

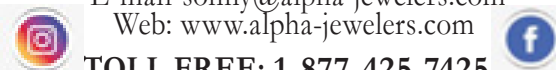


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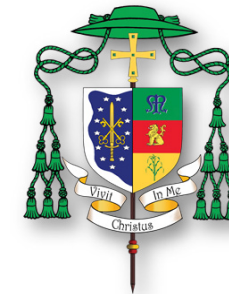
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January 29, 2023

Fourth Sunday in Ordinary Time



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Rev. Fr. Andrew Lesko
Rev. Fr. Serapio López Cruz
Rev. Fr. Julio Faes

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WEEKENDS

Saturday: 7:00AM, 4:30PM (Vigil Mass)
Sunday: 6:30AM, 8:30AM, 10:30AM, and 12:15PM (Spanish)

WEEKDAYS

Monday to Friday: 6:45AM
Wednesday: 12:15PM

EUCCHARISTIC ADORATION
Wednesday from 7:30AM - 12:00PM
Novena to Our Lady of Perpetual Help
Wednesday before Masses

MISSION STATEMENT
To continue the ministry of Jesus Christ by:

Preaching the Good News to a Caribbean community according to the magisterium of the Roman Catholic Church. Furthering the faith of God's people with sound teaching and meaningful liturgies in keeping with the apostolic tradition. Promoting and implementing inclusive strategies to meet the needs of the people of God who worship at Saints Peter and Paul Cathedral.

CONFESSIONS

Wednesday: 11:45AM - 12:10PM
Saturday: 3:45PM - 4:25PM
or by Request

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Fourth Sunday in Ordinary Time

First Reading: Zephaniah 2: 3, 3: 12-13
Responsorial Psalm: Psalm 146: 6-10
Second Reading: 1 Corinthians 1: 26-31
Gospel: Matthew 5: 1-12a

MEDITATION
The Beatitudes

Brethren:
 On this 4th Ordinary Sunday in year A, we listen in the Gospel to the teaching of Jesus on the Mount, based on the BEATTITUDES, as a moral guideline for the disciples of Christ.
 In the first reading, the prophet Zephaniah is exasperated. In the time of King Josiah of Judah, he noted the Assyrian influence in the very ranks of the kingdom's rulers and powerful while the humble remained in their poverty. This situation cannot be improved. He sees no other solution than total destruction when God comes, in His "day". Only the humble of the land, those who seek the Lord and adjust to Him, will not be affected by this misfortune on the Lord's day.
 In the second reading, Paul reacted to the divisions just pointed out to him in the young community of Corinth (see last Sunday's 2nd reading). When we look at the cross of Christ, the divisions around the main founders of the communities make no sense. Only Jesus the crucified is Christ the Lord.
 The apostle continues his meditation around the cross: "The language of the cross is foolishness for those who run to loss. And for those who run to salvation, for us, it is the power of God... Our cry is a crucified Messiah." The cross is God's foolishness and weakness. But God's foolishness is wiser than humanity. God's weakness stronger than humanity.
 In the Gospel, Jesus sees the crowd following him and climbing the mountain. One might wonder where this crowd comes from and where the mountain is. But the vagueness serves the perspective of Matthew who tells the scene. The crowd is symbolic of all those who after Easter will listen to the words of Christ. The gospel is not intended for a few initiates, but for the crowd. The mountain evokes the biblical "mountain" par excellence, Sinai, where God gave Moses his torah, in other words his direction.
 The Beatitudes, in Matthew, insist mainly on attitudes: to be poor in heart, meek, to be hungry and thirsty for justice, to be merciful, to be a pure heart, to be a peacemaker. The evangelist writes his gospel for confirmed disciples of Christ.

MEDITATION

(continued)

Since they have given their trust to the Risen One, it is now a question for them to seek how to live this trust: being poor in heart, meek... It is a line of conduct for the followers of Christ just as the Torah once was for the Israeli people in their march in desert to the promised land. etc.

The last beatitude, much more developed, is also found in Luke and directly challenges the listeners. It is addressed to Christians who are experiencing opposition or persecution and invites them to stand firm.

