

A piece of the puzzle

Information for
families and friends
of older adults



*helping you solve your puzzle
so all the pieces fall into place*

Ageing Care Consultation Services

Karin Taifour, MA LMHC GMHS

karin@agingcareconsult.com

206.999.5934

Helping people with dementia and their families with transition

I help older adults and families in understanding their needs, planning for care, identifying resources for support, and navigating the complexity of aging. Because I do not provide placement services or ongoing care management, I have no financial interest in what I recommend to clients and I am solely focused on helping you find your best solution.

I am pleased to refer to the following professionals who I know to be ethical, reliable, and knowledgeable. They are listed in alphabetical order by business name.



CarePatrol is a Senior Placement Organization that helps families find Assisted Living, Memory Care, Independent Living, and In-Home care services. We advocate for seniors and their families during this stressful and confusing process.

Steve Garrett 206-799-9883 www.CarePatrol.com



Relocation, Downsizing, & Liquidation. A total solution for peace of mind. Providing services to Seniors in the Greater Puget Sound area since 2012.

206-330-0878 www.caringtransitionsseattle.com/

Eldercare Consulting

Eldercare Consulting is here to ease your concerns and provide expert knowledge on the next steps for you or a loved one. It may be as easy as adding some in-home features to choosing the best fit in senior housing. Together, we'll create the best solution for your individual needs.

Patricia Throop 206-355-8965 www.eldercareconsulting.info



We provide free assistance in navigating all of the options available when a loved one needs 24-hour care in a facility outside of the home. We take the time to learn what is important and to understand your medical, financial, social, and spiritual needs and then match those to either Adult Family Homes or Assisted Living facilities.

Adrienne Miller 206-383-2001 www.forevercareservices.com/



Simplifying your life should leave you Overjoyed, not overwhelmed.

Hilde Webber 425-495-9630

www.maturetransitionsofwesternwashington.com/



We provide: downsizing, space planning, packing, move management, unpacking and new residence set-up. We also provide liquidation and home clean-out services. We take care of the details to reduce the stress of moving.

Christy Urdal 206-276-7271 www.nextsteptransitions.com

NW Senior Living, LLC

Serving the Greater Eastside & Seattle since 2005. Our Mission is to help guide all walks of life to age safely and with dignity. Adult Family Homes(AFH), Assisted Living Communities(AL), Independent Living(IL), Respite Care; Memory Care Communities- Adult Day Care, In-Home Care, Skilled Nursing Facilities-Rehabilitation, Home Health Care & Geriatric Physician referrals.

Karrie Trengove 425-614-1499 / 206-779-5837

www.nwslresources.com

Smooth Transitions Seattle

Household Downsizing, Estate Dispersal, Pre-Planning and Move Management.

Eva Dougherty 206.234.3064

www.smoothtransitionsseattle.com/



A Personalized Approach To Help You Find An Ideal Living Situation, With Expertise, Compassion and No Cost To You.

Lisa Satin 206-604-5571 www.trpso.com



Thrive Senior Advisors is a referral agency that specializes in senior housing and care solutions *for the toughest situations*.

Lauren Ward 206-488-9092 www.thrivesenioradvisors.com



For Dementia Caregiver Support, I provide personal, one-on-one coaching to the caregiver as they progress on their care journey. With Dementia Family Support, I guide family members through the difficult conversations associated with the care of their loved ones facing dementia.

Don Desonier 206-779-1634

www.transitionsindementiacare.com/