

ATLANTA

KWANZAA



RESOURCE GUIDE 2025

Your resource for Kwanzaa celebrations
in the metro Atlanta area and beyond.

ISSUE 2025/01



For the Watoto!

Look inside for fun,
creative and educational
activities for children.

Page 10

Habari Gani? What's the news?

A special greeting
for the community
during this special
season, Resource
Guide highlights, and
the announcement
of Kwanzaa's 60th
anniversary in 2026!

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What is Kwanzaa?

A breakdown of
the Principles and
symbols of Kwanzaa.

Page 5 ►

Rhyme Time

Featured poets Kenneth
Zakee and Marilyn
Porter, share their poetry
in celebration of the
Kwanzaa holiday!

Pages 4 & 15 ►



The Davis Bozeman Law Firm Honors the Spirit of Kwanzaa

**Saluting the Metro Atlanta Kwanzaa
Resource Guide for its dedication to
celebrating and sustaining the spirit of
Kwanzaa in Metro Atlanta**

Davis Bozeman Law remains committed to
advancing values that strengthen our people.

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Habari Gani



Kwanzaa Family!

It is with tremendous joy and gratitude that we welcome you to the newest edition of our *Kwanzaa Resource Guide*—our first update in five years. So much has changed during this time, yet the principles and spirit of Kwanzaa remain a steady light, guiding us toward unity, purpose, and cultural pride.

This guide arrives at a moment when many are seeking deeper connection: to our history, to our communities, and to the values that sustain us. In revisiting and expanding this resource, our goal has been to offer tools, insights, and inspiration that help families, organizations, and individuals engage with Kwanzaa in meaningful and accessible ways.

Within these pages, you will find both familiar traditions and fresh perspectives—reflections on the Nguzo Saba, practical planning tips, activities for all ages, and resources that celebrate the creativity and resilience of the African diaspora. Whether you are observing Kwanzaa for the first time or continuing a long-held family tradition, we hope this guide supports your celebration and enriches your understanding.

We are excited as we prepare for the **60th Anniversary of Kwanzaa in 2026**. We invite you to give us your ideas, time and energy as we plan to make the 60th anniversary of Kwanzaa memorable, inspiring, impactful and ourstorical. Please contact us and let us know of your interest in organizing Kwanzaa 2026 with us.

Asante sana for your patience, your commitment, and your enduring belief in the power of collective uplift. We say a special Asante Sana to those who financially supported the Resource Guide this year by getting an ad as well as our Nguzo Saba supporters. As we mark this renewed chapter, may the principles of Kwanzaa inspire us to strive, build, imagine, and grow—together.

Harambee!!!
Atlanta Regional Kwanzaa Association Planning Committee

For more information on Kwanzaa
and this year's events, visit our website:

KwanzaaAssociation.org



COMMITTEE

Kenneth Zakee

Nobantu Ankoanda

Kai Porter

Amina Porter

Jumoke Ifetayo



SCAN TO GO TO
OUR WEBSITE

METRO ATLANTA KWANZAA

Ancestors

ROLL CALL

OUR MOST RECENT ANCESTORS AND ANCESTRESSES

Baba Ras Sambo Bey
Mama Francine Henderson
Baba Ojiji Richard Puls
Bro Kadar Isham Alexander
Imam Jamil Al-Amin

Ase! Ase! Ase o!

Please forgive us for any mistakes, lack of information and omissions. Please feel free to add to this list, any ANCESTORS and ANCESTRESSES you know that contributed to and\or supported Kwanzaa in Metropolitan Atlanta. The Atlanta Kwanzaa community says "ASANTE SANA" (Thank you very much) to all of those persons now ANCESTORS and ANCESTRESSES who have contributed to Kwanzaa in Atlanta.

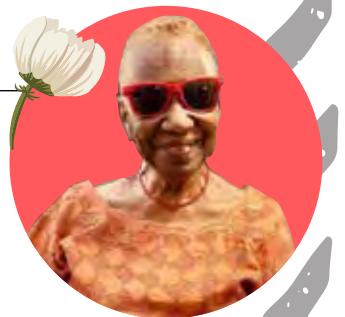
Olaiya Odufunke aka Gloria Eva
Simmons James
Mzee Azikwe Olatunji aka John Charles
Birdine Jr.
Amoyewa (Victoria) Skaggs
Kwaku Olu aka Bruce Gary Smith
Mama Njere Alghanee
King Farouk Brimah
Mama Aiesha Nanji
Jahti Maasai aka Anthony Jackson
Lumumba Faiz
John Riddle
Mama Zota
Dan "Aten" Danner
Mable V. Sullivan
Baba Ptah Hotep aka Terrell Simmons
Dr. Narvie Puls
Lovett Thompson
Baba Dr. Asa G Hilliard III aka Nana Baffour
Amankwati II
Dr. Kweku Andoh
Baba Chikuyu Babatu Bey aka Samuel
Harris Truman Jr.

Somania Nkosa
Ebon Dooley
Rick Reed
Mama Busara
Baba Ibrahim "Kikuyu" Abdullah
Jikki Riley
Mwalimu Seyoum
Baba Rashid Tahir aka Lawrence Edward Brown
Malcolm Chionesu Osaze Toure
Shekum Sen Teb and C.K.
Zabdee
Changa Umoja
Yemi Toure
Serena Wright
Baba Juju
Ahmed Sekou Toure
Dr. Sharifaa Saa atma Maat
James "Baba Jim" Cameron Jr.
Connie Tucker
Jegna Larry "Obadele" Williams
Bomani Bakari
Afeni Shakur
Marcus "Asukile" Myles
Iyalosha Fulani Nandi Adegbalola Sunni Ali
Satori Atman Aum Henderson
Tchaiko Kwayana
Chief Zakur Re Tupac EL
Antonio Morrow
Melvin "Fluteman" Cooper
Rev Dr Barbara King
Sis Siti Opio
Nasrah Smith
Akbar Imhotep
Kwesi Tawia Gadey Abofari
Queen Vida
Mzee Leonard Tate
Mzee Baba Alvin Dollar
Mama Asentewaa
Rev Dr. Fiyah Oates
Quy-Yuim Baba Yoga Bey-The Afrikan
Godfather
Bro Mussin Iuwetu
William Ozier
HRM Oba Adejuwogbe Adefunmi II-
the Oloyotunji of Oyotunji

COMPILED BY:
His Excellency Nana Kwesi Jumoke Ifetayo Frimpong
Atlanta Kwanzaa Celebrant 50 years

EMAIL: reparationsj@gmail.com
PHONE: 678 437-7882
December 26, 2012 (First Edition)
December 2, 2025 (Last Updated)

Ancestor
Francine Henderson
Amani Robinson, Contributor



In January 2003, Francine Henderson began service as the third director of Auburn Avenue Research Library. Ms Henderson was a native of Washington D.C. and a proud ambassador of Black Culture and History. Francine Henderson was a world citizen who also lived abroad in Botswana South Africa for many years.

