

Aging Care Consultation Services
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Recommended Workup List

The following list of tests and labs is suggested in order to rule out any medical conditions that might be contributing to cognitive impairment and/or mood instability.

Physical exam, including thorough neurological exam
Vital signs and weight
Review of medications and drug levels
Urinalysis and culture
Blood and urine screens for alcohol and drugs
Electrolytes
Liver, renal function tests
Complete blood cell count (CBC with differential)
Thyroid function tests (full panel)
FTA, VDRL [syphilis] (if risk factors)
Serum Thiamine/B12, folate, and D levels
Glucose
Sedimentation rate
HIV tests
Serum marker for delirium: calcium-binding protein S-100 B
Electrocardiogram
CT or MRI scan of head
PET scan, if appropriate