

Outline how each of the prerequisites for health can promote a dimension of health and wellbeing:								
Peace	Shelter	Education	Food	Income	Social justice	Equity	Stable ecosystem	Sustainable resources

Give three examples of each of the following dimensions of health and wellbeing:

Physical dimension

Social dimension

Mental dimension

Emotional dimension

Spiritual dimension

Contrast the mental and emotional dimensions of health and wellbeing.	Discuss youth perspectives on health and wellbeing.	Key knowledge <ul style="list-style-type: none">• Definitions of health and wellbeing• Prerequisites for health• Youth and Aboriginal and Torres Strait Islander perspectives on health and wellbeing <small>© Health Resources Hub (HRH) 2024</small>	Discuss Aboriginal and Torres Strait Islander perspectives on health and wellbeing.	Explain why health and wellbeing is considered subjective.
		Provide two different definitions of health and wellbeing: 1. 2.		