscription membership. This is NOT Insurance.

**In Person Urgent Care Service:** This program is a DMPO and will pay a maximum of \$150.00 per clinic visit. Any balance above \$150.00, shall be the responsibility of the member. Service provided by Convenient Care Plus located at: 17445 Arbor St., Ste. 300, Omaha, NE 68130. To contact them, you may Email: [members@convenientcareplus.com](mailto:members@convenientcareplus.com) or Call: 855-900-8701 or Fax: 855-416-0183

**ENROLL NOW**

[www.myvirtualdocs.com](http://www.myvirtualdocs.com)

# The Select Membership



**MY VIRTUAL DOCS**  
HEALTHCARE, WHEREVER, WHENEVER



**Better Care.  
Quicker Access.  
Less Expensive.**

**Access to the best health services in the country!**

✓ Virtual Primary & Urgent Care    ✓ TeleCounseling    ✓ Care Navigation

**Virtual Primary & Urgent Care**

Select & Keep a Doctor  
U.S. based License Physicians  
Unlimited use

**TeleCounseling**

24/7/365  
U.S. based License Physicians  
Unlimited use

**Care Navigation**

Hospital Bill Eraser  
Care Navigation  
Cost Transparency  
Unlimited use



**FREEDOM™**

Single:  
\$39.95

Monthly

Single+1:  
\$59.95

Monthly

Single+  
Child(ren):  
\$49.95

Family:  
\$69.95

Monthly

This is a subscription membership. This is **NOT** Insurance.

The Future of Healthcare  
is in **YOUR** Hands.

**ENROLL NOW**

[www.myvirtualdocs.com](http://www.myvirtualdocs.com)

# There when you need us.

More than ever, health matters, and when it comes to health, minutes can mean the difference between life and death. In these situations, it makes sense to have all of your medical records in one place when you actually need it. That's where FootprintID comes in. Our safe, secure solution provides the right information at the right time, when it matters most.



## In a Health Emergency

Portable health records can help emergency responders deliver proper care.



## Visiting a Medical Provider

Helps ensure better health outcomes with access to patient history.



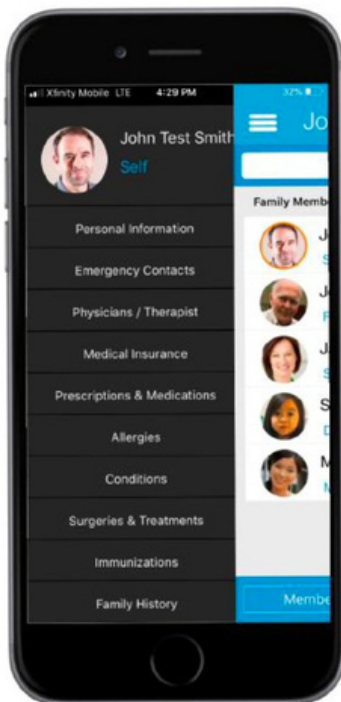
## Without Internet or Phone Service

Our proprietary technology is accessible on or offline.



## Worry-Free Security

Our secure platform keeps confidential information protected.



### Store Vital Information

- Allergies
- Conditions
- Emergency Contacts
- Family History
- Immunizations
- Insurance Information
- Physicians
- Prescriptions
- Surgeries

### Languages Available

- English
- Spanish

### Securely Share Information With

- Caregivers
- Emergency Responders
- Family or other loved ones
- Healthcare Providers