The Kwanzaa Program at AARL was in full swing under the guidance of Sajata Zachery when Ms Henderson arrived at Auburn. However, under Ms Henderson's leadership, the Kwanzaa Program expanded, flourished, and blossomed to new heights. The Kwanzaa Program at AARL grew into one of largest, spectacular, anticipated Kwanzaa activities in Atlanta.

Before the remodeling of the library, the event grew so big that it had to be held at such locations as the Civic Center. With the dynamic group, Giwayen-Mata at the center of the program, Kwanzaa at Auburn was and still is on everyone's, must do list.

Francine Henderson passed on October 13, 2025, yet the Kwanzaa Program she was so instrumental in elevating lives on.

Recipe

Nobantu's Vegetarian Black Eyed Peas

Black Eyed peas are prepared for New Years Day (Imani) by many Afrikans for Good Luck. While most add meat to their recipe, this one is for vegetarians. Serves 10-12

½ cup of diced red onions
½ cup of diced sweet vidalia onions
1 cup of coconut cream
Add Seasonings:
1 tsp of Spike seasoning (red box found in most health food stores)
½ tsp of salt
½ tsp of ground black pepper
½ tsp Himalaya salt
½ tsp garlic powder
½ cup of organic pure can sugar (or preferred sweetener)

SAUTE
½ cup of chopped red bell pepper
½ cup of chopped yellow bell peppers
½ cup of chopped yellow bell peppers
½ cup of chopped orange bell peppers
½ cup of chopped green bell pepper

Add all ingredients to the soaked black eyed peas and simmer for 15 minutes.

Recipe

Seafood Gumbo

Serves 8 to 10
Cooking time 25 minutes

Gumbo is from the Bantu name for Okra-guingombo, tchingombo, or kingombo. The secret to a good gumbo is to prepare it in advance and let all the seasonings soak in overnight.

INGREDIENTS

½ kielbasa or Cajun sausage, cut into 1-inch rounds
½ cup of olive oil
2 cups diced onions
1 cup of chopped red bell pepper
1 cup grated celery
6 cloves garlic, minced
3 cups drained whole tomatoes
¼ teaspoon cayenne pepper
½ teaspoon ground black pepper
2 bay leaves 1 ½ pounds of large shrimp, cleaned, deveined

1 pound sea scallops
1 pound cooked lobster meat
½ crab meat
2 tablespoons fresh parsley
5 cups chicken broth
1 pound okra, cut into rounds
Cooked rice for 8 people

PREPARATION

1. Combine all the ingredients except the okra in a large heavy cooking pot and bring to a broil
2. Lower the heat, add the okra, and simmer for 15 minutes
3. Remove from the heat and cool
4. Refrigerate the gumbo overnight
5. The next day reheat, but don't boil the mixture
6. Remove the bay leaves and serve over rice

RHYME TIME

KWANZAA

Kenneth Zakee
Contributor



For so long
I've been searchin'
for too long
I've been searching

never was
taught much
about the homeland

the information
I received
was always
secondhand

My soul
Has yearned
my memory
has burned
with the
knowledge
of the vulture
who robbed
me of my culture

my heart
contains
a song
ever since
Kwanzaa
came along

Kwanzaa
a 7 day
cultural celebration
that unites
All Afrikan America
in this
once strange and
foreign nation

the ancestors
did not
nor can we
identify with
Ellis island

our forefathers
arrived here
by way of
slave ships
that took
them from
their
Afrikan Homeland

the vultures
pecked out
the ancestors
language
religion
family life
and humanity

raped their sisters and mothers
lynched their fathers and
brothers
proclaimed them
3/5 human
and gave them
a white god
to kneel down to

yes
the vultures
went thru
great pains
to separate us
from the
knowledge
of our
ancestral roots

they
treated
Afrikan people
worse than
a pair of
old worn boots

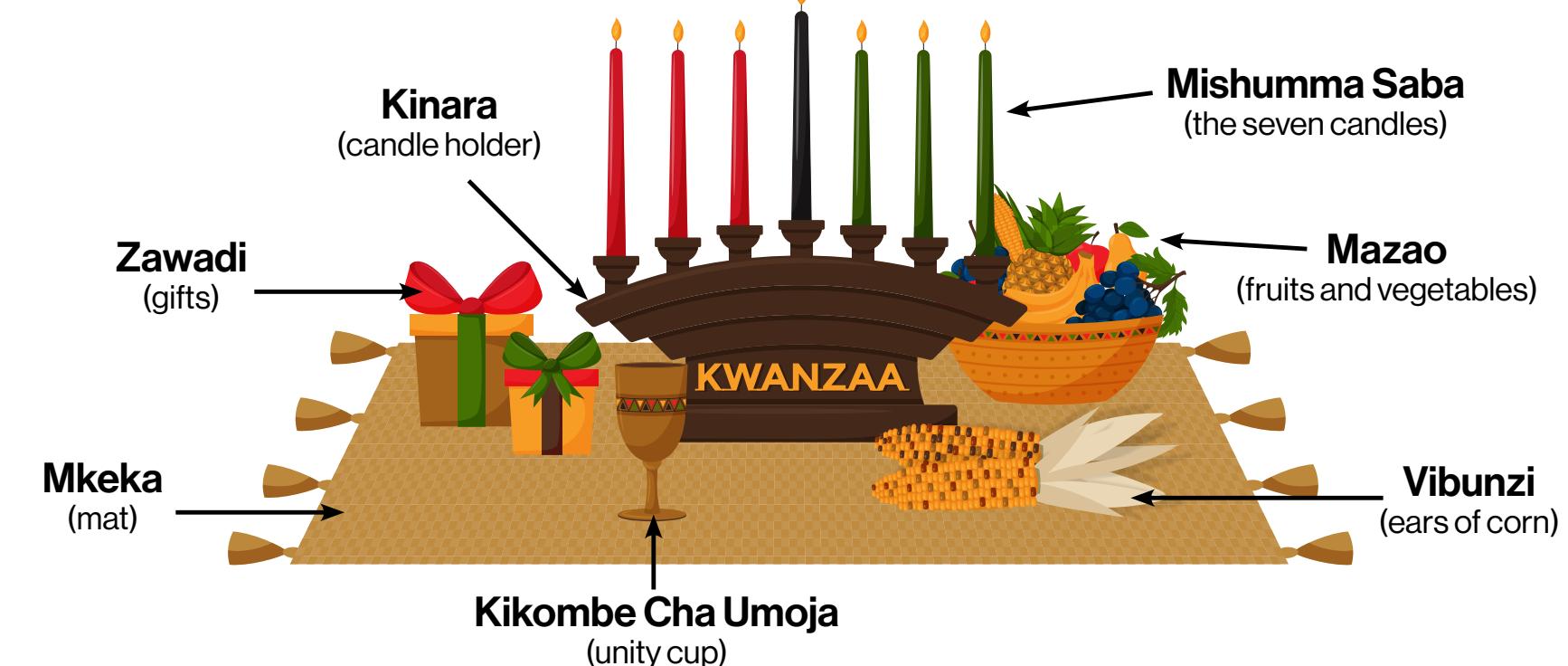
I'm so glad
that Kwanzaa came along
my heart
is singing
its song

the song of
unity (Umoja)
self determination (Kujichagulia)
collective work and responsibility
(Ujima)
cooperative economics (Ujamaa)
purpose (Nia)
creativity (Kuumba)
and faith (Imani)

Singing and living it
24/7
year round
for so long
I've been searchin'
for too long
I've been searching'



Kwanzaa Principles and Symbols



Nguzo Saba “The Seven Principles”

Nguzo Saba (pronounced n-GOO-zoh SAH-bah) is a Swahili phrase meaning “The Seven Principles,” which form the core values of the Kwanzaa celebration, focusing on African heritage, community, and cultural unity. These principles were created by **Dr. Maulana Karenga** and are central to the Kwanzaa holiday, **celebrated from December 26 to January 1**.

UMOJA (Unity):

Striving for unity in family, community, nation, and race.

NIA (Purpose):

Making our collective vocation the building and development of our community.

KUJICHAGULIA (Self-Determination):

Defining, naming, creating, and speaking for ourselves.

KUUMBA (Creativity):

Doing always as much as we can, in the way we can, to leave our community more beautiful.

UJIMA (Collective Work & Responsibility):

Building and maintaining our community together.

UJAMAA (Cooperative Economics):

Building and profiting from our own businesses.

IMANI (Faith):

Believing with all our heart in our people, parents, teachers, leaders, and the righteousness of our struggle.



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Pan-African Federalist Movement



My name is Baba Mwalimu Kwasi-Quayaja Amsata and I am the Coordinator of the Regional Coordinating Committee (RCC) of the **Pan African Federalist Movement (PAFM) in North America**. I invite you to visit our website: www.pafm-northamerica.org, sign our petition by simply supporting the “idea” of the United African States and consider becoming a participant in our Movement, by answering in the affirmative to one or more of the questions in our CALL for the First Pan African Federalist Congress.

We recently appointed a new Coordinator for the National Coordinating Committee (NCC)-USA whose prime directive is to build a coalition of national Black/African organizations in the United States in preparation for the First Pan African Federalist Congress that is scheduled to take place in December 2027. The new National Coordinator's name is Brother David King. He can be reached by email: ncc@pafm-usa.org or by phone: (903) 980-1078. I would also encourage to visit the NCC-USA webpage: [https://www.pafm-northamerica.org/usa-ncc](http://www.pafm-northamerica.org/usa-ncc)

Here are some of the basic bullet points on the mission, context, purpose and accomplishments of the PAFM- North America:

The sole mission of the Pan African Federalist Movement (PAFM) is “To Bring the United African States into political existence BEFORE the SUN SETS on THIS DECADE of the 2020s.”

- There are 9 active Regional Coordinating Committees (RCCs) in the major locations in the world where African People live. i.e., North America (United States and Canada); West Africa; Central Africa; East Africa; Southern Africa; the Caribbean; Latin America; North Africa and Europe.
- RCC-North America focuses on supporting the needs of 50 million Black people living in the United States—most of whom are descendants of enslaved Africans—and 1.5 million individuals of African descent in Canada. Taken as a whole, if the Black people in North America were a sovereign state, it would be the 8th most populous African State on Earth.
- The goal of the RCC-North America is to mobilize the African population in North America in support of a Global Federation of African States i.e., the United African States, which would include a population of over **1.7 billion African people globally**. This will empower African people to shape our destiny, manage our own affairs, and engage with global powers as a sovereign nation.



Photo of Baba Amsata at PAFM Pre-Congress in Accra Ghana in December 2016 with the daughters of Omowale Malcolm X (Malaak) and Kwame Nkrumah (Samia)

- Prominent supporters of the PAFM-North America include, but are not limited to, Dr. Julius Garvey (Son of Marcus Garvey), Malaak Shabazz (Daughter of Malcolm X) and the acclaimed Pan African Scholar Dr. Leonard Jeffries.
- In December 2018, the RCC North America sent a delegation to the Pan African Federalist Pre-Congress in Accra, Ghana. The Final Declaration of this Global Pan African Federalist gathering was “a solemn call for all African people, wherever they may reside globally, to actively participate in preparing for a Congress dedicated to the Political Unity of Africans within the span of a single generation.”
- From October 15-19, 2020, the RCC-North America held its North American Pan African Federalist Convention. The central hub in Atlanta, Georgia served as the site for this memorable online gathering. The theme was “African Political Unity for Sovereignty and Upliftment.”

For additional information on the Pan African Federalist Movement (PAFM) in North America please visit our new website: www.pafm-northamerica.org/ or call/text; (518) 649-7798.

New Ujamaa is Our Answer

Ankhti Kheper Amen

Contributor



So, what is the question? Why is the planet over heating and threatening extinction of the human species? Why has the state of Israel murdered 100,000 Palestinians in Gaza? Why is the American democratic experiment unraveling and disintegrating before our very eyes and threatening to plunge America and the entire human family into World War III?

It's the economy stupid!

Capitalism has run out of gas. For proof, look no further than the orange fool and his mindless minions posturing as president and leadership of the United States.

What economic model can and should replace the relic of capitalism?

"New Ujamaa!"

New Ujamaa is a family centered, African values driven, global cooperative economic system collectively owned, controlled, and operated by African people, for African people.

Us Lifting Us is the global organization and movement of African people who have decided to pool their dollars to launch this revolutionary economic system. If you have awakened to the realization that only a new economic system based on the spiritual principles of Maat can save our world, and are ready to roll up your sleeves and work, then ULU is for you. You can join with like minded sisters and brothers and start a local chapter where you live. What did Garvey say? "Look for me in the whirlwind!"

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"LET US WALK IN THE LIGHT OF OUR HISTORY AS WE HONOR GOD WHO GUIDES OUR FUTURE."



California Greens

Source: Dontaye Ball, Foodwise



INGREDIENTS

2 bunches kale, stems removed and finely chopped, leaves roughly chopped
2 bunches collard greens, stems removed and finely chopped, roughly chopped
2 cans (15 oz/1.5 cups cooked) diced tomatoes
1 can (15 oz/1.5 cups cooked) tomato puree
2 cups water
1 can (15 oz/1.5 cups cooked) pinto beans
1 can (15 oz/1.5 cups cooked) red beans
1 can (15 oz/1.5 cups cooked) chickpeas
1 can (15 oz/1.5 cups cooked) hominy

Spice mix:

1 tbsp thyme, fresh or dried
2 tbsp granulated or powdered garlic
2 tbsp granulated or powdered onion
2 tbsp Herbs de Provence or Italian seasoning
1 tbsp fennel seeds
Kosher salt and ground black pepper to taste
2 bay leaves

PREPARATION

In a pot over medium heat, add fennel seeds and toast until fragrant. Add in rest of spice mix and toast for 1 min while stirring.

