GWIC

Girlfriends

WHO INSPIRE CHANGE

GWIC ECONOMIC FREEDOM WORKBOOK FOR WOMEN

Five Income Streams to Create Economic Opportunities

A printable, fill-in workbook for women ages 18–70

Employment • Entrepreneurship • Affiliate Marketing • Investments • Digital Products



Build a 90-Day Economic Freedom Action Plan
with guided lessons, worksheets, checklists, quizzes, and trackers.

WELCOME TO YOUR ECONOMIC FREEDOM JOURNEY

Your Goals. Your Skills. Your Future. It's Possible.



A WARM WELCOME

Welcome to the GWIC Economic Freedom Workbook for Women. This workbook is designed to help women ages 18–70 identify income opportunities, build confidence, and create a practical 90-day action plan. Use the fill-in sections to write your ideas, goals, and next steps.

HOW TO USE THIS WORKBOOK

1. Read each section carefully.
2. Reflect on the information and how it applies to you.
3. Write your ideas, goals, and notes in the spaces provided.
4. Choose one action step to take.
5. Review your progress weekly and make adjustments as needed.

WHO THIS WORKBOOK IS FOR

- ☑ Women seeking income growth and greater stability.
- ☑ Women exploring business ownership.
- ☑ Women learning about affiliate marketing and digital income opportunities.
- ☑ Women who want to build long-term financial confidence and create the life they desire.

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THE ECONOMIC FREEDOM FRAMEWORK

This workbook helps you use income strategically to build ownership, stability, and long-term opportunity. The goal is to create your personalized 90-Day Economic Freedom Action Plan.

1 — Employment Used to Finance a Business
Use your job income to gain stability, build skills, and fund your future business goals.

2 — Entrepreneurship
Start and grow your own business to create additional income and ownership.

3 — Affiliate Marketing
Earn income by recommending products or services you believe in.

4 — Investments
Grow your money through smart investment choices for long-term wealth.

5 — Digital Products
Create and sell digital products like courses, workbooks, or templates for ongoing income.

YOUR DESIRED OUTCOME

My income goal (in 90 days or beyond): $ _____

My primary focus area (choose one or more): _____

Why this matters to me: _____

_____

90-DAY ROADMAP

Break your goals into simple, focused steps.

DAYS 1–30
Build Your Foundation

My top priorities: _____

One skill to build: _____

One action to take: _____

Income milestone: _____

DAYS 31–60
Take Action and Make Progress

My top priorities: _____

One skill to build: _____

One action to take: _____

Income milestone: _____

DAYS 61–90
Grow and Create Momentum

My top priorities: _____

One skill to build: _____

One action to take: _____

Income milestone: _____

QUICK START CHECKLIST

Check off each step as you complete it.

- ☐ 1. Set your income goal.
- ☐ 2. Pick one income stream to focus on first.
- ☐ 3. Create a weekly schedule for your goals.
- ☐ 4. Track your spending and find areas to save.
- ☐ 5. Update your resume (even if you're not job searching).
- ☐ 6. Research one business idea.
- ☐ 7. Join one affiliate platform.
- ☐ 8. Open or plan one savings or investment account.