Let us ask the Lord to grant us the grace to truly live the beatitudes in order to one day become heirs to his kingdom of glory. Amen

Reverend Father Modeste Digwou



DAILY READINGS

FOURTH SUNDAY IN ORDINARY TIME

- Monday, January 30, 2023**
 First Reading: Hebrews 11: 32-40
 Gospel: Mark 5: 1-20
- Tuesday, January 31, 2023**
Saint John Bosco, Priest
 First Reading: Hebrews 12: 1-4
 Gospel: Mark 5: 21-43
- Wednesday, February 1, 2023**
 First Reading: Hebrews 12: 4-7, 11-15
 Gospel: Mark 6: 1-6
- Thursday, February 2, 2023**
The Presentation of the Lord
 First Reading: Malachi 3: 1-4
 Gospel: Hebrews 2: 14-18; Luke 2: 22-40 or 2: 22-32
- Friday, February 3, 2023**
Saint Blaise, Bishop, Martyr; Saint Ansgar, Bishop
 First Reading: Hebrews 13: 1-8
 Gospel: Mark 6: 14-29
- Saturday, February 4, 2023**
 First Reading: Hebrews 13: 15-17, 20-21
 Gospel: Mark 6: 30-34



Rev. Fr. Modeste Digwou
 Cathedral Administrator
 (340) 203-0607



Rev. Fr. Julio Cesar Faes
 Vice-Chancellor
 Director of Diocesan Office of Family Life
 Diocesan Coordinator for the Hispanic Ministry

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Pray without ceasing

1 Thessalonians 5:17

SPIRITUAL COMMUNION

My Jesus, I believe that You are present in all things and desire You in my soul. Since I cannot now receive You in the Sacrament, come spiritually into my heart. I embrace You and unite myself wholly to You; do not permit me ever to be separated from You.
 Amen.

(St. Alphonsus de Liguori)



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NEW YEAR GREETINGS!

Dear Parishioners of Ss. Peter and Paul Cathedral:

HAPPY NEW YEAR 2023 to each and everyone. May it be a Holy and Prosperous one for All. I wish to extend heartfelt gratitude to you all, for your prayers, thoughts and condolences shown to me during that hard and difficult moment in my life. It was not easy to accept that my mother died, since I was not around to see her in a sick bed. But you all helped and encouraged me to accept her passing away. Thank you so much. Please continue to pray for me and my family. May God bless and reward you abundantly.

*Sincerely,
Sr. Marie Elisabeth Wirnkar,
Daughters of the Holy Family of Bafoussam*

ANNOUNCEMENTS

250TH JUBILEE MAN POT COOK-OFF CHALLENGE

The Catholic Diocese 250th Jubilee Committee is inviting all parishioners, family, friends and the public to the Jubilee Man Pot Cook-Off Challenge on Sunday February 5, 2023, 2:00pm – 5:00pm, in the Sts. Peter & Paul School Courtyard. The Man Pot is a friendly cooking competition among male cooks in one of the five (5) following categories: Appetizers, Main Dish (Meats, Chicken, Seafood and Vegan), Soups, Side Dishes and Dessert. Participants dishes will be tasted and rated by Man Pot attendees. We are still looking for males to compete. Come and enjoy an afternoon of family friendly fun, food, and games and be entertained by the SP&P School Steel Band. Admission is FREE and tickets can be purchased for food tasting and drinks. Contact Lita Daniel (340-244-2448) or Debra Gottlieb (340-513-4817) for additional information.

CATHOLIC SCHOOL WEEK JAN 29- FEB. 3, 2023

Sunday, January 29, 2023 – **Holy Mass**
Monday, January 30, 2023 – **Walking Together in Faith**
Tuesday, January 31, 2023 – **Walking Together in Love**
Wednesday, February 1, 2023 – **Walking Together to Celebrate Our World**
Thursday, February 2, 2023, **Walking Together to Transform Our World**
Friday, February 3, 2023 – **Walking Together in Hope**
(activities to follow Monday - Friday)

Volunteer:
We are seeking a volunteer to assist in the sacristy here at the Cathedral. Anyone interested in volunteering please contact the Church office.

Choir:
On Sunday, February 5, 2023, the St. Bartholomew Church Choir from Bethesda, Maryland, will perform at the 10:30 a.m. mass along with our Senior Choir.

Altar Servers:
We encourage parents to have their children participate in church ministries, especially as altar servers.

Repairs:
Within the past three weeks, repairs are underway here at the Cathedral and will continue until completion. We apologize for any inconvenience while these repairs are in progress.

