

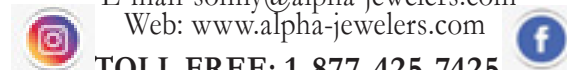


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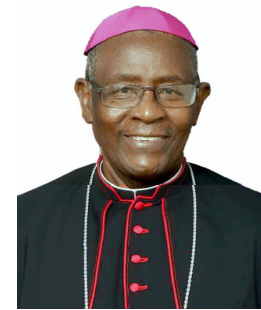
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March 12, 2023

Third Sunday of Lent



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Rev. Fr. Modeste Digwou
 Rev. Fr. Andrew Lesko

DEACONS

Rev. Mr. Wilfredo Acosta (Retired)
 Rev. Mr. Dan Daniel
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Saturday: 7:00AM, 4:30PM (Vigil Mass)
 Sunday: 6:30AM, 8:30AM, 10:30AM,
 and 12:15PM (Spanish)

WEEKDAYS

Monday to Friday: 6:45AM
 Wednesday: 12:15PM

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 Wednesday from 7:30AM - 12:00PM
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 Wednesday before Masses

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Third Sunday of Lent

First Reading: Exodus 17: 3-7
Responsorial Psalm: Psalm 95: 1-2, 6-9
Second Reading: Romans 5:1-2, 5-8
Gospel: John 4: 5-42 or 4: 5-15, 19b-26, 40-42

MEDITATION

**Message of Pope Francis for Lent 2023
 Lenten Penance and the Synodal Journey (continued)**

The Lenten journey of penance and the journey of the Synod alike have as their goal a transfiguration, both personal and ecclesial. A transformation that, in both cases, has its model in the Transfiguration of Jesus and is achieved by the grace of his paschal mystery. So that this transfiguration may become a reality in us this year, I would like to propose two “paths” to follow in order to ascend the mountain together with Jesus and, with him, to attain the goal.

The first path has to do with the command that God the Father addresses to the disciples on Mount Tabor as they contemplate Jesus transfigured. The voice from the cloud says: “Listen to him” (Mt17:5). The first proposal, then, is very clear: we need to listen to Jesus. Lent is a time of grace to the extent that we listen to him as he speaks to us. And how does he speak to us? First, in the word of God, which the Church offers us in the liturgy. May that word not fall on deaf ears; if we cannot always attend Mass, let us study its daily biblical readings, even with the help of the internet. In addition to the Scriptures, the Lord speaks to us through our brothers and sisters, especially in the faces and the stories of those who are in need. Let me say something else, which is quite important for the synodal process: listening to Christ often takes place in listening to our brothers and sisters in the Church. Such mutual listening in some phases is the primary goal, but it remains always indispensable in the method and style of a synodal Church. On hearing the Father’s voice, the disciples “fell prostrate and were very much afraid. But Jesus came and touched them, saying, ‘Rise, and do not be afraid.’ And when the disciples raised their eyes, they saw no one else but Jesus alone” (Mt 17:6-8). Here is the second proposal for this Lent: do not take refuge in a religiosity made up of extraordinary events and dramatic experiences, out of fear of facing reality and its daily struggles, its hardships and contradictions. the resurrection.



Rev. Fr. Modeste Digwou
 Cathedral Administrator
 (340) 203-0607

MEDITATION

(continued)

The light that Jesus shows the disciples is an anticipation of Easter glory, and that must be the goal of our own journey, as we follow “him alone”. Lent leads to Easter: the “retreat” is not an end in itself, but a means of preparing us to experience the Lord’s passion and cross with faith, hope and love, and thus to arrive at Also, on the synodal journey, when God gives us the grace of certain powerful experiences of communion, we should not imagine that we have arrived – for there too, the Lord repeats to us: “Rise, and do not be afraid”. Let us go down, then, to the plain, and may the grace we have experienced strengthen us to be “artisans of synodality” in the ordinary life of our communities.

Dear brothers and sisters, may the Holy Spirit inspire and sustain us this Lent in our ascent with Jesus, so that we may experience his divine splendor and thus, confirmed in faith, persevere in our journey together with him, glory of his people and light of the nations.

