

A woman in a white lab coat and pink mask is performing a threading service on a client lying on a table. The client is wearing a white top and has her hands clasped. The background is a bright, clinical setting.

CHAPTER 6 PERFORMING THREADING SERVICES



6.1 Threading

Threading is a temporary hair removal technique used mostly on eyebrows, as well as the upper and lower lips, cheeks, and chin. The name is derived from the cotton threads that are twisted to pull the hair from the root. It is also known as "tying" or "khite" in Arabic. Here is how to do threading to remove unwanted hair. Neaten your brows without plucking!

6.1.1 Other methods of temporary hair removal

There are other methods practiced for temporary hair removal which are part of depilation service as well. Following are some of the methods generally used: After Before

a) **Tweezing:** Tweezers is a metal forcep used to manually pluck the hair out of its root, one at a time. It can be considered useful for eyebrows or any stray facial hair. But there are several disadvantages associated with it, which are discussed below:

Painful process .

Difficult for large areas.

May cause ingrowth of hairs.

May cause pitting or scarring

Requires use of mirror. Some areas are difficult to do on your own



. Care must be taken when shaping the brows that one or two hair can make a big difference in defining the brow shape

b) Shaving:

It is one of the most common methods of hair removal which easily cuts the hair from the skin level. The hair removing is conducted through a razor. Shaving method is quick and can be done at home, or pretty much anywhere with an electric razor, Such kind of hair removal method brings roughness in skin and new hair growth happens much quickly. Apart from that, ingrowth of hair, razor bumps, sharp trips are resulted from shaving

c) Depilatory creams:

Depilatory creams are applied on hands, legs and bikini line for removing hair smoothly. These kinds of creams are not advised to use on the face. It helps to remove the hair from the surface of the skin and not from the roots and thus is not long lasting. Further, most creams contain harsh chemicals that may cause irritation to the skin.



d) Electrical depilatory:

Electric shaving:

It works by passing a small electric machine with a fine screen at one end across the skin's surface trapping hair. Blades move laterally and cut the hairs against the edge of the screen. It is best used legs, bikini area and underarms. Among the advantages, it is quick, safe and dries very easily. It is also good option for those with very sensitive skin. Whereas, disadvantages are that hairless' effect do last as quite as long as wet shaving. The razor also needs looking after properly, which means regular cleaning and changing the blade annually)

e) Laser Hair Removal:

This is the process of removing unwanted hair by means of exposure to pulses of laser light that destroys the hair follicle. It beams highly concentrated light into hair follicles. Pigment in the follicle absorbs the light, that destroys the hair. Laser's method has precision as it can selectively target dark coarse hairs while leaving the surrounding skin undamaged. It also offers a speedy recovery time. Each pulse of the laser takes a fraction of a second and can treat more volumes of hair at a time. The laser can treat an area approximately the size of a quarter every second. Small areas such as the upper lip can be treated in less than a minute, and large areas, such as the legs or the back, may take up to an hour.

6.2 Different shapes of Eyebrows

Some of the common shapes of eyebrows are:

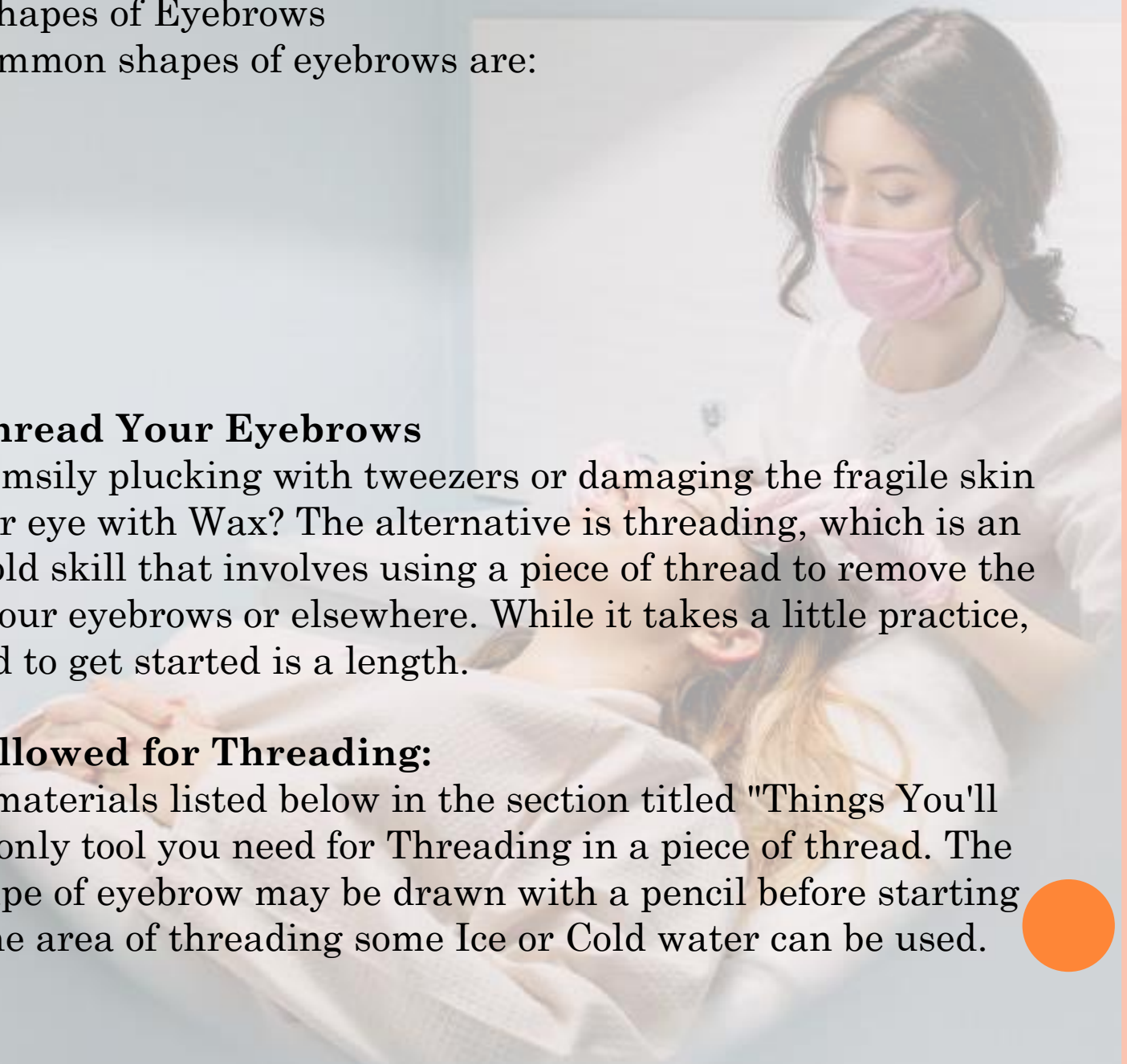
1. Round
2. Square
3. Oval
4. Long oval
5. Diamond
6. Heart

6.3 How to Thread Your Eyebrows

Tired of clumsily plucking with tweezers or damaging the fragile skin around your eye with Wax? The alternative is threading, which is an extremely old skill that involves using a piece of thread to remove the hair from your eyebrows or elsewhere. While it takes a little practice, all you need to get started is a length.

6.3.1 Steps followed for Threading:

1. Gather the materials listed below in the section titled "Things You'll Need" The only tool you need for Threading is a piece of thread. The desired shape of eyebrow may be drawn with a pencil before starting. To numb the area of threading some Ice or Cold water can be used.



2. Hold the section of the thread with the knot in one hand, and grip the opposite section with your other hand.
3. Twist the hand without the knot five or six times, while holding the other section of the thread tightly (this is to avoid getting the knot in the middle of the thread). Doing this the shape created is of the form of an hourglass or the symbol of Infinity.
4. Practice opening one hand, while closing the other at the same time. The twisting thread in the middle is what will remove the hair. Practicing the scissors motion is helpful in this regard.
5. Hold your hands so your fingers are facing away from your face, and place them over one eyebrow.
6. Place the triangle of the thread, so that the hair you want to pluck is within the thread area. You should be threading against the direction the hair grows, so you should move the point of the triangle opposite the direction the hair grows. (scissors). Thus the hair should be
7. Close the hand controlling the triangle around the hair, as you open the other hand. Make sure thread is still touching the skin, and quickly make the opposite motion pulled out!
8. Through enough practice, perfection will surely be reached