MASS INTENTIONS

- SATURDAY, January 28, 2023**
7:00 AM - † Anastasie Thomas - Rb. family and friends.
4:30 PM – † Constance Strickland – Rb. St. Patrick’s Manor Nursing Home
- SUNDAY, January 29, 2023**
6:30 AM- Charmaine Alexander – Birthday Blessings – Rb. Bellott and Alexander families
8:30 AM- Sr. Adele and Sr. Sylvérine – Rb. a parishioner
10:30 AM - Aurea and Edwin Olive – Rb. Connell and Watlington families
12:15 PM – People of the parish
- MONDAY, January 30, 2023**
6:45 AM - † Gerald Nicholson – Rb. His family in memory of his 100th birthday
- TUESDAY, January 31, 2023**
6:45 AM – Bill and Rita Fitzgerald – Rb. their family
- WEDNESDAY, February 1, 2023**
6:45 AM – † Marianne Anderson – Rb. St. Patrick’s Manor Nursing Home
12:15 PM- † James M. Sibilly II – Rb. Agnes and family Virginia Cuffy – Birthday – Rb. Lady B and Sara Connell
- THURSDAY, February 2, 2023**
6:45 AM - † Francis Laville – Rb. family and friends
- FRIDAY, February 3, 2023**
6:45AM - † Henry Jean Baptiste- Rb. family and friends
- SATURDAY, February 4, 2023**
7:00 AM - † Francis Laville – Rb. Shirley Laville
4:30 PM – Holy Souls in Purgatory – Rb. Serge LaPlace

JUBILEE YEAR PRAYER

In preparation for the 250th Anniversary of presence in this territory

Eternal Father, In this, the Jubilee Year of Saints Peter and Paul Cathedral, we praise you for all blessings we have received over the past 250 years of our existence. We bless you for the lives of all those who throughout the centuries, have helped build this vibrant community of love and service. May they rest eternally in Your divine and merciful presence. We give you thanks for all the people who gather in this Cathedral to worship you, striving to turn away from sin and follow the teachings of the faithful disciples of your Son Jesus- Christ. May Your Holy Spirit continue to lead us on the path of faith, hope, and charity, so that in every aspect of our lives, and inspired by the example of our patron saints Peter and Paul, we may always be joyous witnesses of Jesus Christ in the world. Amen

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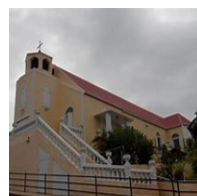
MASSES

Weekend: Saturday 5:00P.M.; Sunday 8:00A.M.

Weekdays: Monday to Friday 5:00 P.M.

CONFESSION

15 minutes prior to the start of mass or by appointment



Cuarto Domingo del Tiempo Ordinario

Primera lectura: Sofonías 2: 3, 3: 12-13
 Salmo responsorial: Salmo 146: 6-10
 Segunda lectura: 1 Corintios 1:26-31
 Evangelio: Mateo 5: 1-12a

