



BETTA GOLF TOURS

DRIVE, PLAY, SIP, EXPLORE

‘The Great Cape Golf & Grape Escape’

Itinerary - 10-Day Golf, Wine & Sightseeing Tour – Cape Town, South Africa

Experience the perfect blend of world-class golf, stunning scenery, and exquisite wine country.

Days 1-5: Cape Town & Coastal Golf (“The Front 9”)

Day 1: Arrival in Cape Town

- Meet & Greet at Cape Town International Airport.
 - Assisted transfer and check-in at **The Portwood Hotel**, on the iconic V&A Waterfront.
 - Spend the day enjoying the hotel & exploring the **spectacular V&A Waterfront**.
 - **Welcome Lunch or Dinner** (incl Q&A session) with Betta Golf Tours on the V&A Waterfront.
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Day 2: Golf at Milnerton Golf Course

- Tee off at the scenic **Milnerton Golf Course**, a unique coastal links course, with its clubhouse situated practically on the beach & incredible views of Table Mountain.
 - Explore the **City Bowl area of Cape Town**, particularly Long Street with its Victorian buildings, vibrant nightlife & bohemian atmosphere.
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Day 3: Golf at Steenberg Golf Club & Wine Tasting at Steenberg Wine Estate

- Morning golf at the majestic **Steenberg Golf Club**, set within the Constantia Winelands.
 - Afternoon **Wine Tasting** at Steenberg Farm, the Cape’s first farm.
 - Dinner at the stylish **Bistro Sixteen82**, within the estate.*
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Day 4: Guided Cape Peninsula Tour

- Enthralling fully **guided tour of the Cape Peninsula** with a qualified & experienced local tour guide – lunch/picnic basket included.
 - **Highlights** include Clifton, Camps Bay, Hout Bay Harbour, Chapmans Peak, Cape Point, Boulders Beach – Penguins, False Bay, Simons Town, Fish Hoek, Kalk Bay, Table Mountain – Sunset.
 - Unwind into the evening at your leisure, **exploring the V&A Waterfront's** offerings and vibrant atmosphere.
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Day 5: Golf at Westlake Golf Club

- Early round of golf at **Westlake Golf Club**, a hidden gem nestled beneath the slopes of the Silvermine Mountains.
 - Spend the afternoon & evening at **Groot Constantia Wine Farm**, South Africa's oldest wine farm.
 - Savour a **Chocolate & Wine Pairing** on the Groot Constantia estate, explore the glorious grounds, the museum, as well as a guided cellar tour.
 - Dinner at **Simon's Restaurant** or **Jonkershuis Eatery**, on Groot Constantia estate.*
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Days 6-10: The Winelands ("The Back 9")

Day 6: Into the Winelands

- Assisted transfer to Stellenbosch & check-in at **River Manor Boutique Hotel**.
 - Embark on a **Guided Stellenbosch Valley Wine Tour**, taking in outstanding Stellenbosch wine farms
 - Dinner at **Helena's Restaurant** in the hotel, or **Fat Butcher** in the town centre.*
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Day 7: Golf at Stellenbosch Golf Club

- Take on the challenge of **Stellenbosch Golf Club**, one of South Africa's oldest & beloved courses, surrounded by vineyards & mountains - home of the 2026 Investec SA Open
 - Win(e)d down with a **Wine Tasting at Ernie Els Wines**, and explore Ernie's Trophy Room at the foot of the picturesque Helderberg Mountains.
 - Dinner at the Ernie Els winery's restaurant, with a stunning view of the **Stellenbosch Valley**.*
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Day 8: Golf at Pearl Valley Jack Nicklaus Signature Golf Course

- Tee off at the world-class **Pearl Valley Jack Nicklaus Signature Golf Course**, consistently ranked among South Africa's top golf courses – a must-play for any golf enthusiast.
 - **Wine tasting** and/or dinner* at **Tokara Wine Estate**, a experience with a unique view from the upper slopes of the Simonsberg mountain.
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Day 9: Golf at De Zalze Golf Club

- Morning golf at **De Zalze Golf Club**, truly a golfing experience like no other...nestled between vineyards, olive groves & lavender fields.
 - Enjoy on-site **Wine Tasting at Kleine Zalze**.
 - Dinner at **De Vier Restaurant** in the heart of the town of Stellenbosch.*
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Day 10: Departure

- Betta Golf Tours will accompany you from Stellenbosch to Cape Town International Airport for your onward journey.
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Join us for a truly unforgettable South African golf tour – world-class golf courses, breathtaking scenery, and fine wines at every turn.

***Note:** All dinner/restaurant mentions are *suggestions*, and thus not included in the tour price.

Disclaimer: *This itinerary is subject to change at any time due to availability and/or limitations.*