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Private Sessions

Individualized and Customized Yoga

Inge Mula offers yoga sessions for individuals, couples and groups for those who prefer and or need individualized and customized yoga. Call Inge Mula at the Zenter () to schedule time for an initial yoga evaluation and yoga session.

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Office Address: 501 Turner Street, Carrollton, GA 30117
Office Billing & Payment Address: 127 East Center Street, Carrollton, GA 30117
Phone: Cell: (after hours) Email: ingemula@thezenter.net Alex's Cell:

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