# A piece of the puzzle

Information for families and friends of older adults



### **Aging Care Consultation Services**

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## Resources for LGBT\* issues related to dementia care

**Note:** "LGBT\*" is used here to indicate lesbian, gay, bi, trans, and more, and is intended to be inclusive and respectful of any gender identity/expression or sexual orientation/behavior. I strive to be an ally to LGBT\* communities and individuals, and I welcome any suggestions or feedback you might have to help me to better understand and support you and others.

The following are links to resources and information that I hope you will find helpful. Please let me know if you have additional suggestions for this list.

Outing Dementia. https://www.jones-harrison.org/outing-dementia/

LGBT Caregiver Concerns - Alzheimer's Association. https://www.alz.org/national/documents/brochure lgbt caregiver.pdf

National Resource Center on LGBT Aging. https://www.lgbtagingcenter.org/index.cfm

LGBT Communities - Alzheimer's Association. https://www.alz.org/delval/in\_my\_Community\_63464.asp

LGBT Living with Dementia: Alzheimers Society (UK). https://www.alzheimers.org.uk/info/20029/daily living/1190/lgbt living with dementia

Supporting a lesbian, gay, bisexual or trans person with dementia: Alzheimers Society (UK). <a href="https://www.alzheimers.org.uk/info/20046/help-with-dementia-care/38/supporting-gay-lesbian-and-bisexual-people-with-dementia-de

Dementia Care in the LGBT\* Community. <a href="http://www.ageuklondonblog.org.uk/2017/05/19/dementia-care-lgbt-community/">http://www.ageuklondonblog.org.uk/2017/05/19/dementia-care-lgbt-community/</a>

Safe To Be Me Resource Guide. <a href="https://www.ageuk.org.uk/globalassets/age-uk/documents/booklets/safe">https://www.ageuk.org.uk/globalassets/age-uk/documents/booklets/safe</a> to be me.pdf

Michelle Alcedo: Dementia in the LGBT Population. https://www.youtube.com/watch?v=alaaDrp8kY4

Create Your Care Plan: An LGBT Person's Guide to Preparing for Medical Procedures. https://www.lgbtagingcenter.org/resources/resource.cfm?r=879

Caregiving in the LGBT Community – AARP. <a href="https://www.aarp.org/caregiving/stories/info-2017/lgbt-caregiving-fd.html">https://www.aarp.org/caregiving/stories/info-2017/lgbt-caregiving-fd.html</a>

How to Find LGBT-Friendly Caregivers Resources – AARP. <a href="https://www.aarp.org/caregiving/local/info-2017/lgbt-resources.html">https://www.aarp.org/caregiving/local/info-2017/lgbt-resources.html</a>

Caregiving in the LGBT Community: A Guide to Engaging and Supporting LGBT Caregivers Through Programming. https://www.lgbtagingcenter.org/resources/resource.cfm?r=883

Online LGBT Community Support: Caregiving for our Families and Friends – this support group offers a place for lesbian, gay, bisexual, and transgender caregivers of adults with chronic health problems to discuss the unique issues of caring for their loved ones. Read the FAQ (<a href="https://www.caregiver.org/lgbt-community-support-faq">https://www.caregiver.org/lgbt-community-support-faq</a>). Subscribe to LGBT Community Support: Caregiving for our Families and Friends here (<a href="http://lists.caregiver.org/mailman/listinfo/lgbt-caregiver.org/">http://lists.caregiver.org/mailman/listinfo/lgbt-caregiver.org/</a>.

Fredriksen-Goldsen KI, Jen S, Bryan AEB, Goldsen J (2016). Cognitive impairment, Alzheimer's disease, and other dementias in the lives of lesbian, gay, bisexual and transgender (LGBT) older adults and their caregivers: Needs and competencies. Journal of Applied Gerontology. doi:10.1177/0733464816672047 <a href="http://age-pride.org/wordpress/wp-content/uploads/2013/04/Cognitive-impairment2c-Alzheimer%E2%80%99s-disease2c-and-other-dementias-in-the-lives-of-LGBT-older-adults-and-their-caregivers-Needs-and-competencies.pdf">http://age-pride.org/wordpress/wp-content/uploads/2013/04/Cognitive-impairment2c-Alzheimer%E2%80%99s-disease2c-and-other-dementias-in-the-lives-of-LGBT-older-adults-and-their-caregivers-Needs-and-competencies.pdf</a>

Shiu C, Muraco A, Fredriksen-Goldsen KI (2016). Invisible care: Partner and friend care among LGBT older adults. Journal of the Society for Social Work and Research, 7(3). doi:10.1086/687325 <a href="http://age-pride.org/wordpress/wp-content/uploads/2016/08/Invisible-care-Friend-and-partner-care-among-older-lesbian-gay-bisexual-and-transgender-LGBT-adults.pdf">http://age-pride.org/wordpress/wp-content/uploads/2016/08/Invisible-care-Friend-and-partner-care-among-older-lesbian-gay-bisexual-and-transgender-LGBT-adults.pdf</a>

19th Annual Updates on Dementia Conference: May 11, 2017 – multiple presenters on diversity http://www.updatesondementia.com/conference-archives.html

Semlyen J, Brooke J (2015) The needs of lesbian, gay, bisexual and transsexual (LGBT) who are affected by dementia: a comprehensive scoping review. In: Division of Health Psychology Annual Conference 2015, 16-18 Sept 2015, London, UK.

https://repository.uwl.ac.uk/id/eprint/1863/1/semlyen%20and%20brooke%20%202015.pdf

#### News articles:

Rainbow Memory Café Offers Safe Space for LGBT People Affected By Dementia. <a href="http://goodnewsshared.com/2017/11/14/rainbow-memory-cafe-offers-safe-space-lgbt-people-affected-dementia/">http://goodnewsshared.com/2017/11/14/rainbow-memory-cafe-offers-safe-space-lgbt-people-affected-dementia/</a>

Award-winning play: The Purple List... a gay dementia adventure. <a href="https://www.gscene.com/news/new-play-raises-awareness-of-lgbt-people-with-dementia/">https://www.gscene.com/news/new-play-raises-awareness-of-lgbt-people-with-dementia/</a>