

Kathryn Hayward, M.D. | Curriculum Vitae

EDUCATION

- 1978 B.A. Mount Holyoke College
1979-1981 Wellesley College, premedical studies
1986 M.D. Boston University School of Medicine

POSTDOCTORAL TRAINING

- 1986-1992 Intern and Resident in Primary Care Internal Medicine
Carney Hospital, Dorchester, Massachusetts
First half-time intern in Internal Medicine in Boston, pioneering a program chronicled in *Academic Medicine: "Part-Time Residency Training in Internal Medicine: Analysis of a Ten-Year Experience"* authored by Dr. Philip Carling, March 1999

LICENSURE AND CERTIFICATION

- 1986 Massachusetts License Registration
1992 American Board of Internal Medicine, initial certification
2002 American Board of Internal Medicine, recertification

ACADEMIC APPOINTMENTS

- 1992-2007 Clinical Instructor in Medicine, Harvard Medical School
2007-2010 Assistant Professor of Medicine, Harvard Medical School
1996-2009 Preceptor, Primary Care Clerkship, Harvard Medical School
Involves teaching one third-year medical student per year, in a longitudinal course focused on ambulatory medicine that meets weekly for nine to twelve months.

HOSPITAL OR AFFILIATED INSTITUTION APPOINTMENTS

- 1992-1993 Clinical Assistant in Medicine Massachusetts General Hospital
1993-1999 Assistant in Medicine Massachusetts General Hospital
1999-2006 Assistant Physician Massachusetts General Hospital
2006-2012 Associate Physician Massachusetts General Hospital

HOSPITAL AND HEALTH CARE ORGANIZATION SERVICE RESPONSIBILITIES

- 2013-present Co-Founder and Director
[International Integrators](#)
2009-2010 Consultant Physician
MGH-Benson Henry Institute for Mind Body Medicine
2008-2011 Founder
Collaborative Medicine Working Group
1997-2009 Associate Medical Director and Staff Physician Massachusetts General Medical Group

- 1992-1997 Physician Practice Manager and Staff Physician, Adult Medicine
MGH/Charlestown HealthCare Center
Charlestown, Massachusetts
For 17 years, I practiced general internal medicine and primary care medicine at The Massachusetts General Hospital. I had a busy outpatient and inpatient practice, with major areas of focus being those related to prevention of disease and disease management.
- 1991-1998 Consultant, Medical Department
Polaroid Corporation
Cambridge, Massachusetts
- 1996-1997 Task force to develop the MGH Weight Center

AWARDS AND HONORS

- 2004, 2005, 2006 Nominee, Harvard Medical School Humanism in Medicine Award

CLINICAL RESEARCH

- 1997-1998 Funding source: The Kenneth B. Schwartz Center
Principal Investigator, Get Fit Group
- 1996-1999 Funding source: National Institutes of Health through the National Institute of Diabetes and Digestive and Kidney Diseases
Co-Investigator, Diabetes Prevention Program
- 2000-2008 Funding source: National Institutes of Health through the National Institute of Diabetes and Digestive and Kidney Diseases
Co-Investigator, Look Ahead – Action for Health in Diabetes
- 2007-2008 Funding source: The John D. Stoeckle Fund
Principal Investigator

The Stoeckle Fund and MGH General Medicine Division (GMD) funded a year-long project focused on exploring if and how the appeal of integrative medicine might influence the redesign of primary care at MGH. This was coordinated with other efforts aimed at innovation in primary care delivery, including those led by the John D. Stoeckle Center for Primary Care Innovation. One goal was to identify and define integrative interventions that can be rigorously evaluated at MGH.