**RESOURCES for REDPILLING, AWAKENING, HEALING**

**The First Steps: Dark to Light**
"You never change things by fighting the existing reality.

To change something, build a new model that makes the existing model obsolete." - Buckminster Fuller <https://www.instagram.com/p/B_fOabQJKVN>

 **Videos, Testimonials, Text**

Ronald Bernard ~ Fmr. Dutch Banker (ITNJ Seating) <https://youtu.be/EyNlhuCJPTo>

Ronald Bernard - The Declaration of Peace <https://youtu.be/QFQOImEQRZk>

Please read, sign and share the Declaration of Peace <https://unitedpeople-foundation.org/movement-en>

Anneke Lucas: I Was a Sex Slave to Europe's Elite at Age 6 <https://youtu.be/zQFOrwyFopA>

Kristy Allen ~ MK Ultra, SRA Survivor (ITNJ Seating) <https://youtu.be/ixHC8lm82Qg>

Jay Parker ~ SRA Survivor Testimony (ITNJ Seating) <https://youtu.be/r1djstPQMo0>

Out of Shadows (film) <https://www.bitchute.com/video/C9wHYkChNVB2>

PEDOGATE 2020 | IN-DEPTH EXPLORATION (NEW INFO) <https://www.bitchute.com/video/m4uPgLMVI_g>

PEDOGATE 2020 PT.II - TOM HANX (NEW INFO) <https://www.bitchute.com/video/SvAUa1FcvDk>

PEDOGATE 2020 PT.3 - SYMBOLISM & PIZZAGATE 2.0 <https://www.bitchute.com/video/kftvQhTH08U>

MASSIVE PEDOPHILE NETWORK EXPOSED: WHAT DOES NETFLIX'S "CUTIES" HAVE TO DO WITH IT? <https://www.bitchute.com/video/WiNKpTVTPce4>

ELITE HUMAN TRAFFICKING [VOL. 1] - GHISLAINE MAXWELL'S TERRAMAR PROJECT <https://www.bitchute.com/video/v0dsbPnTdlwH>

ELITE HUMAN TRAFFICKING [VOL.2] - ART IN EMBASSIES <https://www.bitchute.com/video/ppV7axR2ccET>

Church Pedophiles & Child Sex Trafficking Nests Intersect by The Thousands https://www.coreysdigs.com/church-pedophiles/church-pedophiles-child-sex-trafficking-nests-intersect-by-the-thousands

Crazy Days and Nights (names in “Blind Items Revealed”) <https://www.crazydaysandnights.net>

Crazy Days and Nights? I’d Say… by Tracy Beanz <https://www.youtube.com/watch?v=g7xN6glhUs4>

Hollywood Child Protection Act Ignored; Here’s Why It Is Important <https://deadline.com/2018/04/hollywood-child-labor-law-california-permit-database-ignored-1202379257>

Leaked ABC News (Disney) Insider Recording EXPOSES #EpsteinCoverup "We had Clinton, We had Everything"
<https://youtu.be/3lfwkTsJGYA>

Jeffrey Epstein’s Hollywood Pipeline Ran Straight to Harvey Weinstein
https://www.thedailybeast.com/jeffrey-epsteins-hollywood-pipeline-ran-straight-to-harvey-weinstein

How Jeffrey Epstein Bought His Way Into An Exclusive Intellectual Boys Club <https://www.buzzfeednews.com/article/peteraldhous/jeffrey-epstein-john-brockman-edge-foundation> <http://archive.is/RlEXi>

"Indeed, humans are, at the start of our lives, among the most uniquely useless creatures in the entire animal kingdom." <https://www.edge.org/response-detail/27178> <https://archive.is/1CPE2>

When I asked what she thought of the underage girls, she looked at me and said, ‘they’re nothing, these girls. They are trash.’ <https://www.vanityfair.com/news/2019/08/the-mystery-of-ghislaine-maxwell-epstein-enabler>

Ghislaine Maxwell Bragged About ‘Pal’ Jeff Bezos <https://www.thedailybeast.com/ghislaine-maxwell-bragged-about-pal-jeff-bezos> <http://archive.is/RlEXi>

Bill Gates Met With Jeffrey Epstein Many Times, Despite His Past <https://www.nytimes.com/2019/10/12/business/jeffrey-epstein-bill-gates.html> <http://archive.is/jAliJ>

People Contributing to Edge.org (Search letter "B" for Bezos and "G" for Gates among others) <https://www.edge.org/people> <http://archive.is/1uCQQ>

**Links, Books, Video Resources for Awakening, Healing (you can find these books on other platforms)**

We are born creative geniuses and the education system dumbs us down <https://ideapod.com/born-creative-geniuses-education-system-dumbs-us-according-nasa-scientists>

A Library for Redpilling <https://www.coreysdigs.com/u-s/a-library-for-redpilling>

GREAT RESOURCE for fact-based evidence reporting with deep-dives and timelines of events. <https://www.coreysdigs.com>

THRIVE: What On Earth Will It Take? <https://youtu.be/lEV5AFFcZ-s>

What Are You? What Are You Really? <https://www.coreysdigs.com/consciousness/what-are-you-what-are-you-really>

Out of Shadows, The Hollywood Cult & The Solution Feat. Film Producer John Paul Rice <https://youtu.be/IbP8VRHEzxM>

The Roots of Violence by Alice Miller <https://www.alice-miller.com/en/the-roots-of-violence>

The Roots of Violence are Not Unknown <http://www.alice-miller.com/en/the-roots-of-violence-are-not-unknown/3>

Drama of the Gifted Child by Alice Miller <https://www.amazon.com/Drama-Gifted-Child-Search-Revised/dp/0465016901>

For Your Own Good: Hidden Cruelty in Child-Rearing and the Roots of Violence by Alice Miller <https://www.amazon.com/Your-Own-Good-Child-Rearing-Violence/dp/0374522693>

The Body Never Lies: The Lingering Effects of Hurtful Parenting by Alice Miller <https://www.amazon.com/Body-Never-Lies-Lingering-Parenting/dp/0393328635>

Paul McKenna Official | The Havening Technique <https://youtu.be/09IDxrXAi2s>

Fifteen Minutes to Freedom: The Power and Promise of Havening Techniques <https://www.amazon.com/Fifteen-Minutes-Freedom-Havening-Techniques/dp/1542581176>

EFT tapping (various sources) <https://www.youtube.com/results?search_query=EFT+tapping>

Matrix Reimprinting using EFT: Rewrite Your Past, Transform Your Future by Karl Dawson and Sasha Allen <https://www.amazon.com/Matrix-Reimprinting-using-EFT-Transform/dp/1848502494>

What is Matrix Reimprinting? <https://www.matrixreimprinting.com/what-is-matrix.aspx>

There's so much more but this is the foundation to build from. In the end, LOVE WINS.

Be a force of CREATION, rather than DESTRUCTION.

