



September

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 **LABOR DAY**
★ DAY ★
Pre-Tech Closed

2 
1st day of soccer

3

4

5 
PUP of the Month

8  1ST DAY OF DANCE

9  VPK ART LESSONS

10 

11 Patriots Day
★ ★ ★ Dress-Up

12 *Grandparents'*
DAY 

15

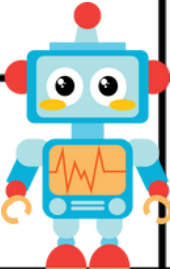
16

17 PK2 YOGA 

18

19

22 MYSTERY READER 

23 

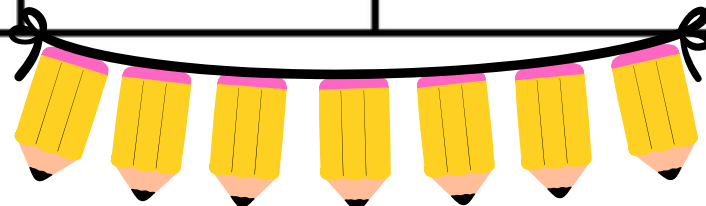
24 PK3 ROBOTICS

25

26

29

30





September

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 LABOR DAY ★ DAY ★ Pre-Tech Closed	2 (30Z) PORK FRICASSEE (½ CUP) WHITE RICE (½ CUP) GARBANZOS BEANS (½ CUP) SWEET PLANTAINS (3 OZ) CHOCOLATE PUDDING	3 (30Z.) BAKED CHICKEN (½ CUP) WHITE RICE (½ CUP) LENTIL SOUP WITH VEGGIES (½ CUP) SWEET POTATO FRIES (3 OZ.) FRUIT SALAD	4 (30Z.) PICADILLO/GROUND BEEF (4 OZ) SPLIT PEA (CHICHARO) SOUP (1/2 CUP) WHITE RICE (1/2 CUP) SLICED CARROTS (3 OZ) APPLE SAUCE	5 (30Z) FRIED RICE (HAM, EGG, CHICKEN, PORK) (½ CUP) GREEN BEANS (3 OZ.) FRUIT SALAD
8 (30Z) PORK FRICASSEE (CERDO ASADO EN CAZUELA) (½ CUP) WHITE RICE (½ CUP) BLACK BEANS (½ CUP) SWEET POTATO FRIES (3 OZ.) APPLE SAUCE	9 (30Z.) GROUND BEEF (1/2 CUP) ARROZ MORO (RICE AND BEANS) (1/2 CUP) YUCA (3 OZ.) VANILLA PUDDING	10 (½ CUP) FISH (1/2 CUP) MASHED POTATOES (½ CUP) MIXED VEGGIES (3 OZ.) FRUIT SALAD	11 (½ CUP) PASTA (SPAGHETTI)/W/ BEEF (½ CUP) MIXED VEGGIES GARLIC BREAD (3 OZ.) FRUIT SALAD	12 (30Z) POLLO TERIYAKI CHICKEN IN TERIYAKI SAUCE. (½ CUP) YELLOW RICE WITH VEGETABLES (½ CUP) SWEET PLANTAINS (3 OZ) ARROZ CON LECHE
15 (3 OZ.) BEEF STEW (½ CUP) MASHED POTATOES (½ CUP) MIXED VEGETABLES (3 OZ.) VANILLA PUDDING	16 (30Z) BAKED CHICKEN (½ CUP) WHITE RICE (½ CUP) AJIACO SOUP WITH VEGGIES (½ CUP) GREEN BEANS (3 OZ.) APPLESauce	17 (30Z) PICADILLO/GROUND BEEF (½ CUP) WHITE RICE (½ CUP) SPLIT PEA (CHICHARO) SOUP (½ CUP) BAKED POTATO (3 OZ) CHOCOLATE PUDDING	18 (30Z.) PORK FRICASSEE (4 OZ) LENTIL SOUP (½ CUP) SWEET PLANTAINS (FRICASSEE DE CERDO) (½ CUP) WHITE RICE (3 OZ) ARROZ CON LECHE	19 (30Z.) CHICKEN FRICASSEE (½ CUP) WHITE RICE (½ CUP) SWEET PLANTAIN ½ CUP GREEN BEANS (3 OZ) ARROZ CON LECHE
22 (30Z) CHICKEN CORDON BLUE (4OZ) GUISO DE MAIZ CRIOLLO (CORN AND VEGGIES SOUP) (1/2 CUP) YELLOW RICE WITH VEGGIES (3 OZ.) VANILLA PUDDING	23 (30Z.) PICADILLO (½ CUP) WHITE RICE (½ CUP) RED BEANS (½ CUP) SWEET POTATO FRIES (3 OZ.) APPLE SAUCE	24 (30Z) PORK CASSEROLE (CERDO ASADO EN CAZUELA) (½ CUP) WHITE RICE (½ CUP) BLACK BEANS (½ CUP) YUCA (3 OZ.) CHOCOLATE PUDDING	25 (½ CUP) PASTA (SPAGHETTI)/W/ BEEF (½ CUP) MIXED VEGGIES GARLIC BREAD (3 OZ.) FRUIT SALAD	26 (30Z.) SHREDDED BBQ CHICKEN (½ CUP) YELLOW RICE WITH VEGETABLES (½ CUP) BAKED POTATO (3 OZ) ARROZ CON LECHE
29 (30Z) FISH (½ CUP) MASHED POTATOES (½ CUP) MIXED VEGGIES (3 OZ) VANILLA PUDDING	30 (30Z) PORK FRICASSEE (½ CUP) WHITE RICE (½ CUP) GARBANZOS BEANS (½ CUP) SWEET PLANTAINS (3 OZ) CHOCOLATE PUDDING	Lunch		

