



September

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Pre-Tech Academy
Daily Lunch Menu

Reminders:

Breakfast is served daily from 8:00am-8:20am.
Lunch is served daily from 12:00pm-12:30pm.
Lunch must be prepaid at the start of each month.

			1 Spaghetti Meatballs Garlic Bread Salad Peaches	2 Pizza Mixed Vegetables Pears
5	6 Breaded Fish Roll Salad Mandarin Orange	7 Taco Beef Nachos Chips Cheese Dip Corn Fruit Cocktail	8 Chicken Fettucine Alfredo Garlic Bread Broccoli Peaches	9 Hamburger Bun Tomatoes & Lettuce Oven Fried Potatoes Pears
12 Chicken in Sauce Brown Rice Peas & Carrots Peaches	13 Picadillo Congri Corn Mandarin Orange	14 Lasagna Garlic Bread Broccoli Applesauce	15 Ravioli Roll Mixed Vegetables Cantaloupe	16 Chicken Nuggets Mashed Potatoes Salad Pears
19 Chicken Tender Brown Rice Broccoli Pears	20 Beefaroni Corn Garlic Bread Applesauce	21 Meatballs Brown Rice Black Beans Cantaloupe	22 Breaded Fish Mixed Vegetable Bun Mandarin Orange	23 Arroz con Pollo Salad Roll Applesauce
26 Roasted Turkey Green Peas & Carrots Pears Roll	27 Chicken Nuggets Mashed Potatoes Broccoli Orange	28 Cheeseburger Green Beans & Carrots Honeydew	29 Fricassee de Pollo Brown Rice Plantains Pears	30 Macaroni & Cheese Garlic Bread Salad Applesauce