MEDITACIÓN
 Las Bienaventuranzas

Brethen:
 En este 4º domingo ordinario del año A, escuchamos en el Evangelio la enseñanza de Jesús en la Montaña, basada en las Bienaventuranzas, como guía moral para los discípulos de Cristo. En la primera lectura, el profeta Sofonías está exasperado. En el tiempo del rey Josías de Judá, notó la influencia asiria en las filas de los gobernantes y poderosos del reino, mientras que los humildes permanecieron en su pobreza. Esta situación no puede mejorarse. Él no ve otra solución que la destrucción total cuando Dios venga, en Su "día". Sólo los humildes de la tierra, aquellos que buscan al Señor y se ajustan a Él, no serán afectados por esta desgracia en el día del Señor. En la segunda lectura, Pablo reaccionó a las divisiones que acabamos de señalarle en la joven comunidad de Corinto (ver la 2ª lectura del domingo pasado). Cuando miramos la cruz de Cristo, las divisiones en torno a los principales fundadores de las comunidades no tienen sentido. Sólo Jesús el crucificado es Cristo el Señor. El apóstol continúa su meditación alrededor de la cruz: "El lenguaje de la cruz es necesidad para aquellos que corren a perder. Y para aquellos que corren a la salvación, para nosotros, es el poder de Dios... Nuestro grito es un Mesías crucificado". La cruz es la necesidad y la debilidad de Dios. Pero la necesidad de Dios es más sabia que la humanidad. La debilidad de Dios es más fuerte que la humanidad. En el Evangelio, Jesús ve a la multitud siguiéndolo y subiendo a la montaña. Uno podría preguntarse de dónde viene esta multitud y dónde está la montaña. Pero la vaguedad sirve a la perspectiva de Mateo que cuenta la escena. La multitud es simbólica de todos aquellos que después de Pascua escucharán las palabras de Cristo. El evangelio no está destinado a unos pocos iniciados, sino a la multitud. La montaña evoca la "montaña" bíblica por excelencia, el Sinaí, donde Dios le dio a Moisés su Torá, en otras palabras, su dirección. Las Bienaventuranzas, en Mateo, insisten principalmente en actitudes: ser pobres de corazón, mansos, tener hambre y sed de justicia, ser misericordiosos, ser un corazón puro, ser pacificador. El evangelista escribe su evangelio para los discípulos confirmados de Cristo. Puesto que han dado su confianza al Resucitado, ahora se trata de buscar cómo vivir esta confianza: ser pobres de corazón, mansos... Es una línea de conducta para los seguidores de Cristo, tal como la Torá lo fue una vez para el pueblo israelí en su marcha en el desierto hacia la tierra prometida. etc. La última bienaventuranza, mucho más desarrollada, también se encuentra en Lucas y desafía directamente a los oyentes. Está dirigido a los cristianos que están experimentando oposición o persecución y los invita a mantenerse firmes. Pidamos al Señor que nos conceda la gracia de vivir verdaderamente las bienaventuranzas para convertirnos un día en herederos de su reino de gloria. Amén

Reverendo Padre Modeste Digwou

ANUNCIOS

250º JUBILEE MAN POT COOK-OFF CHALLENGE
 El Comité del Jubileo 250 de la Diócesis Católica está invitando a todos los feligreses, familiares, amigos y al público al Jubilee Man Pot Cook-Off Challenge el domingo 5 de febrero de 2023, de 2:00 p.m. a 5:00 p.m., en el patio de la Escuela Sts. Peter & Paul. The Man Pot es una competencia de cocina amistosa entre cocineros masculinos en una de las cinco (5) siguientes categorías: Aperitivos, Plato Principal (Carnes, Pollo, Mariscos y Vegano), Sopas, Guarniciones y Postres. Los platos de los participantes serán degustados y valorados por los asistentes a Man Pot. Todavía estamos buscando hombres para competir. Venga y disfrute de una tarde de diversión, comida y juegos para toda la familia y diviértase con la SP&P School Steel Band. La entrada es GRATUITA y se pueden comprar boletos para degustación de comida y bebidas. Comuníquese con Lita Daniel (340-244-2448) o Debra Gottlieb (340-513-4817) para obtener información adicional.

Taller Bíblico:
 Continuamos con el taller de Biblia los martes a las 5:30pm. Todos están invitados. Los lectores es parte fundamental de su formación, por tanto todos deben asistir.

Coro:
 Se está formando el coro, por favor únete al grupo el martes a las 7:00pm. Si alguien toca la guitarra, por favor venga al ensayo.

Grupo de oración:
 El grupo de oración se reúne los jueves a las 7:00pm. No olviden participar. La oración nos lleva al compromiso de ser más fieles a Dios.

SEMANA DE LA ESCUELA CATÓLICA 2023
 Domingo, 29 de enero de 2023 – Asistencia a la Santa Misa para todos los estudiantes

Lunes, 30 de enero de 2023 – Caminando juntos en la fe
 Martes, 31 de enero de 2023 – Caminando juntos en amor
 Miércoles, 1 de febrero de 2023 – Caminando juntos para celebrar
 Jueves, 2 de febrero de 2023, Caminando juntos para transformar nuestro mundo
 Viernes, 3 de febrero de 2023 – Caminando juntos en esperanza (actividades a seguir de lunes a viernes)

Voluntario:
 Estamos buscando un voluntario para ayudar en la sacristía aquí en la Catedral. Cualquier persona interesada en ser voluntaria, comuníquese con la oficina de la Iglesia.

Coro:
 El domingo 5 de febrero de 2023, el Coro de la Iglesia de San Bartolomé de Bethesda, Maryland, actuará en la misa de las 10:30 a.m. junto con nuestro Coro Senior.