Add in diced tomatoes, tomato puree, hominy and water. Cook slowly for 10-20 minutes over low heat, creating a sauce.

Add the pinto and red beans, along with chickpeas and stems of the kale and collard greens (if using) and let stew for 10-15 minutes.

Add in leafy greens a few handfuls at a time, allowing greens to wilt and make space for more greens. Greens should be covered by the sauce. Cook slowly until greens are tender.

Serve over rice or as a side to a meal.

Note: You can substitute with any other type of green or bean that you have available.



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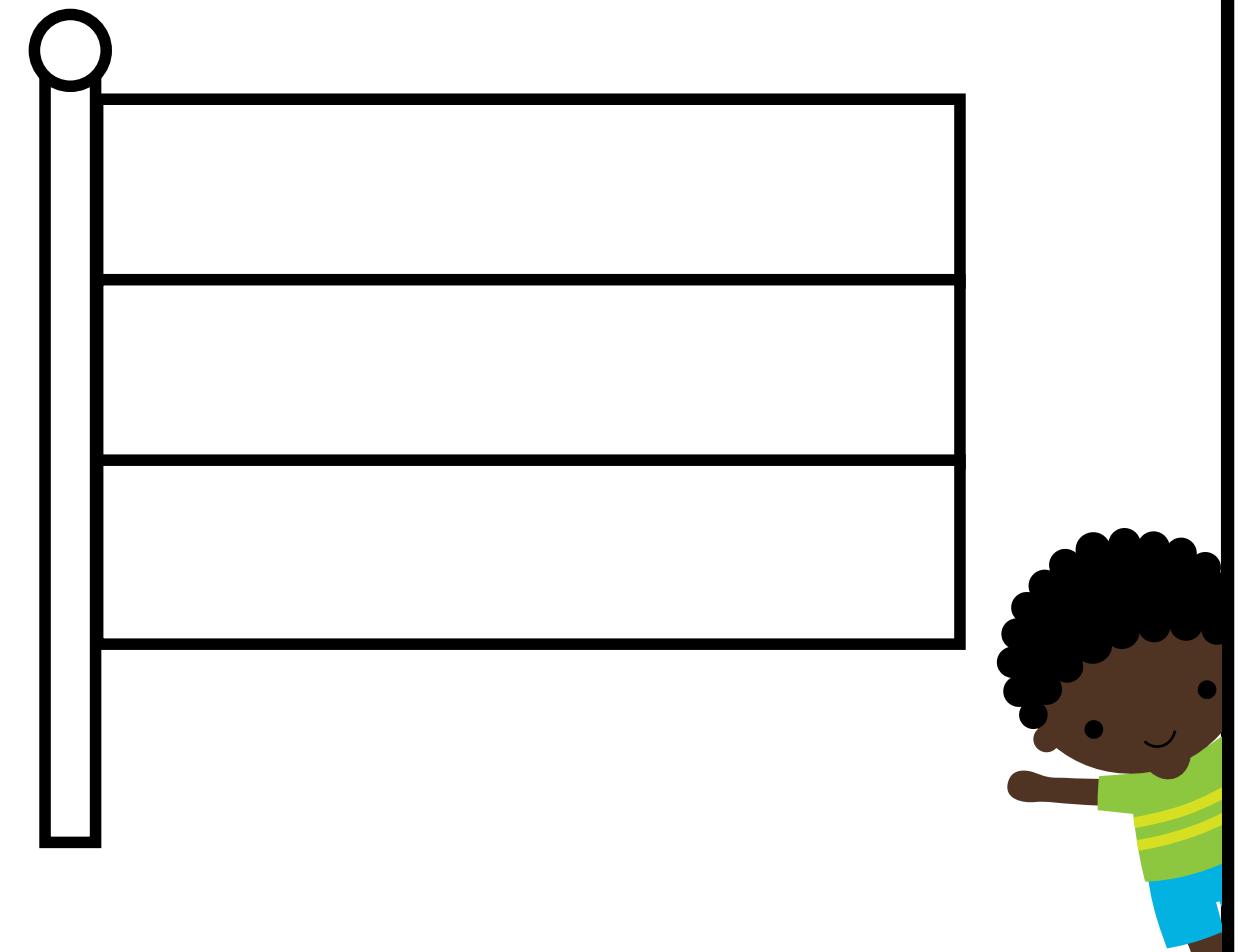
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Pan-african flag

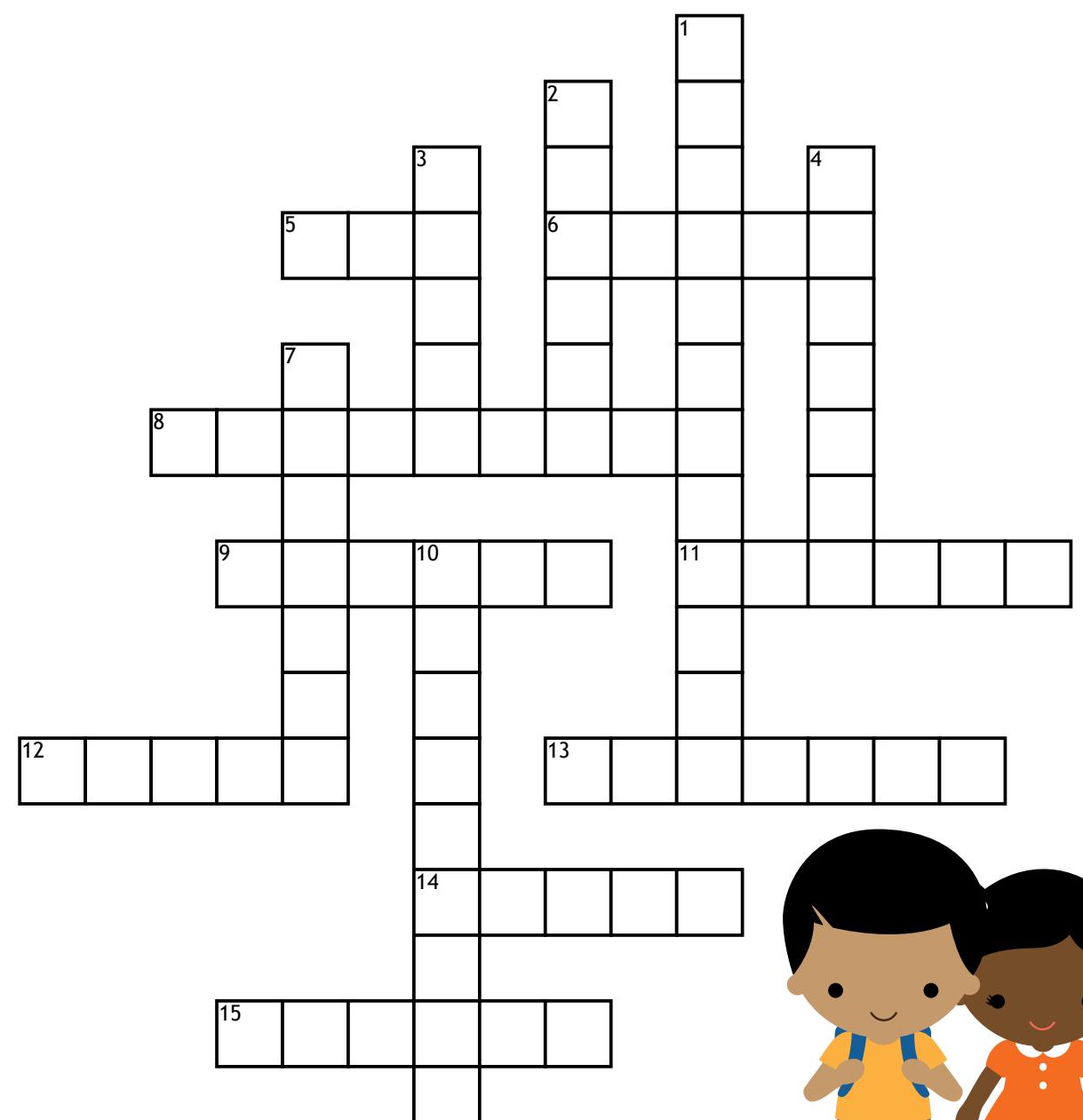
Color the Pan-African flag in red, black and green.



crossword PUZZLE

Across

- Purpose
- Collective Work & Responsibility
- Seven Principles
- Candle Holder
- Cooperative Economics
- Faith
- African Trade Language
- Unity
- Unity Feast



Down

- WW. Self-determination
- Creativity
- Crops
- Founder of Kwanzaa
- Ears of Corn
- Original Name of Africa

color!

Color this beautiful Kwanzaa display!



word search

WORD SEARCH											
Find and circle the principles of Kwanzaa in the puzzle below.											
K	L	B	A	N	I	A	T	S	U	S	Z
I	U	R	Q	Y	Y	F	Y	R	M	N	U
D	O	J	C	G	P	L	A	S	O	I	C
I	R	C	I	Q	V	V	F	B	J	Q	U
M	N	E	O	C	Z	A	C	K	A	A	V
A	N	O	T	M	H	M	O	U	Y	V	U
N	N	B	I	A	P	A	J	F	I	D	U
I	I	X	H	T	A	O	G	L	X	K	J
C	A	U	J	I	M	A	S	U	T	E	A
P	L	O	U	M	E	L	T	T	L	F	M
P	Z	R	E	U	V	B	L	A	P	I	A
K	U	U	M	B	A	K	M	O	Y	N	A

Check the words off as you find them.

- UMOJA
- KUJICHAGULIA
- UJIMA
- UJAMAA
- NIA
- KUUMBA
- IMANI





The Decatur Reparations Movement

Background & Origins

■ **Beacon Hill Black Alliance for Human Rights** is a grassroots, Black-led organization in Decatur, Georgia, whose mission is to empower, advocate, educate, and organize people of African descent affected by systemic racism and oppression, particularly around issues of equity in education, housing, co-operative economics, reparations, and the legal system in the City of Decatur and surrounding communities. (beaconhillblackalliance.org)

■ Beacon Hill Black Alliance grew out of earlier equity efforts in education as led by Mayor Emeritus Elizabeth Wilson (including working initially as an informal chapter of the NAACP in 2017) and became more

formally organized to press for local change. (beaconhillblackalliance.org)

■ A particular historical and present focus has been on the **Beacon Hill community also known as the Bottoms**: a historically Black neighborhood in Decatur which, over time, was disrupted by segregation, discriminatory urban planning, displacement (through "urban renewal" etc.), loss of homes and businesses, forced removal, and erasure of community infrastructure. (decaturish.com)

Key Actions & Achievements

■ **Reparations Research Contract (2024):** In March 2024, the Decatur City Commission approved a funding agreement of \$25,000 to

BHBAHR to support their reparations work. This included historical research, community engagement, interviews with former Beacon Hill residents, and laying groundwork for a formal reparations task force. (decaturish.com)

■ **Decatur People's History & Public Education:** As part of their work, BHBAHR has produced a "People's History of Decatur," gathering oral histories and re-telling the history of Decatur from the perspectives of those most affected by marginalization, which was foundational to the creation of the reparations resolution. Also, they've held listening sessions and community meetings in places like Lilly Hill Baptist Church, bringing forward lived experiences. (beaconhillblackalliance.org)

■ **Symbolic and Material Change:** They have advocated and successfully organized for the removal of monuments to white supremacy, for example the Confederate obelisk ("genocide cannon") which stood in the Decatur Square since 1908, considered by some as a symbol of intimidation historically to Black voters in Decatur. They also successfully organized for the removal of what students called "the genocide cannon", which stood since 1906 as a relic of the Indian War of 1836. These successful campaigns along with many others earned BHBAHR a reputation as change makers that helped them garner support for the reparations movement. (beaconhillblackalliance.org)

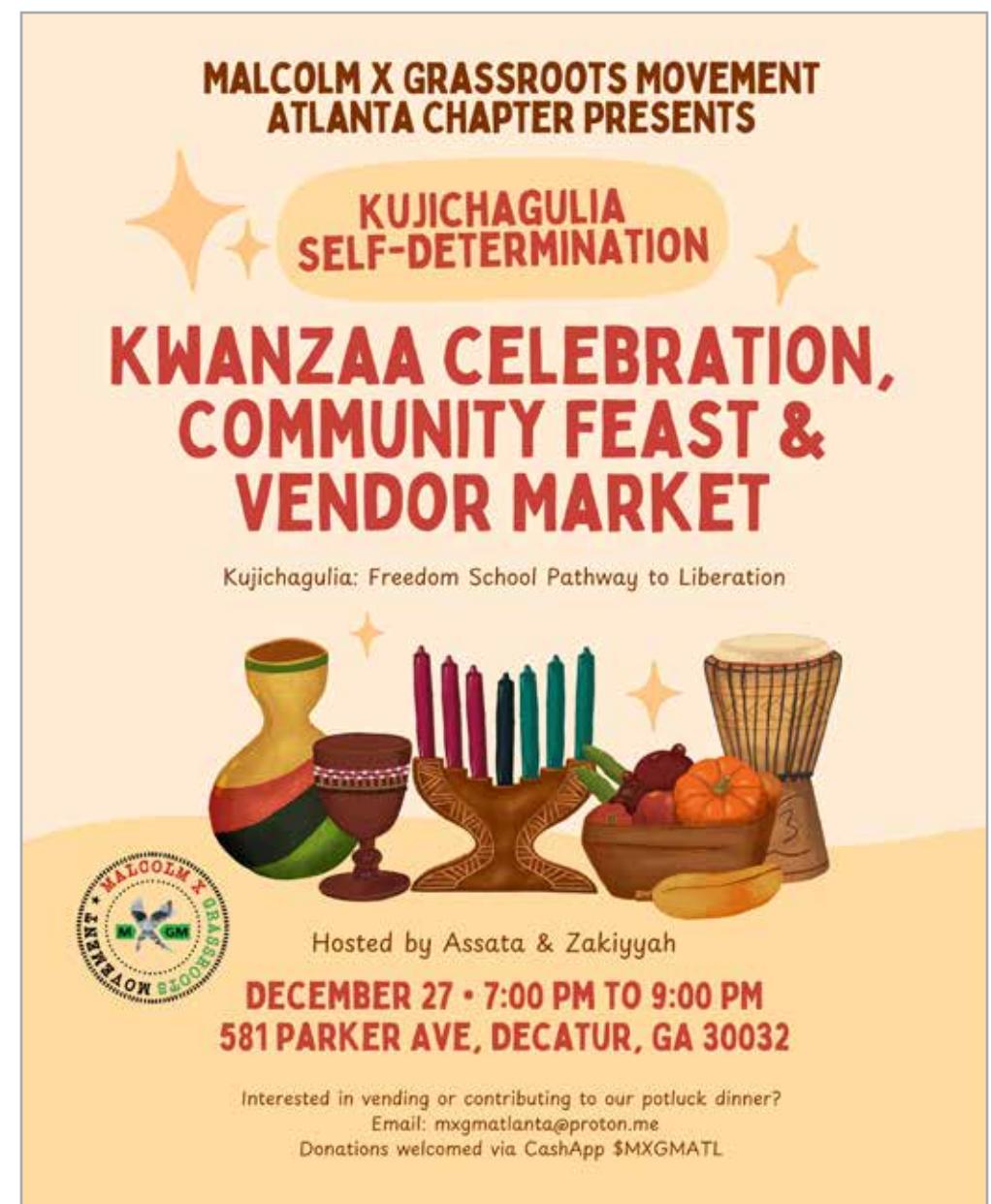
Formal Reparations Resolution & Task Force

