

Chapter 5.

PERFORM WAXING SERVICES

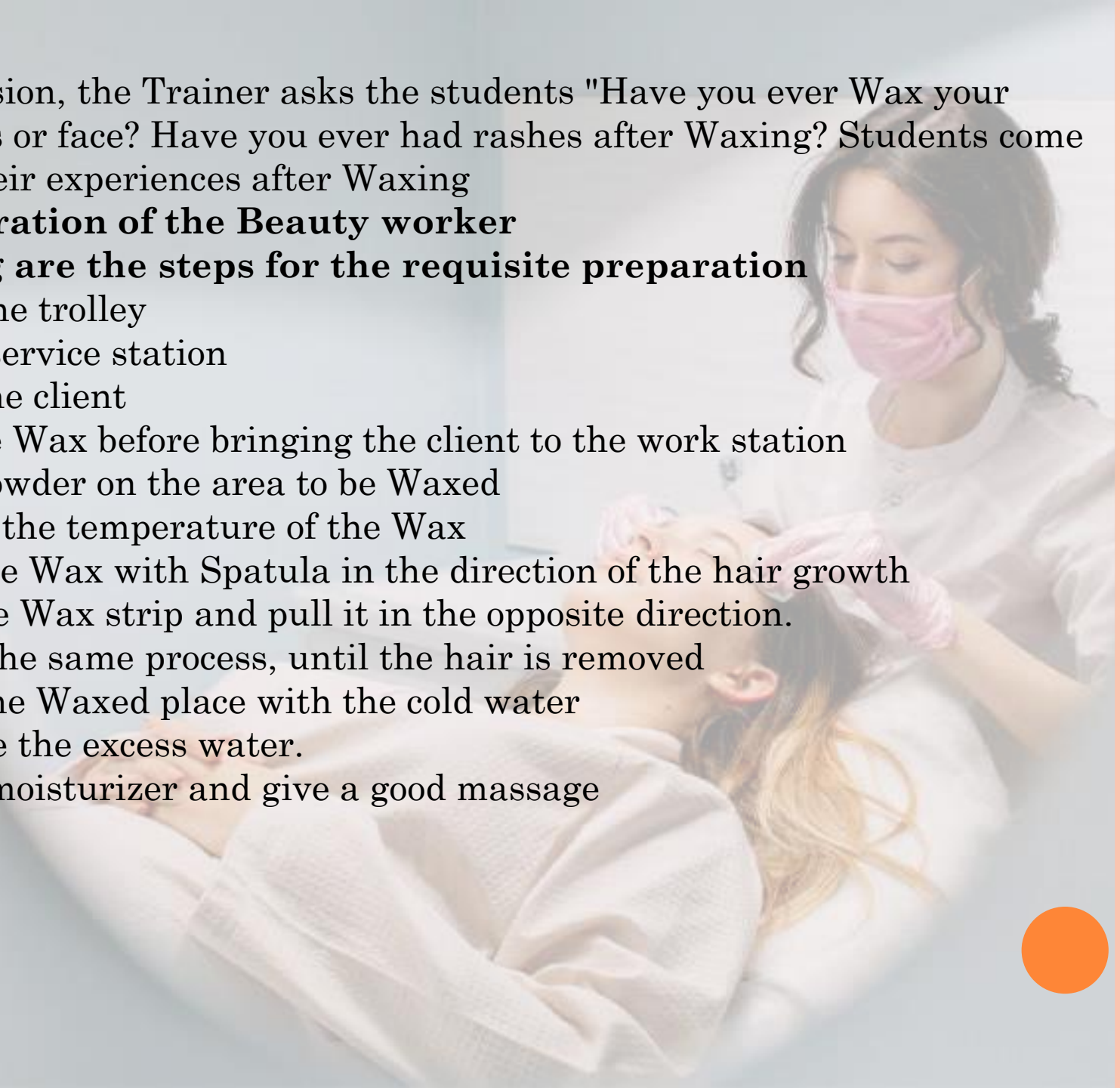


In this session, the Trainer asks the students "Have you ever Wax your hands, legs or face? Have you ever had rashes after Waxing? Students come up with their experiences after Waxing

5.1 Preparation of the Beauty worker

Following are the steps for the requisite preparation

1. Set up the trolley
2. Set the service station
3. Drape the client
4. Heat the Wax before bringing the client to the work station
5. Apply powder on the area to be Waxed
6. Enquire the temperature of the Wax
7. Apply the Wax with Spatula in the direction of the hair growth
8. Place the Wax strip and pull it in the opposite direction.
9. Repeat the same process, until the hair is removed
- 10, Wipe the Waxed place with the cold water
11. Remove the excess water.
12. Apply moisturizer and give a good massage



5.2 Waxing

Waxing is a method of hair removal where the hair is removed from its roots. Once Wax is used, new hair will not grow back in the Waxed area for two to eight weeks Two types of Waxing is generally done Le. Hot Wax and Cold Wax. In the Cold Wax. This kind of hair removing method is very effective. Other practiced methods of Hair removal are the following:

Threading
Shaving
Plucking
Machine

5.2.1 Suitable Areas of Waxing:

Face-Forehead, side Locks, upper Lips and Chin
Legs, Arms, Under Armst
Bikini line and lower Abdomen