Pope Francis



**DAILY READINGS
 THIRD WEEK OF LENT**

Monday, March 13, 2023

First Reading: 2 Kings 5: 1-5ab
 Responsorial Psalm: Psalm 42: 2, 43: 3,4
 Gospel: Luke 4: 24-30

Tuesday, March 14, 2023

First Reading: Daniel 3: 25, 34-43
 Responsorial Psalm 25: 4-9
 Gospel: Matthew 18: 21-35

Wednesday, March 15, 2023

First Reading: Deuteronomy 4: 1, 5-9
 Responsorial Psalm 147: 12-13, 15-16, 19-20
 Gospel: Matthew 5: 17-19

Thursday, March 16, 2023

First Reading: Jeremiah 7: 23-28
 Responsorial Psalm: 95: 1-2, 6-9
 Gospel: Luke 11:14-23

Friday, March 17, 2023

Saint Patrick

First: Hosea 14: 2-10
 Responsorial Psalm: Psalm 81: 6c-11b, 14,17
 Gospel: Mark 12: 28-34

Saturday, March 18, 2023

Saint Cyril of Jerusalem

First Reading: Hosea 6: 1-6
 Responsorial Psalm: Psalm 51: 3-4, 18-21ab
 Gospel: Luke 18: 9-14

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1 Thessalonians 5:17

SPIRITUAL COMMUNION

My Jesus, I believe that You are present in all things and desire You in my soul. Since I cannot now receive You in the Sacrament, come spiritually into my heart. I embrace You and unite myself wholly to You; do not permit me ever to be separated from You.

Amen.

(St. Alphonsus de Liguori)



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PRAYER FOR LENT

Lord my God, give my heart to desire you; in desiring you, to seek you; in seeking you, to find you; in finding you, to love you; and in loving you, to redeem my faults; and once redeemed, to commit them no more. Lord my God, give my heart penance, my mind repentance, my eyes the source of tears, and my hands the largesse of alms. You who are my King, extinguish in me the desires of the flesh, and kindle the fire of your love. You who are my Redeemer, drive out of me the spirit of pride, and grant me the spirit of your humility. You who are my Savior, remove from me the fury of anger, and may your kindness grant me the shield of patience. You who are my Creator, uproot from my soul resentment, and pour into it the sweetness of spirit. Give me, Most Good Father, a solid faith, a sure hope and an unfailing charity. You who lead me, remove from me the vanity of the soul, the fickleness of the mind, the error of the heart, the flattery of the mouth, the pride of the eyes. O God of mercy, I ask you through your beloved Son, give me to live mercy, application to piety,

PASTORAL SERVICES FOR THE COMMUNITY

SACRAMENT OF BAPTISM:

Baptisms are generally held on the last Sunday of the month. Requests for a different date and time will be honored to the extent possible. Parents and sponsors who have not yet received the required baptismal instruction are expected to do so by attending our baptismal preparation program. Call the parish office well in advance so that class arrangements can be made.

SACRAMENT OF MARRIAGE:

Anyone wishing to have his or her wedding celebrated at Saints Peter and Paul Cathedral must contact the parish office 9-12 months prior to the celebration and talk to a priest for pre-wedding counseling. Please visit our website www.cathedralvi.org or call us at 340-774-0201. The Sacrament of Marriage is generally celebrated on a Saturday between the hours of 11:00AM and 2:00PM. Please contact the parish priest if you would like a different time for your wedding. (Note that Saturday mornings are reserved for cleaning and decorating the cathedral.)

VISITING AND ANNOINTING THE SICK:

If anyone in your family is sick or shut-in, please inform the parish office so that we can pray for them and arrange to visit them. Please note that the hospital does not notify us when Catholics are in the hospital. Please call the parish office to inform us of a Catholic in the hospital who needs to have a priest visit. Thank you!

FUNERAL MASSES:

Funeral Masses at Saints Peter and Paul Cathedral are held on the designated day at 9:30AM. Please make arrangements with the Church office before the funeral home to assure availability of the date requested. The Funeral Program should read "Christian Burial" on the cover. If you would like a different time, please contact the parish priest. Viewings will not take place inside the cathedral. Funerals generally are not held on weekends (Saturday or Sunday). Thank you for your cooperation.