■ **Resolution Passage (May 2025):** On May 5, 2025, the Decatur City Commission unanimously passed a reparations resolution proposed by BHBAHR. That resolution does two major things:

1. **Establishes a Reparations Task Force** to investigate, document, and recommend measures to repair harms done to Black residents and their descendants. The Task Force is community-led, with a three-year mandate. (beaconhillblackalliance.org)
2. **Issue a public apology** to be acknowledged by the City's role in systemic racism: enslavement, convict leasing, discriminatory housing, school segregation, displacement (especially of Beacon Hill), property loss, etc. (beaconhillblackalliance.org)

■ **Task Force Composition & Responsibilities:** The Task Force is to have 11 members including 2 historians; a legal expert; youth representative; 3 legacy residents of Beacon Hill, the Bottoms, or Allen Alley community; 2 members from the BHBAHR organization, representative of the Decatur City Commission; representative from the Dekalb History Center. Over its term, it will hold public listening sessions, interview descendants of those harmed, gather records of land/property loss and other discrimination, and then recommend repair actions. (beaconhillblackalliance.org)

The Decatur Reparations movement is one of the more advanced local reparations efforts in Georgia, following and resonating with other municipal reparations efforts in the U.S. It represents a model of community leadership (BHBAHR) working with local government to acknowledge past harms, engage in truth-telling, and planning for reparative justice through a research agenda of crimes committed against Black members of the Decatur community bringing to light forgotten histories.



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THE

(VENUE)
TBA

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EAT MO' GREENS
ICE CREAM

RHYME TIME

I AM A BLACK CHILD

Marilyn Miller Porter

Contributor, (c)1980

I am a black child
As black as I can be
I have ancestors from Africa
Far across the sea

I am a black child
Who struggles to be free
Because slavery and oppression
Keep my people on their knees

I am a black child
Whose ancestors were great
Who built the Mali Empire
And the mighty Songhai state

I am a black child
Whose history recalls
The antiquity of Egypt
With her rises and her falls

All the doctors and the teachers
The wise men and the preachers
The engineers, the draftsmen
The prophets and the craftsman

These are me and I am they
Let history record today
That I shall take this mighty stand
And spread some truth across this land

I am that black child
Who wore the heavy chains
Who made that footsore march to the sea
To suffer still more pain

I am that black child
Who crossed that great wide sea
And saw his people jump to the sharks
In an effort to be free

I am that black child
Who faced the auction block
Sold away from parents
By men with hearts of rock

I am that black child
Who built the USA
Who fought in every battle
To make it strong today

All the sickness and the dying
The wailing and the sighing
The lash of the whip, in the hull of the ship,
The sound of the hopeless crying

This was the way, so I'm here to say
It has made me what I am today
Now I shall take this mighty stand
And see that JUSTICE rules this land

So now that I know
What my race went through
I've discovered that I have
A special job to do

I shall pledge to help my people
So that they too understand
And work to bring more happiness
And joy to this land

And I, as a black child
Do pledge to build a nation
Based on love and peace and sanity
As it was in GOD's creation.



That I, as a black child
Do pledge to my neighbor
Courtesy and justice
And the gift of honest labor

That I, as a black child
See my neighbor as my brother
To live in peace and harmony
Respecting one another

That I, as a black child
Shall do my best in school
To make my mind intelligent
Building skills and gaining tools

That I, as a black child
Shall learn to use these tools
For the good of my people,
So we can change inhuman rules

How shall we begin this task?
There's so much to do
Let us start within ourselves
In the hearts of me and you

Let us start within ourselves
In the hearts of me and you
Let us start within ourselves
In the hearts of me and you



Recipe

INGREDIENTS

1 red apple (I use gala apples)
2 tbsp of dried cranberries
1/4 cup of walnuts
2 pinches of cinnamon

Autumn Salad

Source: Kai Porter

PREPARATION

Chop up the apple in small bite-size pieces and put in a small mixing bowl.

Add the dried cranberries and walnuts in the mixing bowl. Sprinkle cinnamon to taste.

Mix together well and serve.

Note: Increase the measurements of the ingredients depending on your taste preference or servings.

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Nguzo Saba



Nguzo Saba, "The Seven Principles," which form the core values of the Kwanzaa celebration. Below are a list of just a few of the members of our community, who support the principles of Kwanzaa and the Atlanta Kwanzaa Regional Association.