5.2.2 Types of Wax

Two types of Wax are generally used:

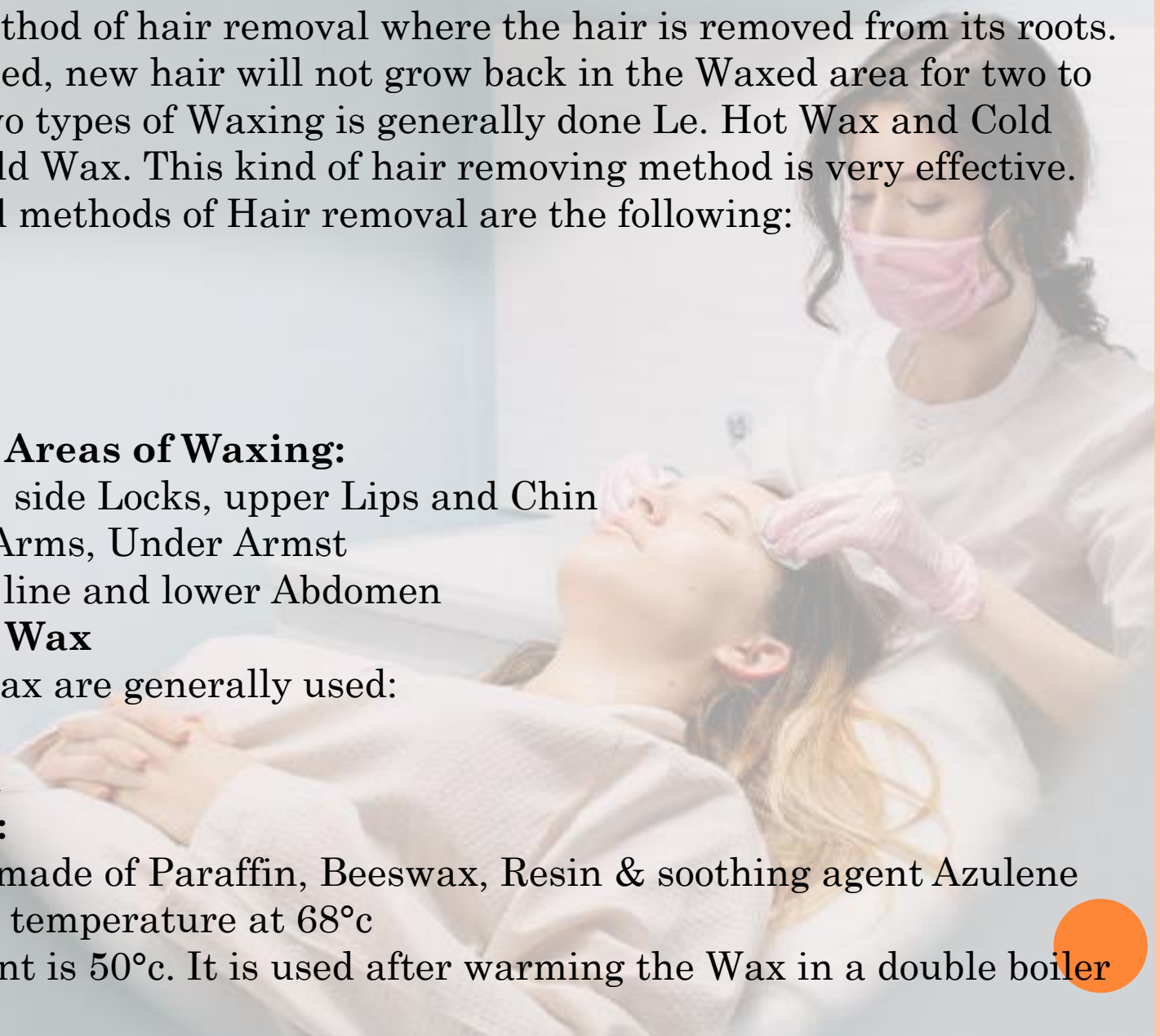
1. Hot Wax
2. Cold Wax

5.2.3 Hot Wax:

Hot Wax is made of Paraffin, Beeswax, Resin & soothing agent Azulene
Control the temperature at 68°C

Waxing point is 50°C. It is used after warming the Wax in a double boiler

Hot Wax is used to remove even very short hairs



5.2.4 Cold Wax:

It is most commonly used Waxing method. Sugar and Lemon are the two key ingredients that are used in the preparation of Cold Wax apart from water. Reheating is not needed for this type of Wax. Cold Waxing makes the skin soft and smooth apart from enhancing the appearance of the skin.

A) Safety Precautions:

Avoid bleaching if skin peeling has been done.
Patch test has to be done.

Required Tools and Products

:Tools :Wax heater, Waxing strip, Spatula,Towel, Bowl.

Products: Wax, Talcum powder, Moisturizer or camphor lotion.

Post Care:

1. Advice the client to not to bleach immediately
2. Advice the client to use sunscreen regularly

1. Do's and Don'ts:

1. Advice the client not to do bleaching after Waxing
2. Bleaching after shaving is harmful also

