

Code of Conduct for Parents & Carers

Glasgow School's Rowing Club recognise the vital role that parents and carers play in our sport. We know that young athletes perform at their best and enjoy their sport more when they have the backing of supportive family members. It can, however, be easy for parents and carers to get caught up in the sport which can then detract from a young person's positive experience.

As such all parents and carers are asked to abide by the following code of conduct:

- Be a good role model for your child. Lead by example when it comes to positive behaviour.
- Support your child's involvement and help them to enjoy the sport.
- Try and learn about your child's sport and what it means to them. Talk to your child about what you both want to achieve through sport, remember that children get a wide range of benefits from participating in sport, like making friends, getting exercise and developing skills. It's not all about wins and losses.
- Listen when your child says they don't want to do something. Never force your child to take part in sport. Sport should be fun and your child will only continue to progress if they genuinely enjoy taking part.
- Try to make sure your child arrives to sessions on time and is picked up promptly. Let us know if you're running late or if your child is going home with someone else.
- Make sure your child has the right kit/protection for the session as well as enough food and drink.
- Complete all consent, contact and medical forms and update us straight away if anything changes.
- Ensure that your child understands their code of conduct.
- Help your child to recognise good performance, not just results.
- Never punish or belittle a child for losing or making mistakes.
- Use correct and appropriate language at all times.
- Encourage your child to learn the rules of the sport and play within them at all times. Discourage unfair play and arguing with officials.
- Maintain a good relationship with your child's coach.
- Raise any concerns you may have about any part of your child's involvement.
- In order to ensure that staff can best support your child, please feel able to share any relevant information about matters affecting your child's wellbeing (e.g. medical conditions, additional support needs, allergies, worries at school, family bereavement etc) with coaches and club officials as appropriate.
- We all want the children to get the most from their sport session and although it is tempting to give your input we feel it is confusing for a child to receive technical advice from the parent as well as the coach during events.

As a parent, we understand you have the right to:

- Be assured that your child is safeguarded during their time with us.
- See any of our policies and procedures at any time.
- Know who the welfare officer responsible for your child is and have their contact details.
- Be involved and contribute towards decisions within the club or activity.
- Know what training and qualifications our staff have.
- Be informed of problems or concerns relating to your child.
- Know what happens if there's an accident or injury, be informed if your child is injured and see records of any accidents.
- Have your consent sought for anything outside of our initial consent form, such as permission to go on trips or photography.
- Have any concerns about any aspect of your child's welfare listened to and responded to.

We expect all parents to follow the behaviours and requests set out in this code. If any parent behaves in a way which contradicts any of the points set out above, we'll address the problem straight away with the parent and aim to resolve the issue.

Glasgow Schools' Rowing Club reserve the right to ask any parent or carer to leave a training session or event if they are in breach of any aspect of this code of conduct or if circumstances require.

Continued issues and repeated breaches of this code may result in us regrettably asking your child to leave the activity, event or club permanently, something we never want to do.

Signature of parent:

Signature of parent:

Print name:

Print name:

Date:

Date: