## **Knitting of Souls Prayer**

## From Darkness to Light by Areon Potter

This prayer is for helping you release yourself from people you feel tied to and are creating unhealthy thoughts and habits.

Father, if my soul has been knit to the soul of any of the following people in any manner that would not bring glory and honor to the Lord Jesus Christ, I choose to loose my soul from the soul of each of the following: (Name People and feelings associated with those people) triggers that get you thinking about them as well.

As best I know, I have chosen, or do now choose, to forgive them for any way they may have sinned against me. I bless them, and I ask You to bless them. If, according to Your wisdom and knowledge, I have not honestly and willfully forgiven any of them, I'm asking You to reveal that to me and to prepare me and enable me to truly forgive each one of them. I choose to allow You to produce in me the attitude toward them that the Lord Jesus Christ wants me to have.

If I have listened to any lies that Satan or any demonic forces have given me concerning any of these people, I confess that as sin, and I ask You to forgive me. I put the blood of the Lord Jesus Christ between me and each person I have named and any demons that may be in or around them.

All this I pray in the name, the power and the authority of the Lord Jesus Christ.

## **Scriptural Foundation:**

**HEBREW**: 1 Samuel 18:1: Now it came about when he(David) had finished speaking to Saul, that the soul of Jonathan was knit to the soul of David, and Jonathan loved him as himself (Hebrew = qashar)

**Soul**: Inner being of man; seat of emotions, mental acts, acts of the will. The mind, emotions, and the will.

**Knit**: bind, join, knot; be in league together, confederate, conspire; to be knitted together, bound fast.