



# November

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



Pre-Tech Academy  
Daily Lunch Menu

**1** Chicken Nuggets  
Mashed Potatoes  
Broccoli  
Orange

**2** Cheeseburger  
Green Beans & Carrots  
Honeydew

**3** Fricassee de Pollo  
Brown Rice  
Plantains  
Pears

**4** Macaroni & Cheese  
Garlic Bread  
Mixed Green Salad  
Applesauce

**7** Lemon Pepper Chicken  
Brown Rice  
Green Beans  
Pears

**8** Chicken Patty  
Tomatoes & Lettuce  
Green Peas  
Red Apple

**9** Meatloaf  
Bread  
Mashed Potatoes  
Fruit Cocktail

**10** Spaghetti & Meatballs  
Garlic Bread  
Mixed Green salad  
Peaches

**11** Veteran's Day!  
No School!



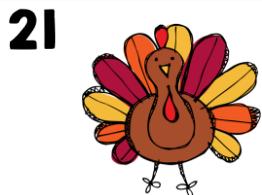
**14** Popcorn Chicken  
Brown Rice  
Green Peas & Carrots  
Pears

**15** Breaded Fish  
Roll  
Mixed Green Salad  
Mandarin

**16** Taco Beef  
Nachos Chips  
Cheese Dip  
Corn  
Fruit Cocktail

**17** Thanksgiving  
Celebration  
No Catered Lunch ☺

**18** Hamburger  
Tomatoes & Lettuce  
Oven Fried Potatoes  
Pears



**22** Thanksgiving Break! No School ☺



**28** Chicken Tenders  
Brown Rice  
Broccoli  
Pears

**29** Beefaroni  
Corn  
Garlic Bread  
Applesauce

**30** Meatballs  
Brown Rice  
Black Beans  
Cantaloupe

Reminders:  
Breakfast is served daily from 8:00am-8:20am.  
Lunch is served daily from 12:00pm-12:30pm.  
Lunch must be prepaid at the start of each month.

Lunch MUST be paid on the 1<sup>st</sup> of each month.