**Saints Peter and Paul Catholic School
P.O. Box 301706
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Tel: (340) 774-5662/2199 Fax: (340) 777-5355**

**Mrs. Maria Daniel, MLIS, Principal
Sister Adele Gatsi, Assistant Principal**

Dear Parents, Parishioners, Alumni, Benefactors
Visitors, Well-wishers & Friends:

Blessings! Again, I am your humble servant, Mrs. Maria Jules-Daniel, Principal of Saints Peter and Paul Catholic School. I bring you Good News!

Before announcing our winners, I would like to thank:
- Home School Committee. Members:
a. Mrs. Sheila LaPlace and husband, in collaboration with Mrs. Janice LaPlace and husband;
b. Ms. Monique Simon, President of our Home School Association;
c. The Alumni Association under the directorship of Mrs. Carol Jackson-Simmonds, special mention goes to Aimee Galtes, Ywardia, Lita Daniel, just to name a few.

Honorary mention - Lucy St. Luce, Mrs. Lilia King, the Church Office, parishioners, and parents, who extended themselves to ensure we at least made the winning prizes.

- Our Student Musicians who comprise the full membership of our steel orchestra under the auspices of Mr. Sewer. Just to inform you, we received a donation from His Excellency towards purchasing pans so that the students can extend their talents to our school liturgy masses.

- AND our hard working and ever-faithful Parents, Faculty and of course, our wonderful students from Pre-Kindergarten to 12th Grade who participated at every level to make last night's return of our of Annual International Dinner the success that it did.

Without further delay, our winners were:

- 5th Prize: \$ 500.00 - Tkt. # 6030**
- 4th Prize: \$ 1,000.00 - Tkt. # 0281**
- 3rd Prize: \$ 1,500.00 - Tkt. # 3767**
- 2nd Prize: \$3,000.00 - Tkt. # 2717**
- 1st Prize: \$10,000.00 - Tkt. # 3113**

Thank you and God bless you all!!

United in Christ,
(Sgd) JMD
Mrs. J. Maria Jules-Daniel, MLIS
Principal

ANNOUNCEMENTS

Bishop's Appeal:

"Where there is a need, there is the Bishop's Appeal." Your gift to the Bishop's Appeal helps Catholic Charities to provide needed assistance to a fast-growing segment of our community, **THE HOMELESS**. Please give generously to this year's Appeal so that we can supply needed medicines and doctor visits for our impoverished and infirmed homeless in our community. For your convenience, you may choose to make a pledge now and spread your payments over several months. Donations may be made in the form of cash, check, credit card or direct online payments. Please fill out the form in the brochure and make your checks payable to "Diocese of St. Thomas". Please see the brochure for further information. Thank You!

Stations of the Cross:

During the Lenten Season, the Stations of the Cross will continue at 6:00 a.m. from Monday to Thursday and on Saturdays followed by morning mass.

Fridays Station of the Cross:

On Fridays, the Stations of the Cross will take place at 4:30 p.m. followed by mass and meditation on the seven last words of Jesus, the program is as follow: **Friday, March 10, 2023:** "Woman, this is your son. Son, this is your mother" (John 19:26-27). and "My God, my God, why have you forsaken me" (Mt 27:46)

Friday, March 17, 2023: "All the Scripture is fulfilled: I thirst" (Jn 19, 28). and "All is fulfilled" (Jn 19,30) **Friday, March 24, 2023:** Father, into your hands I commend my spirit" (Lk 23, 46).

Saints Peter & Paul Senior Choir:

We are seeking individuals willing to lend their voices in song at mass. You may say that you can't sing, but don't be bashful, we will help guide you. Join us at 10:30 a.m. mass and realize that you can truly sing out with us. Looking forward to seeing and hearing from you. **Call Mrs. Sara Connell at 340-514-0237 or come upstairs before the 10:30 a.m. mass.**

Baptism Classes:

Baptism preparation classes will be held on **March 22, and 23, 2023 at 5:30pm** at the Hospitality Lounge.