Dr. Mama Nobantu Ankoanda
aka Chief Nwanne Di Na Mba
of the Ohuhu Clan
of Abia State in Nigeria

Shuemake Stokes Family

Earnestine Shuemake

Michelle Cameron

Shaunda Freeman

Drexel and Tahir Freeman

Germorman Roberson

Kai Porter

Msifiri Jorden Bey

Wendy Goff & Family

DANFO

Jade and Jewel

Arinesha and Jason

Mansa and Grandma

Blended & Co

Natalie and Lil Arron

Joy and Lerner

KujiProductions

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Kalomo Kamau Ankoanda-King

Ayodele Ankoanda -King Kinchen & Family

Ayanna Ankoanda King Akbar & Family

Folami Ankoanda Thompson

Damali Ankoanda King

Mama Nsombe Famodou & Family

Tyrrah Alafia and Nantambu and the Mwangas Family

Ca-Trina L. Scott

Dr. Uwa Onyioha Osimiri

Chief Ikenna Osimiri

Adaora Osimiri

Nnamdi Osimiri

Kelenna Osimiri

Grand kids

Amsoha Lewis

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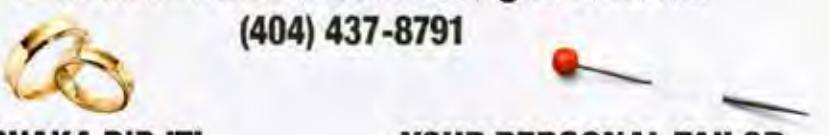
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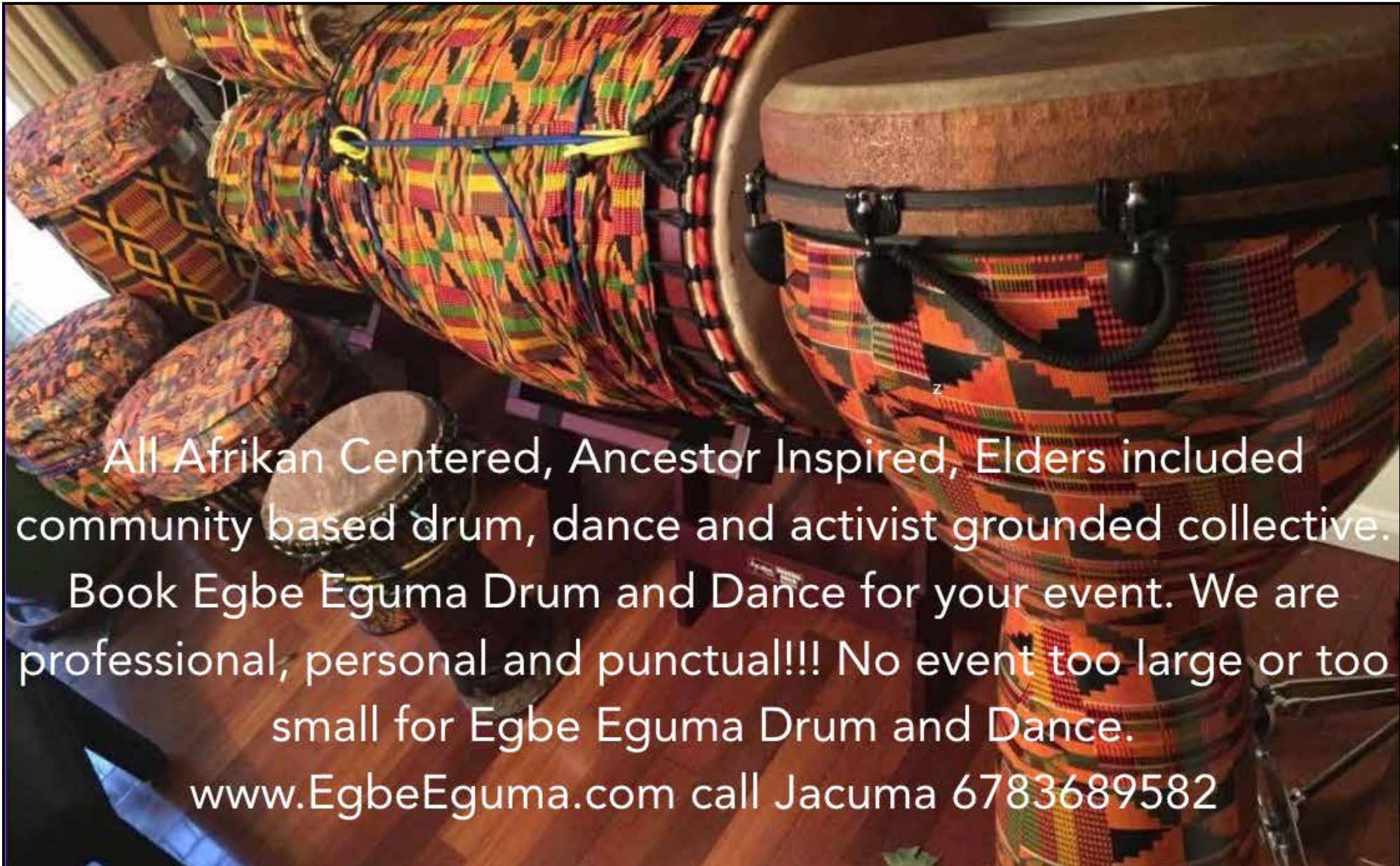


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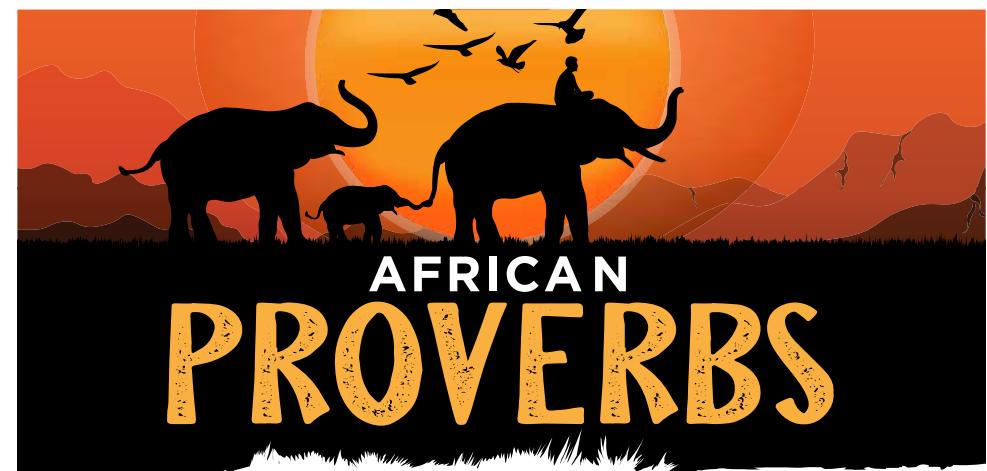
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OMOJA

"When spiders unite, they can tie up a lion."

—Ethiopia

THOUGHT:

All life is interdependent; no one accomplishes anything without the help of others.

KUJICHAGULIA

"A man's deeds are his life." —Nigeria

THOUGHT:

To be successful, grow to the point where you completely forget yourself.

