



## Ask Ingrid...How Do I Dress For “Business Casual”?

“Business casual” offers you the option to wear “relaxed” or “casual” versions of business attire. Rules on “business casual” can vary by industry, your company, and even the time of year. Check to see if your company has a stated policy on it. You can also see how your coworkers dress and reflect similar style choices for yourself. From here, you can develop your own “business casual” style as time goes on.

### Styling Suggestions

Here are a few great “core” pieces to create winning business casual outfits...

#### Women

- Casual Slacks/Pants
- Flats or Kitten Heels
- Sweaters/Cardigans
- Patterned Tops/Blouses or Button-Downs
- Midi/Knee-Length Skirts and Dresses
- Boots (for cooler weather)
- Turtlenecks (for cooler weather)



#### Men

- Chinos/Khakis
- Sport Coats
- Polo Shirts (for warmer weather)
- Solid-color Fashion Tees (for warmer weather)
- Loafers
- Sweaters
- Button-down Shirts w/o ties



Need some advice in developing your own business casual outfits? I’m here to help! Visit: [www.stylingyourrainbow.com](http://www.stylingyourrainbow.com) or give me a call at (703) 855-7223.