Marriage Preparation Class:

Marriage preparation class will be held on **March 25, 2023, at 6:00 p.m. in the Rector's Office.**

Cleaning of the Church:

We thank **Group A** for cleaning the church on March 11, 2023. On **March 18, 2023, Group B** will clean the church at 8:00 a.m. Group B consists of members of the Hispanic Community. Please contact the Church Office if you are interested in volunteering.

Holy Family Mission:

Holy Family Catholic Church is hosting a **Lenten Mission** on **March 20-24, 2023 at 6:30 p.m. to 8:30 p.m.** The Mission Theme is **Behold, I am Doing a New Thing**, with guest speaker **Father Brancker John of the Diocese of Dominica**. Everyone is invited.

ANNOUNCEMENTS

(continued)

Thank you:

The 250th Jubilee Committee is highly appreciative of the tremendous support which the four Catholic Churches on St. Thomas give to the Driving Tour of January 29, 2023. Historic Church properties dating back to the 1600's, which are located in the four quarters of Charlotte Amalia were visited. Interested parties included the Catholic, Dutch Reform, Moravian, and Lutheran Churches. Additionally, several congregation members give large financial donations which covered all of the events operating expenses; thanks to their generosity, the History Committee made a profit which consisted of over \$2,000.00; the money was donated to the Catholic Church. Feedback from the participants is that they found the Historic Church Tour to be highly educational. God's blessings; many thanks to one and all.

MASS INTENTIONS

SATURDAY, MARCH 11, 2023

7:00 AM- People of the Parish
4:30 PM- Nathalie, Emmanuel, Aniel, Annathar, and Aneil Alexander - God's Protection and Guidance
Rb. Nathalie Alexander

SUNDAY, MARCH 12, 2023

6:30AM- Albertha Foy - Rb. Avis and the entire Jules family
8:30 AM - Lee-Troy and Elmira - Rb. their mother
10:30 AM- Holy Souls in Purgatory -Rb. Denise LaPlace
12:15 PM - Priests of the Diocese

MONDAY, MARCH 13, 2023

6:45 AM- Sandra Carty - Rb. Carty, Farrington, and Sturdivant families

TUESDAY, MARCH 14, 2023

6:45 AM - Holy Souls in Purgatory - Rb. Marie Pascale

WEDNESDAY, MARCH 15, 2023

6:45 AM - Portia Norkaitis - Rb. her family
12:15 PM- Saints Peter and Paul School Staff & Students
Rb. a parishioner

THURSDAY, MARCH 16, 2023

6:45 AM- Marie T. de'Gout Bass - 90th Birthday
Rb. her children and family
† Deceased family and friends of Marie Pascale
Rb. Marie Pascale

FRIDAY, MARCH 17, 2023

4:30 PM-† Mathew Baker and deceased members of the family - Rb. Marie Pascale
† Teddy Larsen - Rb. Pearla Larsen and family

SATURDAY, MARCH 18, 2023

7:00 AM - People of the Parish
4:30 PM- Ariel Farrington - Rb. Carty, Farrington, and Sturdivant families

JUBILEE YEAR PRAYER

In preparation for the 250th Anniversary of presence in this territory

Eternal Father, In this, the Jubilee Year of Saints Peter and Paul Cathedral, we praise you for all blessings we have received over the past 250 years of our existence. We bless you for the lives of all those who, throughout the centuries, have helped build this vibrant community of love and service. May they rest eternally in Your divine and merciful presence. We give you thanks for all the people who gather in this Cathedral to worship you, striving to turn away from sin and follow the teachings of the faithful disciples of your Son Jesus- Christ. May Your Holy Spirit continue to lead us on the path of faith, hope, and charity, so that in every aspect of our lives, and inspired by the example of our patron saints Peter and Paul, we may always be joyous witnesses of Jesus Christ in the world. Amen

Tercer Domingo de Cuaresma

Primera lectura: Éxodo 17:3-7
Salmo responsorial: Salmo 95: 1-2, 6-9
Segunda lectura: Romanos 5:1-2, 5-8
Evangelio: Juan 4: 5-42 o 4: 5-15, 19b-26, 40-42

MEDITACIÓN

**Mensaje del Papa Francisco para Lent 2023
 La Penitencia cuaresmal y el camino sinodal
 (continuación)**

Tanto el camino cuaresmal de la penitencia como el camino del Sínodo tienen como objetivo una transfiguración, tanto personal como eclesial. Una transformación que, en ambos casos, tiene su modelo en la Transfiguración de Jesús y se realiza por la gracia de su misterio pascual. Para que esta transfiguración se haga realidad en nosotros este año, quisiera proponer dos “caminos” a seguir para ascender a la montaña junto con Jesús y, con él, alcanzar la meta.

