April 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1 SPRING	2 Break !!!!	3	4	5	6
7	8 Oatmeal Bar or Cereal Juice Milk	9 Chicken Biscuit or Cereal Fruit or Juice Milk	10 Powdered Donut or Cereal Fruit or Juice Milk	11 Breakfast Pizza or Cereal Fruit or Juice Milk	12 Eggo Pancakes or Cereal Fruit or Juice Milk	13
14	Poptarts or Cereal Juice Milk	16 Sausage Biscuit or Cereal Fruit or Juice Milk	17 Chocolate Chip Waffle or Cereal Fruit or Juice Milk	18 Cheese Toast or Cereal Fruit or Juice Milk	19 Cinnamon Roll or Cereal Fruit or Juice Milk	20
21	22 Blueberry Muffin or Cereal Juice Milk	23 Ham Biscuit or Cereal Fruit or Juice Milk	24 Yogurt & Toast or Cereal Fruit or Juice Milk	25 Eggs& Toast or Cereal Fruit or Juice Milk	26 Biscuit & Gravy or Cereal Fruit or Juice Milk	27
28	PBJ Sandwich or Cereal Fruit or Juice Milk	30 Sausage Biscuit or Cereal Fruit or Juice Milk	1 Chicken Waffle or Cereal Fruit or Juice Milk	2 Bacon Egg Cheese Pizza or Cereal Fruit or Juice/Milk	Pancake Wrap or Cereal Fruit or Juice Milk	4
5	6	Notes: Exercise a	nd Make Sure to Ge AN EQUAL OPPORTUN	t at least 8 hours of		