

Pre-Professional Academy

Ages 12+

Introducing our brand new program "Pre-Professional Academy". This program consists of two levels designed to support those who are dedicated to the time and training it takes to become a professional dancer.

Each class will challenge our dancers to train at a professional level whilst also learning the performance skills to shine on stage. Each class will help our dancers to continuously progress in order to reach their highest potential.

Each dancer must take 2 ballet classes to enroll in any other style. If "en pointe," dancers must take two ballet classes in addition to the pointe class.

We encourage all of our dancers to try a variety of styles and enjoy all that each one has to offer.

Placement -

Please enroll your dancer in Pre-Pro 1 if your dancer has ever been enrolled in an "advanced" or "pre-pro" level at another studio. An invitation will be sent to each dancer by the 25th of August with their designated level (Pre-pro 1 or Pre-pro 2) based upon review by the faculty and director. We are dedicated to placing each dancer in the correct level for them to receive the best training that is level-appropriate for their growth. The first two weeks of classes will be used to correct placement, if needed.

Pointe -

If your dancer has taken 1-2 years of pointe please enroll them in "Pointe A".
If your dancer has had 3 or more years of pointe, please enroll them in "Pointe B". Pointe testing will occur the first week of classes, to ensure all placement is correct.

The initials in parentheses next to the day will indicate which instructor will be teaching each class.

Each class marked with * is a recital class, and will participate in our year-end recital. More information regarding our recital will be available in the next month!



2025-2026 Class Schedule

Pre-Professional Academy

The Pre-Professional Academy is for the highly motivated dancer who is both extraordinarily dedicated and able to commit to the training needed to perform at the highest level. Please see the required classes and skills for each level.

Admission to these levels are by invitation only. Placement decisions are made by CDC faculty and director.

Pre- Pro 1 12+

***Dancers must display understanding and technical skill of the required pre-requisites in order to be invited to this level.**

Ballet	Monday* (HC)	7:45-8:45pm
Ballet Technique	Monday (HC)	5:45-6:45pm
Pointe A or B	Wednesday*/Monday*(HC)	7:30-8:30pm/4:45-5:45pm
Jazz	Monday* (CD)	6:45-7:45pm
Jazz Funk	Friday (MP)	5:30-6:30pm
Jazz Technique	Wednesday (AG)	4:00-5:00pm
Contemporary	Monday* (AG)	3:45-4:45pm
Contemporary Combo/ Improv Class	Tuesday (LK)	7:45-9:00pm

Pre-Pro 2 12+

***Dancers must display understanding and technical skill of the required pre-requisites in order to be invited to this level.**

Ballet	Wednesday* (HC)	5:00-6:30pm
Ballet Technique	Monday (HC)	5:45-6:45pm
Pointe B	Monday*(HC)	4:45-5:45pm
Jazz	Tuesday* (LK)	4:45-5:45pm
Jazz Funk	Friday (MP)	5:30-6:30pm
Jazz Technique	Wednesday* (AG)	4:00pm-5:00pm
Contemporary	Monday* (AG)	7:45-8:45pm
Contemporary Combo/ Improv Class	Tuesday (LK)	7:45-9:00pm