El primer camino tiene que ver con el mandato que Dios Padre dirige a los discípulos en el Monte Tabor mientras contemplan a Jesús transfigurado. La voz de la nube dice: “Escúchalo” (Mt 17,5). La primera propuesta, entonces, es muy clara: necesitamos escuchar a Jesús. La Cuaresma es un tiempo de gracia en la medida en que lo escuchamos mientras nos habla. ¿Y cómo nos habla? Primero, en la Palabra de Dios, que la Iglesia nos ofrece en la liturgia. Que esa palabra no caiga en oídos sordos; si no siempre podemos asistir a misa, estudiemos sus lecturas bíblicas diarias, incluso con la ayuda de Internet. Además de las Escrituras, el Señor nos habla a través de nuestros hermanos y hermanas, especialmente en los rostros y las historias de los necesitados. Permítanme decir algo más, que es muy importante para el proceso sinodal: la escucha de Cristo a menudo tiene lugar escuchando a nuestros hermanos y hermanas en la Iglesia. Tal escucha mutua en algunas fases es el objetivo principal, pero sigue siendo siempre indispensable en el método y el estilo de una Iglesia sinodal. Al oír la voz del Padre, los discípulos “cayeron postrados y tuvieron mucho miedo. Pero Jesús vino y los tocó, diciendo: Levántense y no tengan miedo”. Y cuando los discípulos levantaron los ojos, no vieron a nadie más que a Jesús solo” (Mt 17, 6-8). He aquí la segunda propuesta para esta Cuaresma: no refugiarnos en una religiosidad hecha de acontecimientos extraordinarios y experiencias dramáticas, por miedo a afrontar la realidad y sus luchas cotidianas, sus penurias y contradicciones. La luz que Jesús muestra a los discípulos es una anticipación de la gloria pascual, y esa debe ser la meta de nuestro propio camino, mientras seguimos “solo a él”. La Cuaresma conduce a la Pascua: el “retiro” no es un fin en sí mismo, sino un medio para prepararnos para experimentar la pasión y la cruz del Señor con fe, esperanza y amor, y así llegar a la resurrección. Además, en el camino sinodal, cuando Dios nos da la gracia de ciertas experiencias poderosas de comunión, no debemos imaginar que hemos llegado, porque también allí nos repite el Señor:

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Todos estamos comprometidos con la protección de los niños en nuestras instituciones. Si nota algún comportamiento nocivo hacia nuestros hijos, no dude en ponerse en contacto con nosotros lo antes posible. Gracias.

MEDITACIÓN (continuado)

“Levántate y no tengas miedo”. Bajemos, pues, a la llanura, y que la gracia que hemos experimentado nos fortalezca para ser “artesanos de la sintonía” en la vida ordinaria de nuestras comunidades.

Queridos hermanos y hermanas, que el Espíritu Santo nos inspire y sostenga esta Cuaresma en nuestro ascenso con Jesús, para que podamos experimentar su esplendor divino y así, confirmados en la fe, perseverar en nuestro camino junto a Él, gloria de su pueblo y luz de las naciones.

Papa Francisco

ANUNCIOS

Apelación del obispo:

“Donde hay una necesidad, está la Apelación del Obispo”. Su donación a la Campaña del Obispo ayuda a Caridades Católicas a proporcionar la asistencia necesaria a un segmento de rápido crecimiento de nuestra comunidad, LAS PERSONAS SIN HOGAR. Por favor, donen generosamente a la Campaña de este año para que podamos suministrar los medicamentos necesarios y las visitas al médico para nuestras personas sin hogar empobrecidas y enfermas en nuestra comunidad. Para su comodidad, puede optar por hacer una promesa ahora y distribuir sus pagos durante varios meses. Las donaciones pueden hacerse en forma de efectivo, cheque, tarjeta de crédito o pagos directos en línea. Por favor llene el formulario en el folleto y haga sus cheques pagaderos a “Diócesis de St. Thomas”. Consulte el folleto para obtener más información. ¡Gracias!