UJIMA

"God gives nothing to those who have their arms crossed." —Bambara

THOUGHT:

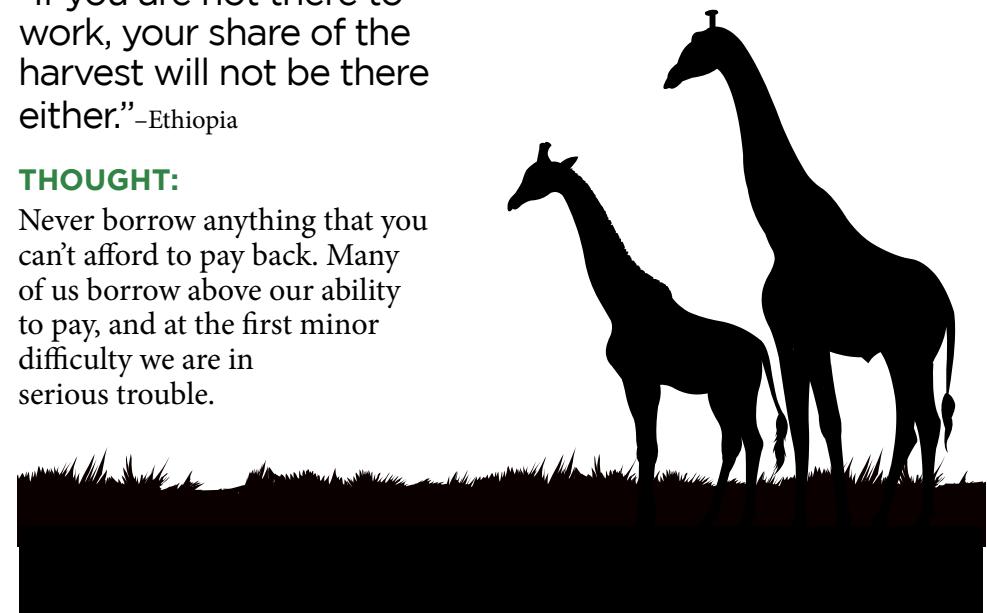
Look at all tragedies and mistakes as stepping stones to opportunities and growth.

UJAMAA

"If you are not there to work, your share of the harvest will not be there either." —Ethiopia

THOUGHT:

Never borrow anything that you can't afford to pay back. Many of us borrow above our ability to pay, and at the first minor difficulty we are in serious trouble.



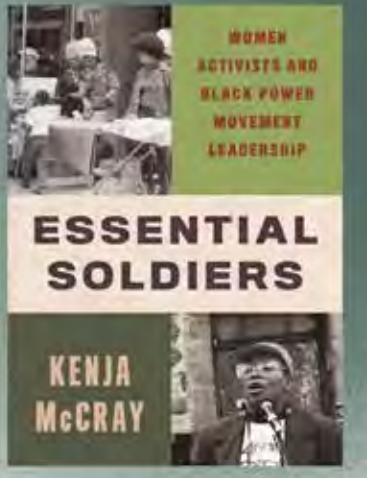
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Questions ~ Author Booking: EssentialSoldiers@gmail.com

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- Naressa, Black Teacher Collaborative

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2025 Calendar of Events

Kwanzaa Eve **Thursday, 12/25**

13th Annual Ancestor Elevation and Kwanzaa Eve Celebration
DJ Sunjata, Free food, African Face Painting, Community Performances, Ancestor Altar (9pm-1am)
Westview Makers 1554 Ralph David Abernathy Blvd Atlanta, GA 30310 678-368-5300

Umoja **Friday, 12/26**

AST+KMT Night of Umoja
Fun-filled Kwanzaa event for the whole family.
(1pm)
New Black Wallstreet
8109 Mall Pkwy
Stonecrest, GA 30038
404-392-8733

Umoja at the Arts X-change
African dancers, Children's activities, Artisan Market, Performers.
(3pm-7pm)
Arts X-Change Southeast Community Cultural Center
2148 Newnan Street
East Point, GA 30344
678-927-5844

A Kwanzaa Experience in Unity
Featuring a presentation by Each One Teach One and Tassili Maat
(5pm-8pm)
Shrine of the Black Madonna
946 Ralph David Abernathy Blvd Atlanta GA 30310
404-671-6251

For the most current list of Kwanzaa events, please visit our online calendar. To add a Kwanzaa event, submit it directly through our website.



KwanzaaAssociation.org

Kuji-chagulia **Saturday, 12/27**

Taste of the Diaspora
Exciting Program, Lots of fun, Cultural Food from the Diaspora.
(1pm-6pm)
8109 Mall Parkway
Stonecrest, GA 30038
404-917-9641

Uhuru Annual Kwanzaa Celebration
Free West African dance class with drumming, performances, activities for all ages!
(10am - 2pm)
581 Parker Avenue
Decatur, GA
404-610-6099

Malcolm X Grassroots Movement Atlanta Chapter
Kwanzaa Celebration, Community Feast & Vendor Market hosted by Assata and Zakiyah.
(7pm-9pm)
581 Parker Avenue
Decatur, GA 30032
404-610-6099

Atlanta Pan African Coalition presents Kujichagulia
Repatriation is Self-Determination
(2pm-6pm)
The Beloved Community Church of Atlanta
1115 Ira Street SW
Atlanta, GA 30310
404-732-3446

Afrimentals
A youth centered Kwanzaa experience
(6:30pm-9pm)
Shrine of the Black Madonna
946 Ralph David Abernathy Blvd Atlanta, GA 30310
404-246-4414

Ujima **Sunday, 12/28**

Kwanzaa Sunday Celebration
Come experience vibrant worship, inspiring reflections, and a powerful celebration.
(10:30am)
359 Auburn Avenue NE
Atlanta, GA 30312
404-659-4328

ASALH Atlanta Branch Celebrates Ujima

"From Reconstruction to Reparation"
keynote presentation by Julian K. Smith
(3pm-5pm)
Allen Temple AME Church
1625 Joseph Boone Blvd Atlanta, GA 30314
404-788-3783

Brushes and Black Joy – Ujima Edition
A guided paint party for the whole family.
Free to attend \$25 to paint.
(3pm-6pm)
New Black Wall Street
8109 Mall Pkwy
Stonecrest, GA 30038
keepitlitgifts@gmail.com

Nia **Tuesday, 12/30**

Kwanzaa Freshii RBG w/ Giwayen Mata
Drew Charter School
Junior Senior Academy
Yates Campus Theater
(Doors open at 2pm/Event starts at 3pm)
300 Eva Davis Way
Atlanta, GA 30317
678-613-8342

AARL- Celebrating NIA
Enjoy an inspiring evening of African dance, performances, storytelling, and poetry.
(5pm-7:30pm)
Auburn Avenue Research Library
101 Auburn Avenue NE
Atlanta GA 30303
404 613-4001

Kuumba **Wednesday, 12/31**

Kwanzaa at The APEX Museum
The APEX Museum's Kwanzaa Celebration with host Griot Kenneth Zakee.
(3pm-6pm)
135 Auburn Avenue NE
Atlanta, GA 30303
404-977-1055

Ujima **Thursday, 1/1**

Kwanzaa In Honor of Elder Dirk Twine
Join us for an African Heritage Celebration with storytelling, dancers & drummers.
(3pm-6pm)
2587 Ballethnic Way (Cheney Street)
East Point, GA 30344
404-762-1416

Imani