



March



Pre-Tech Academy
Daily Lunch Menu

Reminders:

Breakfast is served daily from 8:00am-8:20am.

Lunch is served daily from 12:00pm-12:30pm.

Lunch must be prepaid at the start of each month.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Chicken Nuggets
Mashed Potatoes
Broccoli
Orange

2 Cheeseburger Bun
Green Beans &
Carrots
Honeydew

3 Fricassee de Pollo
Brown Rice
Plantains
Pears

4 Macaroni & Cheese
Garlic Bread
Mixed Green Salad
Applesauce

7 Chicken Lemon Pepper
Brown Rice
Green Beans
Pears

8 Chicken Patty
Tomatoes & Lettuce
Green Peas
Red Apple

9 Meatloaf
Mashed Potatoes
Roll
Fruit Cocktail

10 Spaghetti Meatballs
Garlic Bread
Mixed Green Salad
Peaches

11 Pizza
Mixed Vegetables
Pears

14 Pop Corn Chicken
Brown Rice
Green Peas & Carrots
Pears

15 Breaded Fish Roll
Mixed Green Salad
Mandarin Orange

16 Taco Beef
Nachos Chips
Cheese Dip
Corn
Fruit Cocktail

17 Fettucine Alfredo
Garlic Bread
Broccoli
Peaches

18 Hamburger
Tomatoes & Lettuce
Oven Fried Potatoes
Pears



21

22

23



24
Spring Break! No School 😊

28 Chicken Tender
Brown Rice
Broccoli
Pears

29 Beefaroni
Corn
Garlic Bread
Applesauce

30 Meatballs
Brown Rice
Black Beans
Cantaloupe

31 Breaded Fish
Mixed Vegetable
Bun
Mandarin Orange