Limpieza de la Iglesia:

Agradecemos al Grupo A por limpiar la iglesia el 11 de marzo de 2023. El 18 de marzo de 2023, el Grupo B limpiará la iglesia a las 8:00 a.m. El Grupo B está formado por miembros de la comunidad hispana. Por favor, póngase en contacto con la Oficina de la Iglesia si está interesado en ser voluntario.

Misión Sagrada Familia:

La Iglesia Católica de la Sagrada Familia está organizando una Misión de Cuaresma del 20 al 24 de marzo de 2023 de 6:30 p.m. a 8:30 p.m. El tema de la misión es He aquí, estoy haciendo algo nuevo, con el orador invitado Padre Bancker John de la Diócesis de Dominica. Todos están invitados.

Viernes Estación de la Cruz:

Los viernes, las Estaciones de la Cruz tendrán lugar a las 4:30 p.m. seguidas de misa y meditación sobre las siete últimas palabras de Jesús, el programa es el siguiente: Viernes, 10 de marzo de 2023: “Mujer, este es tu hijo. Hijo, esta es tu madre” (Juan 19:26-27). y “Dios mío, Dios mío, ¿por qué me has abandonado?” (Mt 27,46) Viernes 17 de marzo de 2023: “Toda la Escritura se ha cumplido: tengo sed” (Jn 19, 28). y “Todo se cumple” (Jn 19,30) Viernes, 24 de marzo de 2023: Padre, en tus manos encomiendo mi espíritu” (Lc 23,46).

OUR CHURCH AND OUR SCHOOL ARE SAFE ENVIRONMENTS:

We are all committed to the protection of the children in our institutions. If you notice any harmful behavior toward our children, do not hesitate to contact us as soon as possible. Thank you.

SECOND COLLECTION WILL BE TAKEN AS FOLLOWS:

March 12, 2023 - Catholic Education
 March 19, 2023 - Cathedral Maintenance & Enhancement



OFFERTORY / OFERTORIO

Last week's offertory amounted to:
 La ofrenda de la semana pasada sumó a:

March 5, 2023

4:30PM	\$ 544.00	\$ 237.00
6:30AM	\$ 1,043.00	\$ 231.00
8:30AM	\$ 1,113.00	\$ 508.00
10:30AM	\$ 1,466.00	\$ 569.00
12:15PM	\$ 377.00	\$ 171.00
TOTAL	\$ 4,543.00	\$ 1,716.00

Thank you for your donation!

Gracias por su donación.

KEEP OUR SICK & SHUT-INS IN PRAYER

PLEASE PRAY FOR THE FOLLOWING PARISHIONERS:

HOME OR NURSING HOME

- LENO ABRAHAM
- JENVILLE ANDREWS
- ORDETTE ANDREWS
- EDWIN ARROYO
- MONICA BIRKLEY
- EDRIS CALLWOOD
- DELITA DELAGARDE
- PRISCA DAVIS
- RITA DUNCAN
- DARIEL EVANS
- MICHAEL FARRINGTON
- JOKATA GARCIA
- MERCEDES GARCIA
- WILFRED GARDIER
- ALFREDO GASKIN
- ETLA V. GASKIN
- ERIC GRAF
- ESONIA HASSELL
- MILDRED HODGE
- KEITH JAMES
- EDITH LEBLANC
- BERECIA LEWIS
- GRACIELA MILLIN
- HUGO MOULON
- JOSEPH MORRELL
- ARACELY NICHOLSON
- JAMIE PEREZ
- LEIDA PIZARRO
- SONIA PIZARRO
- WALTON RAVARIERE
- PHYLLIS RODNEY
- CYRUS SAMPSON
- RAFAELA SANES
- PETRONA STANISLAUS
- CECILIA HILL-THOMAS
- LESTEL TURBE
- JOHN H. VENZEN
- ULRICA VIALET
- RUTH WALCOTT

ROY SCHNEIDER HOSPITAL

MARY GRIFFIN

The hospital does not notify us when Catholics are in the hospital. Please call the parish office to inform us of a Catholic in the hospital who needs to have a priest visit. Thank you!



