

MOVE-IN CHECKLIST

The following checklist is meant to help you prepare to move your family member into the Senior Living. Feel free to call us if you have any questions.

I. Room Furnishings

Look at your family member's present living situation, and identify the items that meant the most to them. These are items that you may want to move in. If possible, set up the room similar to the setup at home. This helps to minimize the newness.

- Bedspread, pillows, and a comfortable chair
- A chair that is easy for the resident to get up from safely.
- Television (TV)
- Automatic light-sensitive night light for the bathroom and bedroom are recommended.
- 2 to 3 sets of sheets for the size bed you are bringing.
- Waterproof mattress cover for the resident's bed.
- Towels, and face clothes (white is preferred as they are easier to wash)
- Hamper and clothes basket
- Bathroom mats.
- Shower curtain liner
- Shower curtain (to go in front of liner)
- Shower curtain rods/rings
- Clothes hangers
- Personal hygiene items
 - Toothbrush
 - Toothpaste
 - Razors
 - Soap and Body wash
 - Lotion
 - Shampoo and conditioner
 - Hair brush

II. Clothing

- Limit clothing. Pairing 7 -10 mix and match outfits is a good plan. Additionally, clothes can be rotated on a seasonal basis to simplify.

- Clothing that can be laundered is a must, and mix and match is highly recommended. Dry cleaning articles are discouraged (as they will need to be taken care of by the family)
- **Label all clothing with the resident's name or initials.**
- A few washable cardigan sweaters and a coat, hat, and gloves in winter months.
- If purchasing new clothes, consider one size larger for comfort.
- 2 – 3 pairs of supportive shoes or sneakers and 1 – 2 pairs of slippers. No high heels. Please label shoes with resident's name (*Indelible marker*).

III. Other Supplies

- Glasses and hearing aids should be labeled with the resident's name.
- Tissues for the resident's room.
- Incontinence products, such as Depends, which can be supplied monthly by the resident or family.
- Baby wipes, toilet paper is provided.

IV. Medication

- All medications, even over the counter medications. All medications including over the counter medication needs a prescription.
- All medication will need to be blister pack medications and can be done by the following pharmacies.

i. Madison Drug Pharmacy

**213 N. Main St
Madison, GA 30650
706-342-1722**

ii. Thrifty Mac Pharmacy

**218 S Main Street
Madison, GA 30650
706-342-4141**

V. Valuables

- **Jewelry of sentimental or financial value should be held by the family.**
- **We are not responsible for missing items or damaged items.**

VI. Prohibited Items

These items are not allowed in the resident's room or in the senior living.

- **Space heaters**
- **Iron**
- **Toasters**
- **Microwave**