

Class 2 Resources

Health / mental health / cognitive related

AAFP Toolkit: <https://www.aafp.org/family-physician/patient-care/care-resources/cognitive-care.html>

Beers List - Updated AGS Beers Criteria for potentially inappropriate medication use in older adults: <https://pmc.ncbi.nlm.nih.gov/articles/PMC12478568/>.

Dignity of Risk article from Council on Quality and Leadership: <https://www.c-q-l.org/resources/newsletters/tips-to-support-the-dignity-of-risk/>

Hartford Institute for Geriatric Nursing / NYU Meyers - Best practice information on care of older adults: <https://hign.org/consultgeri-resources/elearning> and Try This Series: <https://hign.org/consultgeri-resources/try-this-series>

NIA (2024). Cognitive health and older adults. <https://www.nia.nih.gov/health/cognitive-health-and-older-adults>

NIA (2023). How the aging brain affects thinking. <https://www.nia.nih.gov/health/brain-health/how-aging-brain-affects-thinking>

NIA/NIH Alzheimers and Related Dementias Resources for Professionals: <https://www.nia.nih.gov/health/health-care-professionals-information/alzheimers-and-related-dementias-resources>

The 5Ms of Geriatrics: <https://www.healthinaging.org/sites/default/files/media/pdf/HIA-TipSheet%20Geriatric%205Ms.July20%200.pdf>

UW Geriatrics Grand Rounds – videos of gerontology and geriatrics topics: <https://geriatrics.uw.edu/grand-rounds>

Less Restrictive Alternatives and Supports

Adult Day Care – national organization has local locator tool: <https://www.adultday.care/>

Dementia Friendly America – links to local programs and services: <https://dfamerica.org/>

National Council on Aging – links to tons of programs and services for older adults, caregivers, and families: <https://www.ncoa.org/>

Program for All-Inclusive Care for Elderly (PACE): <https://www.npaonline.org/find-a-pace-program>

VA services and supports: <https://www.va.gov/GERIATRICS/index.asp>
including Adult Day Health: https://www.va.gov/GERIATRICS/pages/Adult_Day_Health_Care.asp

Virtual Villages and Networks – national organization has local locator tool:
https://vtvnetwork.org/content.aspx?page_id=1905&club_id=691012

Financial

AARP/University of Minnesota (2022). Thinking Ahead Roadmap: a guide for keeping your money safe as you age. <https://thinkingaheadroadmap.org/>

ABLE Accounts:

- Martinis JG, Harris JP (2023). ABLE Accounts and Supported Decision-Making: building a pathway to independence, inclusion, and a “decent quality of life.” Grant-related paper, online at <https://supporteddecisionmaking.org/wp-content/uploads/2023/01/martinis-harris-2019-able-accounts-sdm-pathways-independence.pdf>.

Fiduciary / Daily Money Manager – American Association of Daily Money Managers:
<https://secure.aadmm.com/>

Fiduciary for VA benefits: <https://benefits.va.gov/FIDUCIARY/fiduciary.asp>

Representative payee – Social Security: <https://www.ssa.gov/payee/>

Supported Decision Making

Center for Public Representation / National Resource Center for Supported Decision Making:
<https://supporteddecisionmaking.org/>

- Resources page has research, reports, and articles.
- Tools page has guides and toolkits on subjects like Guardianship, Education, and Health Care.
- State specific info updated as of April 2026 – has links to each state (see some below).
Check your state's page for links to state-specific organizations and resources.

California: <https://supporteddecisionmaking.org/in-your-state/california/>

- California has passed comprehensive legislation related to SDM agreements: Cal. Welf. & Inst. Code §§ 21000 to 21008 (2023).
- The State's probate code also requires courts to consider SDM as a less restrictive alternative before appointing a conservator: Cal. Prob. Code § 1800.3 (2023)

Maryland: <https://supporteddecisionmaking.org/in-your-state/maryland/>

- Maryland has passed comprehensive legislation related to SDM agreements: Md. Code Ann., Est. & Trusts §§ 18-101 to 18-109 (2022).
- The State has also enacted the Health-Care Decisions Act, which recognizes SDM as reasonable accommodation relevant to a person's capacity to make or revoke an informed health-care decision or advanced directive: Md. Code Ann., Health-Gen. § 5-601 (2024).
- Recognizes SDM as an "auxiliary aid and service" to prevent discrimination in access to organ transplantation: Md. Code Ann., Health-Gen. § 20-1601 (2015)

Minnesota: <https://supporteddecisionmaking.org/in-your-state/minnesota/>

- Minnesota's probate code defines SDM and requires courts to consider it as a less restrictive alternative before appointing a guardian: Minn. Stat. Ann. §§ 524.5-102, 524.5-310, 524.5-409 (2020)
- The State also recognizes SDM as an "auxiliary aid and service" to prevent discrimination in access to organ transplantation: Minn. Stat. Ann. § 363A.50 (2022)

North Carolina: <https://supporteddecisionmaking.org/in-your-state/north-carolina/>

- North Carolina's probate code defines SDM as a less restrictive alternative and requires guardianship petitions to describe efforts to use less restrictive alternatives: N.C. Gen. Stat. Ann. §§ 35A-1101, 35A-1201, 35A-1106 (2024).
- In addition, the State recognizes SDM as an "auxiliary aid and service" to prevent discrimination in access to organ transplantation: N.C. Gen. Stat. Ann. § 130A-414.2 (2021).

Supported Decision Making, continued

Ohio: <https://supporteddecisionmaking.org/in-your-state/ohio/>

- Ohio recognizes SDM as an “auxiliary aid and service” to prevent discrimination in access to organ transplantation: Ohio Rev. Code Ann. § 2108.36 (2018).

Washington: <https://supporteddecisionmaking.org/in-your-state/washington/>

- Passed comprehensive legislation related to SDM agreements: Wash. Rev. Code Ann. §§ 11.130.700 to 11.130.755 (2022).
- Passed the Uniform Guardianship, Conservatorship, and Other Protective Arrangements Act (known as “UGCOPAA”), which requires Probate Courts to consider SDM as a less restrictive alternative before appointing a guardian or conservator: Wash. Rev. Code Ann. §§ 11.130.010, 11.130.265, 11.130.280, 11.130.310, 11.130.320, 11.130.345, 11.130.360, 11.130.420, 11.130.430, 11.130.585, 11.130.590, 11.130.605, 11.130.650 (2024)
- Recognizes SDM as an “auxiliary aid and service” to prevent discrimination in access to organ transplantation: Wash. Rev. Code Ann. § 68.70.010 (2019).

Additional article on SDM:

Council on Quality and Leadership (2025) <https://www.c-q-l.org/resources/newsletters/supported-decision-making-part-two-sdm-in-action/>