OFF-ISLAND

- BISHOP HERBERT A. BEVARD
- FR. SIMON PETER OPIRA
- FR. JOHN SOLOMON
- JANET BENSON
- RENEL BREDY
- JOYCE CORREA
- CELESTINE DAVIS
- PRISCA DAVIS
- ALBERTA FOY
- LAVERNE FRANCIS
- DELTA GEORGE
- MAURITZER Y. GUMBS
- JOSEPH HODGE
- WINIFRED HODGE
- RITA KING
- STEPHANY LOUZAN
- GWYNNETH MOOLEAAR
- JOSEPHINE NOCH
- FELIX O'NEAL
- RAMÓN ORTIZ
- MIRIAM GARCIA RIJO
- ROSE ROBERTS
- VENIA SAKHRANI
- CARLOS SANCHEZ
- CÉSAR JULIO TIRADO
- LIAN VÁZQUEZ



CATECHESIS

LIVING THE LENT IN SHARING, FASTING AND FORGIVENESS

With Lent, we contemplate the mystery of our faith: Jesus died and rose for us. During this period, Christians draw closer to the Lord to benefit from the graces that this time brings, because Lent is first and foremost a time of grace and salvation. Entering into the heart of the Lord and letting Him enter into ours, is done, among other things, by the “3Ps” (Prayer, Sharing and Forgiveness) that we apply ourselves to live more intensely. **Prayer:** Lent is a privileged time to find the path of prayer. Prayer is a time to take care of our relationship with God, so that it becomes a light that illuminates our thoughts, our actions, and our words. In our parish, the Lenten conferences and catechesis every Friday after the Way of the Cross during the mass on the last seven words of Jesus on the cross. Prayer, listening and sharing the Word of God, Eucharistic Adoration, confessions, rosary, teachings.... Also note that on the night of Holy Thursday to Good Friday, we will spend two to three hours of adoration in the cathedral, each of us giving one hour of our night for this personal encounter with Christ present in the Eucharist. **Almsgiving:** Fasting without sharing does not make much sense. The purpose of fasting is to bring us closer to God and to others. In Jesus, God shared our humanity even in its most dramatic aspect: death. But he overcame it with his love. He died for our sin and conquered death by his Resurrection. If God offered Himself and suffered for us, He invites us to lean towards the suffering, the poor, the weakened of our world to overcome evil with Him, thus building a more just and fraternal world. We are all called, in our families. **Forgiveness:** Jesus, who is without sin, wanted to die for the sinners that we are, in order to free us from sin and death. Lent is a time when we are called to come a little closer to the merciful heart of Jesus by living the sacrament of forgiveness, by making gestures of forgiveness and reconciliation among ourselves. The Church invites Christians never to experience Easter without going to confession. I strongly invite you to live the sacrament of forgiveness and reconciliation during this Lenten season. A penitential celebration is planned every Friday during the Way of the Cross and every Wednesday at 11:45am, with the presence of several priests from our deanery. Confessions will also be widely offered on Holy Thursday during the night adoration. To contemplate the Dead and Risen Christ. We do this by praying especially with two catechumens who will be baptized during the Easter Vigil.

Rev. Fr. Modeste Digwou

E-GIVING:

Please fill out the E-Giving Enrollment Form at the parish office, if you prefer to send your offertory donations using automatic payments from:
 * your Checking/Saving account. * your PayPal account.
 * your Credit or Debit card. * a Bank-to-Bank transfer.

RECOMMENDED PRACTICES FOR THE COVID-19 PANDEMIC

Please be aware that during the COVID-19 pandemic, we recommend the following practices:

1. Wear a face covering in the cathedral.
2. Sanitize your hands.
3. Attempt to maintain a social distance of six feet.
4. Consider receiving Holy Communion in the hand.