### Unlimited Document Storage

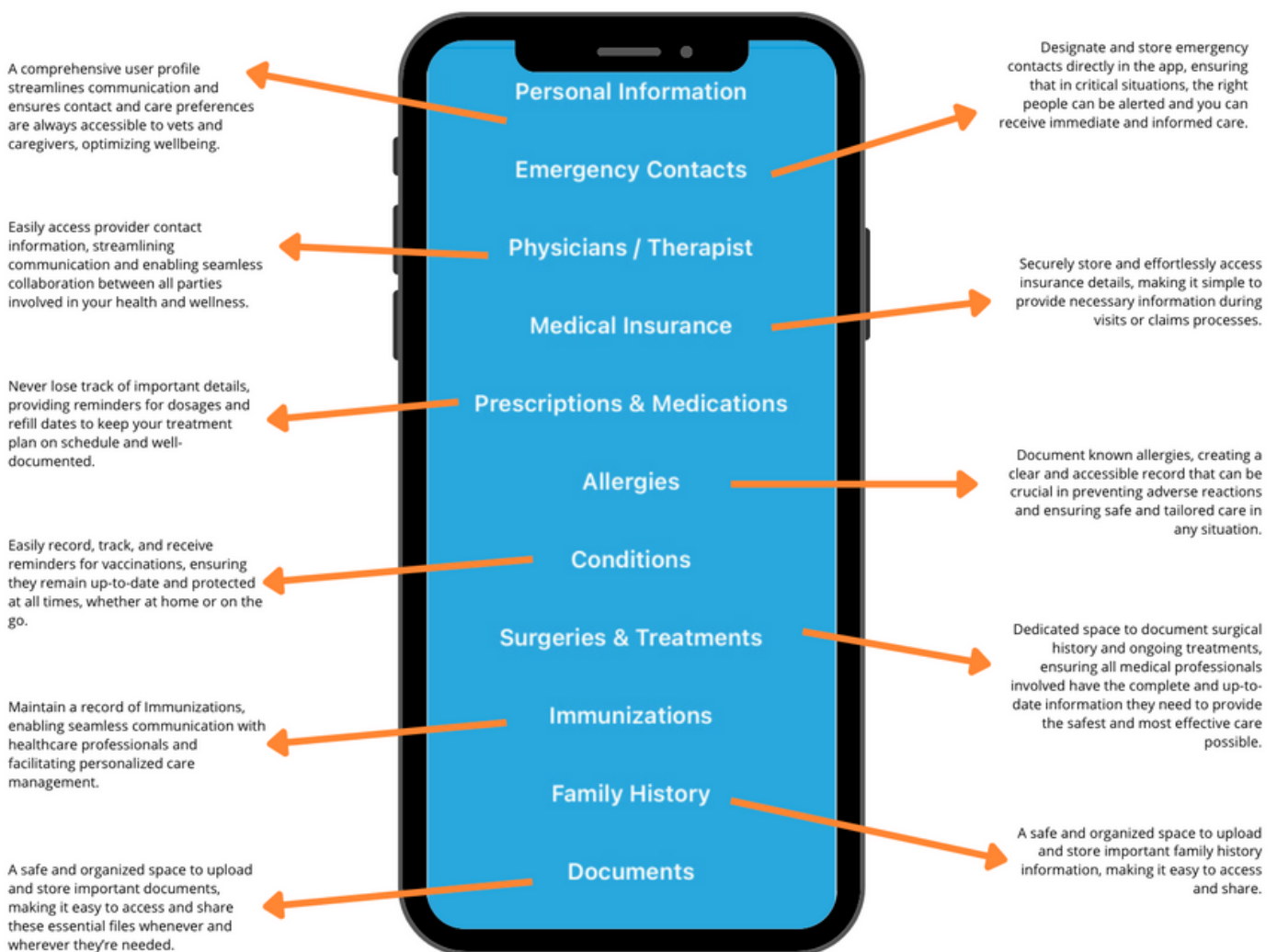
- Advanced Directives
- Doctors Notes
- Healthcare Proxies
- Imaging
- Test Results

# For us, it's personal.



# How FootprintID Works

**FootprintID isn't just another health app; it's a holistic platform designed with the entire health footprint in mind:**



# Helping Millions Save Billions on Healthcare Costs



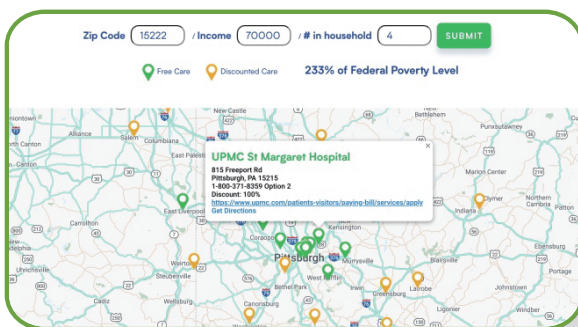
**CareGuide**  
A D V O C A T E S

Our world class advocates use their knowledge, experience and these tools to help you save money on healthcare. We are a people helping people business. We care that you get your care.