Monaguillos:
 Alentamos a los padres a que sus hijos participen en los ministerios de la iglesia, especialmente como monaguillos.

Reparaciones:
 En las últimas tres semanas, las reparaciones están en marcha aquí en la Catedral y continuarán hasta su finalización. Nos disculpamos por cualquier conveniencia mientras estas reparaciones están en curso.

NUESTRA IGLESIA Y NUESTRA ESCUELA SON AMBIENTES SEGUROS:

Todos estamos comprometidos con la protección de los niños en nuestras instituciones. Si nota algún comportamiento nocivo hacia nuestros hijos, no dude en ponerse en contacto con nosotros lo antes posible. Gracias.

OUR CHURCH AND OUR SCHOOL ARE SAFE ENVIRONMENTS:

We are all committed to the protection of the children in our institutions. If you notice any harmful behavior toward our children, do not hesitate to contact us as soon as possible. Thank you.

SECOND COLLECTION WILL BE TAKEN AS FOLLOWS:

January 29, 2023-Catholic Education
 February 5, 2023 - Black and Indian Mission Office

OFFERTORY / OFERTORIO

Last week's offertory amounted to:
 La ofrenda de la semana pasada sumó a:

January 22, 2023		
4:30 PM	\$ 700.00	\$ 443.00
6:30 AM	\$ 925.00	\$ 245.00
8:30 AM	\$ 1,669.00	\$ 576.00
10:30 AM	\$ 1,418.85	\$ 545.00
12:15 PM	\$ 286.00	\$ 191.15
TOTAL	\$ 4,998.85	\$ 2,000.15
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MONTH OF DECEMBER 2022

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OTHER INCOME	\$12,156.30	UTILITIES	\$12,976.43
DONATION/CONTRIBUTION	\$32,610.66	(WAPA, TELEPHONE, INTERNET)	
		HEALTH INSURANCE	\$ 625.00
			\$28,851.43
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ROY SCHNEIDER HOSPITAL

The hospital does not notify us when Catholics are in the hospital. Please call the parish office to inform us of a Catholic in the hospital who needs to have a priest visit. Thank you!



OFF-ISLAND

BISHOP HERBERT A. BEVARD
 FR. SIMON PETER OPIRA
 FR. JOHN SOLOMON
 JANET BENSON
 RENEL BREDY
 JOYCE CORREA
 CELESTINE DAVIS
 PRISCA DAVIS
 ALBERTA FOY
 LAVERNE FRANCIS
 DELTA GEORGE
 JOSEPH HODGE
 WINIFRED HODGE
 RITA KING
 DOREEN PIERRE LOUIS
 STEPHANY LOUZAN
 GWYNNETH MOOLEAAR
 JOSEPHINE NOCH
 FELIX O'NEAL
 RAMÓN ORTIZ
 MIRIAM GARCIA RIJO
 ROSE ROBERTS
 VENIA SAKHRANI
 CARLOS SÁNCHEZ
 CÉSAR JULIO TIRADO
 LIAN VÁZQUEZ



CATHECHESIS

Explain to me: "Mountain"

In the world of religions, the "mountain", presumably because it touches the heavens, the habitat of the gods, often serves as a setting for divine manifestations. In the book of Exodus, it is on the mountain of Sinai that Moses receives the tablets of the Torah or Law and becomes the prophet of God. The evangelists Matthew and Luke tell how Jesus on the mountain or descending the mountain instruct the crowd. They keep quiet about the name of this mountain. This voluntary silence allows the rapprochement with Sinai: Jesus is the prophet like Moses that God had promised (Deuteronomy 18,15-18). But he is more than Moses, he is "The Word who came to dwell among us", Saint John will say. All the big decisions of Jesus were made on the mountain or when He came down from the mountain after His prayer.

Reverend Father Modeste Digwou

E-GIVING:
 Please fill out the E-Giving Enrollment Form at the parish office, if you prefer to send your offertory donations using automatic payments from:
 * your Checking/Saving account. * your PayPal account.
 * your Credit or Debit card. * a Bank-to-Bank transfer.

RECOMMENDED PRACTICES FOR THE COVID-19 PANDEMIC

Please be aware that during the COVID-19 pandemic, we recommend the following practices:

1. Wear a face covering in the cathedral.
2. Sanitize your hands.
3. Attempt to maintain a social distance of six feet.
4. Consider receiving Holy Communion in the hand.