



Find Your Destiny

Having suitable accommodation that enables You to live as Independently as possible, is a major factor in anyone's Recovery.

At **NDH**, we offer a range of services that support people to live somewhere that is right for them.

Services We Provide But Not Limited To:

- **Food, Shelter & Clothing**
- **Specialised Dietary Needs**
- **Nutrition & Wellness Education**
- **Life Skills Training**
- **Physical Fitness & Sports**
- **Equine & Pet Therapy**
- **Art, Music & Story Telling**
- **Talking Circles**
- **Work Readiness Programs**
- **Community Services**

Our Mission Statement:

Empowering People with Behavioral & Mental Health Issues, to live the **Best Life Possible.**

"Come Join Us", and find "Your Path" that leads the way to a **New Destiny!**



Qualified And Registered Team Of Health Professional

- **Clinical Directors**
- **Registered Nurse**
- **Dietitian**
- **Program Director**
- **Dedicated Live-In Manager**
- **Our Very Caring BHT's**

www.NewDestinyHealth.org
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623-295-9960

newdestinyhealth@gmail.com

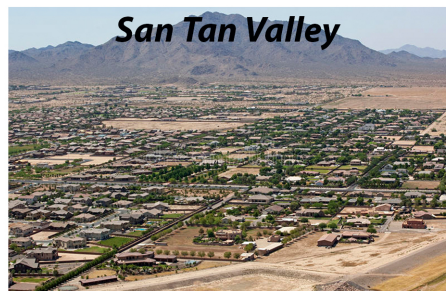


A Behavioral Health Residential Home

We are a (9) Resident Licensed Home, which gives you the total feel of a Family Environment. Our 4 Bedroom Home is nestled in the foothills of the San Tan Mountain, away from the Hustle & Bustle of City Life.

Our Support includes 24hrs Direct Care, Complete Level II Services for Adults who have been diagnosed with Behavioral or Mental Health Challenges.

Our Philosophy of Care is based upon the belief, that an Ordinary Quality of lifestyle, could be provided within the Community for some of the most difficult individuals to place.



San Tan Valley



New Destiny Home



Restorative Treatment

NDH is uniquely capable and equipped to provide for all of our residents needs, We Serve, Aid and assist Adults with Dual diagnosis issues, Serious Mental illness (SMI), Substance Abuse Disorders and Diabetes to support people managing complex and challenging mental health needs to progress towards increased independence, including physical or substance abuse issue.



Who we are

As a premier Behavioural Health Residential Program in Arizona, New Destiny Health provides an invaluable service to help an individual to get back in the community and live independently. Our aim is to find you or someone you know the most effective treatment, we work with people to build on their strengths, skills and resilience, helping them to develop their own set of resources to self-manage and stay well. Support and promote individuals in transitions, gain employable job skills as well as living skills and seek a positive community contribution.

We connect clients with relevant services and help register them with established accredited agencies who facilitates and provides the following:

- PTSD & TBI Treatment
- Suicide Prevention
- Cognitive Behavioral Therapy
- Facilitated 12 Step Program
- Family Psych Education
- Pharmacological Interventions
- Health Monitoring
- Rehabilitation



At **NDH** we take pride on what we do In order to provide optimal care for the **Native American**, We accept all tribes and have an understanding and respect for a wide spectrum of beliefs and religious preferences.

We understand how important it is for one to go back into their Community and relationships are important.

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