## TOOL#1:

### Hospital Bill Eraser

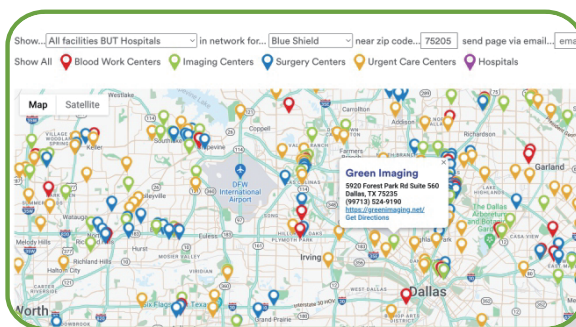
Within seconds, we find the best-priced discounts or free care based on your income and family size at over 5,000 hospitals.



## TOOL#2:

### Money Map

Within seconds, our advocates find the better-priced providers for routine care in your zip code.



## TOOL#3:

### Pricing Portal

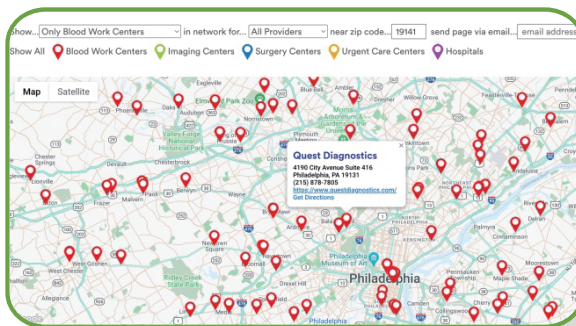
Hospitals want their pricing kept a secret but our advocates know them and use them to your advantage.

CPT Codes/Descriptions Up to 5 at a time	National Medicare Price Tags			National Center Price Tags			Target Cash Price Medicare + 20%		
	Hospital Facility Fee	Non-Hospital Facility Fee	Physician Fee	Hospital Facility Fee	Non-Hospital Facility Fee	Physician Fee	Hospital Facility Fee	Non-Hospital Facility Fee	Physician Fee
93306 Echocardiogram	\$437	\$434	\$76	\$1,335	\$874	\$140	\$524	\$521	\$91
70404 Chest x-ray, two views	\$52	\$41	\$11	\$179	\$164	\$62	\$62	\$41	\$13
80053 Complete Metabolic Panel...	\$12	\$12	N/A	\$83	\$39	N/A	\$14	\$14	N/A
47662 Cholecystectomy (laparosc...	\$9,397	\$9,397	\$693	\$13,311	\$10,001	\$3,240	\$11,276	\$11,276	\$832

## TOOL#4:

### Quest Select™

No out-of-pocket cost at over 2,000 Quest Diagnostic labs for blood or urine tests. Walk in. Walk out. Don't pay.



CareGuide Advocates is a benefits advocacy service. CareGuide Advocates is not an insurance policy and is not affiliated or serviced by any insurance carrier. The information presented here is for illustrative purposes only. All savings examples are demonstrative and no savings are guaranteed. The use of any particular advocacy service offered will vary from case to case, and the results will also vary from case to case, with the services possibly resulting more favorable, less favorable or the same outcomes than as described herein. Regardless of the services provided and outcomes, you are always personally responsible for your own medical bills, any tax benefits resulting from the services, and any necessary reporting to employers/carriers/ providers.

Minimum essential coverage (MEC) is ACA compliant and preventive coverage only. It is not major medical insurance.

888.221.1140 services@cgasaves.com www.cgasaves.com

1201 N. Riverfront Blvd. Suite 150 Dallas, TX 75207

The future of healthcare spending is here...

# Meet the Healthcare Spending Visa® Card<sup>1</sup>



Now a part of your  
CAG Health plan!

## The credit card re-invented, specifically for healthcare

Get immediate access to healthcare financing\* with this innovative, all-in-one financial tool.

With **no annual fee<sup>2</sup>** and **0% financing options<sup>2</sup>**, the Card can be there when you need it and won't cost you a thing when you don't.



