

MASTER CONSENT AGREEMENT

Halotherapy | BrainTap® | HRV Assessment | Furry Guest Pass

Section 1: Halotherapy (Salt Therapy)

Halotherapy is a non-invasive wellness experience conducted in a controlled salt room environment. Guests rest comfortably while breathing dry, pharmaceutical-grade salt dispersed using a halogenerator. Sessions are quiet and designed to support relaxation and overall wellness. Halotherapy does not diagnose, treat, cure, or replace medical care.

Preparation & Best Practices:

- Wear comfortable clothing.
- Avoid heavy perfumes or scented lotions.
- Arrive hydrated.
- Remove shoes before entering the salt room.
- Socks may be worn or disposable foot coverings are available.

Safety & Contraindications (check any that apply):

- Contagious respiratory illness (fever, infection, flu, COVID-like symptoms)
- Uncontrolled asthma or current flare
- Severe respiratory conditions
- Active tuberculosis
- Severe unmanaged hypertension
- Recent lung surgery or chest trauma
- Open wounds or skin infections
- Known salt sensitivity
- I confirm I am not currently experiencing symptoms of contagious illness.

Operational Age Policy:

- Infants under 6 months are not permitted.
- Children 6 months–2 years require pediatric awareness and supervision.
- Children under 18 must be accompanied by a guardian.
- I acknowledge and agree to the Halotherapy policies above.

Section 2: BrainTap® & HRV Assessment

BrainTap® is a non-invasive audio-visual relaxation experience using guided audio, rhythmic tones, and LED light stimulation. HRV assessment measures autonomic nervous system patterns related to stress and recovery. HRV is a wellness screening and not a diagnostic medical test. Data may use AI-assisted interpretation and individual results vary.

Preparation Guidelines:

- Avoid caffeine immediately before your session.
- Eat lightly and avoid heavy meals.
- Remove eyewear if comfortable.
- Silence mobile devices.
- Inform your wellness guide of light or sound sensitivities.

Aftercare Recommendations:

- Stand slowly and allow time to reorient.
- Drink water.
- Avoid immediately returning to high-stimulation environments.

Acknowledgments (check any that apply):

- Individual responses vary and no outcomes are guaranteed.
- HRV data may be processed using AI-assisted tools and may be subject to error.
- BrainTap® should not be used while driving.
- History of seizures or epilepsy.
- Recent concussion or brain injury.
- Implanted electronic medical devices without clearance.
- Severe vertigo or migraines.
- Untreated mental health conditions.
- I acknowledge and agree to the BrainTap® & HRV policies above.

Minor Participation

Is the participant under 18 years of age? Yes ___ No ___

Minor Participant Full Name: _____

- I confirm I am the legal guardian or responsible adult and accept full responsibility.

Furry Guest Pass – Dog Information (If Applicable)

Is a dog attending this session? Yes ___ No ___

Printed Name of Dog: _____

Breed: _____

- Only one dog is attending.
- A \$23 Furry Guest Pass fee applies.
- Dog is free of fleas, ticks, or contagious conditions.
- I accept full responsibility for my dog.
- I agree to reimburse for damages.
- Halotherapy for dogs does not replace veterinary care.

Photography & Testimonial Release

Mobile Salt & Wellness Center may capture photographs, video, or testimonials for marketing purposes. No private health information will be disclosed without separate authorization.

Do you grant permission for photography, video, and testimonial use? Yes ___ No ___

Signature & Electronic Approval

Printed Name (Participant or Guardian):

Signature (Electronic Approval):

Date:
