

PLAN^{OF THE} MONTH



Fort McHenry Division/ Training Ship Constellation
Nav Reserve Ctr, 1201 Halsey Rd Baltimore MD 21230

SEP 2025

Chain of Command

CO LT Haley
XO INST Filone
OPS INST Scully
TRAIN INST Wagner-Scully
SUPPLY INST Abbey
DIVO AUX Temples, S.
DIVO AUX Temples, L.
LPO Gobles
ALPO Abbey/Blue

SEA CADET OATH

I promise to serve faithfully, honor our flag, abide by U.S. Naval Sea Cadet Corps Regulations, and carry out the orders of the officers appointed over me, and so conduct myself as to be a credit to myself, my unit, the Naval Sea Cadet Corps, the Navy, the Coast Guard, and my country.

NOTICE:

This month's plan constitutes official orders. All personnel are charged with knowledge of its contents.

All orders contained herein shall be considered an order issued by the C.O.

Uniform of the Day (UOD):

Officers and Instructors: Alternate Uniform, PT Gear, or NWUs.

Cadets : Arrive in PT gear, change into NWUs

SATURDAY 13 SEP 2025

Time	Event	Responsible Person
0755	Arrive	LPOs
0800	Muster (recite Oath)	LPOs
0815 - 0845	Div-O time	Div-O
0900 - 1045	PT	Fitness Leaders
1100	Back on deck	LPOs
1120	Line up in UoD	LPOs
1125 - 1230	Instruction	DivO
1230 - 1300	Chow	LPOs
1300 - 1330	Div-O time	DivO
1330 - 1400	Cleanup & Dismiss	LPOs
1400 - 1500	Planning Meeting	Adult and Cadet Leadership

PREPARED BY
OPS on 31 Aug 2025

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Fort McHenry Division/ TS Constellation

Plan of the Month for August 2025

SUNDAY 14 SEP 2025

Time	Event	Responsible Person
0745	Arrive	LPOs
0800	Report	LPOs provide report to DIVOs
0805	Recite Oath	LPOs
0815	Line up for PT	LPOs
0815-0930	PFA	Fitness Leaders
0940	Back on 3rd deck	LPOs
0945	Change to UOD	LPOs
1000	Line up in P-way	LPOs
1000-1130	Instruction	DIVOs
1140-1220	Chow	LPOS
1230-1330	Instruction	DIVOs
1330-1400	Cleanup/Dismissal	LPOs

NOTES:

- 1. Instruction.** This drill will have quarters, inspections, and navigation training. If navigation training cannot be arranged in time, adult leadership will use the period for other training.
- 2. Super PT.** Longer PT session on Saturday. Bring your schoolbooks in your backpack. We plan to celebrate the start of school with a 2-mile march. Don't worry - if a cadet forgets to bring their backpack, we will have weights to carry instead.
- 3. Upcoming events.** Leadership is still working to line up volunteer opportunities, swim qualifications, gun qualifications, and time afloat on the Chesapeake.
- 4. Leadership Planning** Adult leadership and Cadet leadership attendance is needed following Saturday's drill period to de-brief the drill and to plan for October's drill period.