## You can build a better life, physically and financially



**Save money with 0% financing<sup>2</sup>** when you repay qualified...

- ✓ Hospital bills over 12 months
- ✓ Other healthcare bills over 4 installments



**Repay a smarter way using pre-tax dollars**

by linking your HSA to the card



**Secure a healthcare safety net**

Access an on-demand credit line (up to \$10k)\*



**Pay over time, not upfront**

greater convenience, less unnecessary stress



**Ease financial stress:**

No annual fee<sup>2</sup>, no credit checks to apply

\* Subject to credit line approval

## Transform how you save, manage and pay for healthcare

Enjoy **0% financing<sup>2</sup>** when you repay qualified:

- Hospital bills over 12 months
- Other healthcare bills over 4 installments

## Apply Today!

Scan the QR code with your smartphone or visit:



<https://lanehealth.com/cag>



**LANE HEALTH**  
Healthier Futures. Healthier Finances.



<sup>1</sup> Lane Health is a financial technology company, not a bank. The Healthcare Spending VISA® Card is issued by Lead Bank pursuant to a license from Visa USA Inc.

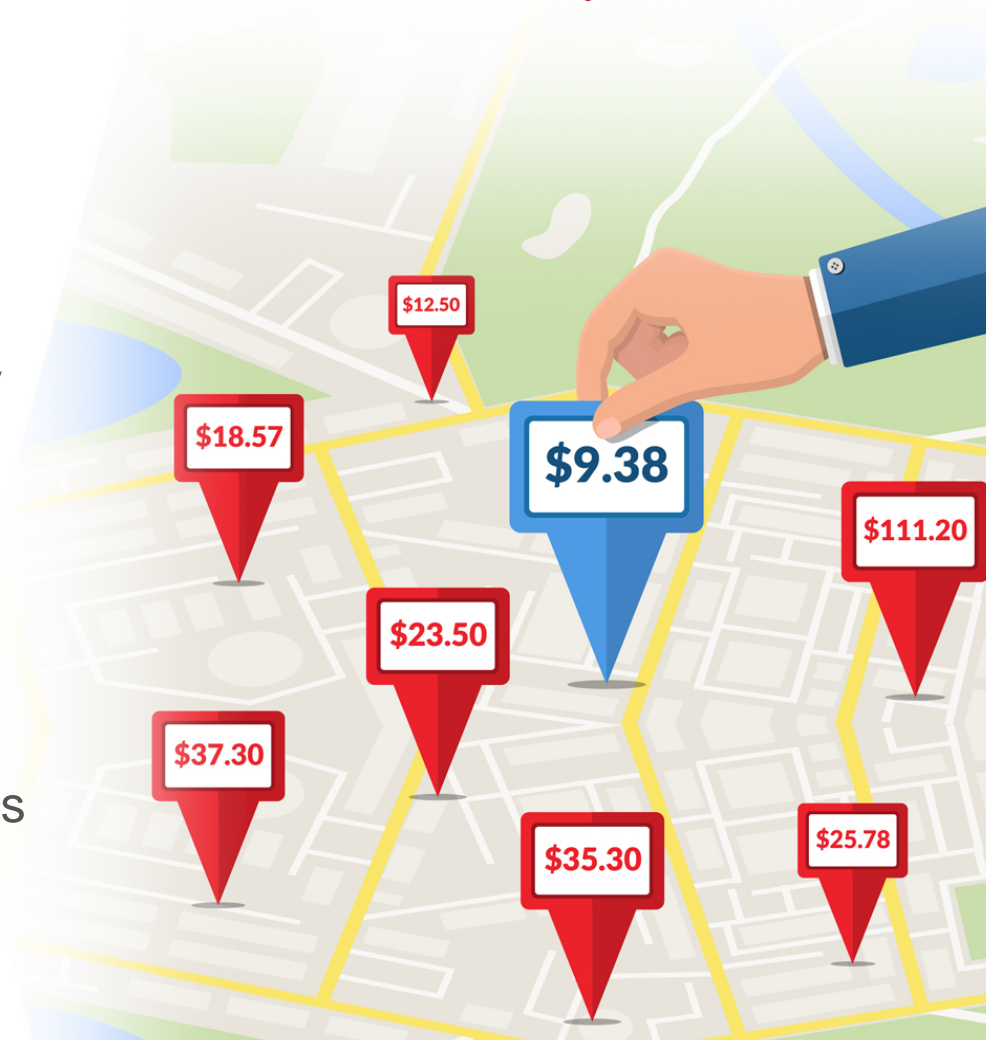
<sup>2</sup> Lane Health does not charge interest on, or an annual fee for, the Healthcare Spending VISA Card. "0% financing" pertains to repayment options that do not charge interest (0% interest) nor fees (\$0 fees). Each Advance can be repaid in full, 4-month term or 12-month term (with a minimum \$3 due each payment period). Transactions other than qualified hospital expenses (based on merchant category code) will be charged an origination fee of 5% and periodic finance fees. The location of the service provider is not determinative of whether a transaction is a qualified hospital expense. Rather, transactions made within or at a hospital (including but not limited to specialists, doctors, pharmacies, etcetera) are determined to be eligible by the associated MCC and not the location of the service provider in the hospital. New Advances, if eligible, can be repaid in full or over 4 installments with no origination or periodic finance fees. Late fees apply. You can review the fee table at <https://lanehealth.com/hsc-lb-fees>

# SAVE up to 80%\* off your Medication!



- ✓ Find **best prices** locally
- ✓ Accepted at over **62,000 pharmacies**
- ✓ **Earn Rewards** when you fill your prescriptions

\* Average savings of 54%



## REGISTER NOW

to find the  
**BEST PRICE**  
locally.



Scan this  
←



DISCOUNT ONLY - NOT INSURANCE  
Cannot be combined with Medicare,  
Medicaid or any other Government programs.  
See website for full terms and conditions.

### *For Instant Savings...*

Take a picture and ask your pharmacist to use these details to process your prescription.

<b>Member ID</b>	RX335279FR
<b>BIN</b>	610602
<b>PCN</b>	NVT
<b>GROUP</b>	SPKRX

Pharmacists Call: 866-809-9382  
Customer Help Desk: 866-797-7275

[www.rxheroes.com](http://www.rxheroes.com)





**MY VIRTUAL DOCS**  
HEALTHCARE, WHEREVER, WHENEVER



**B EARN**  
earn while you burn™

### **GET “PAID” TO EXERCISE – EARN WHILE YOU BURN – FREE**

My Virtual Docs™ Care Package includes free access to Bearn (“earn while you burn”), the unique wellness app for your smartphone that rewards you for exercise and good health.

Bearn rewards you with a penny in Bearn cash for every calorie you burn above your resting heart rate.

Only an iOS or Android smartphone is needed to earn for walking or running. Other wearables like Fitbit or Apple Watch are needed for fun challenges.

### **SPEND UNLIMITED BEARN CASH, INSTANTLY**

On average, users earn \$6.78 in Bearn cash every day – that’s \$200 in Bearn cash each month – over \$2000 a year!

And you can spend your Bearn cash instantly in the Bearn Marketplace, dollar-for-dollar just like cash, ( for huge savings on 5000 products – cell phone earbuds, cases and chargers; Titleist golf clubs; Lululemon exercise apparel; Nike running shoes; Ray-ban and Oakley sunglasses; Roomba vacuums, Calvin Klein cosmetics, even grocery savings!)

Bearn cash can be used for travel savings on 900,000 Airbnbs, VRBOs, and major hotel brands, and for savings on thousands of local stores right in your own neighborhood (restaurants, movie theaters and concerts, dry cleaners, auto repair, dance lessons and more).

### **GOT A WEARABLE? EVEN BETTER**

Sync the Bearn app with an Apple Watch, Fitbit or other fitness tracker and earn even more for calories you burn walking, running, cycling, swimming, weightlifting, playing tennis – any activity that burns calories.

### **IT’S EASY AND IMMEDIATE**

It’s easy ... just download the app, start burning calories, and instantly earn cash to redeem in the Marketplace. There is no cap or limit on how much you can earn!

And there’s still more !

The Bearn app includes a free 3-D Scanner using a smartphone’s camera – in just 2 minutes users can scan themselves, get 100 biometric measurements on their health to share with advisors to design just the right exercise program based on scan results.

The scanner can be used again and again to chart progress toward good health.

It will even report if you might be a candidate for developing Type 2 diabetes – valuable data to learn and act on to protect your good health.

Bearn is FREE and included when you subscribe to the My Virtual Docs™ Care Package

Have fun, stay healthy, and earn while you burn!