

## **ROOTED SPIRIT SANCTUARY**

### **COVENANT OF COMMITMENT**

We, the members and companions of Rooted Spirit Sanctuary, enter into this covenant as an expression of our sacred commitment to one another and to the flourishing of our spiritual community.

We gather not as perfect people, but as seekers—rooted in the Earth, reaching toward Spirit, and committed to walking together with courage, compassion, and integrity.

#### **In the spirit of this commitment, we affirm the following:**

##### **Our Shared Intentions:**

- To co-create a sanctuary where all beings are welcomed with dignity, respect, and love.
- To honor the sacred in each other and in all of life.
- To nurture a living, evolving spirituality rooted in wonder, wisdom, and shared ritual.

##### **Our Commitments to One Another:**

- We commit to showing up—physically, emotionally, and spiritually—with authenticity and presence.
- We commit to listening deeply and speaking truthfully, with kindness and care.
- We commit to holding space for each others' healing and transformation.
- We commit to honoring the multitude of spiritual paths followed by one another.
- We commit to resolving conflict directly and respectfully, seeking restoration rather than blame.

##### **Our Commitments to the Earth and the Wider World:**

- We commit to living in harmony with the Earth, acknowledging our interdependence with all living beings.
- We commit to engaging in acts of justice, compassion, and service as expressions of our rooted faith.

##### **Our Sacred Participation:**

- We honor the rituals, rhythms, and leadership of the Sanctuary, and contribute our time, gifts, and resources as we are able.
- We acknowledge that spiritual community is a shared responsibility, and we offer our presence and participation as sacred acts.

*With humility and hope, I, \_\_\_\_\_, enter into this covenant—not as a binding law, but as a living promise. I do so freely, with an open heart and rooted spirit.*

Signature:

Date:

## **ROOTED SPIRIT SANCTUARY**

### COVENANT OF CONFIDENTIALITY & SACRED TRUST

We recognize that Rooted Spirit Sanctuary is a container for deep personal sharing, spiritual exploration, and healing. We honor the vulnerability and courage it takes to speak truth, process pain, and share sacred experiences in community.

As members of this Sanctuary, we covenant to :

- Hold each other's stories in confidence, treating what is shared in community spaces as sacred and private.
- Refrain from sharing the names, experiences, or words of others without their clear and direct consent.
- Respect the boundaries of others, and ask permission before offering advice, sharing details, or referencing someone's personal journey.
- Use our awareness and discernment to protect the emotional and spiritual safety of the Sanctuary.

*I, \_\_\_\_\_, understand that breaches of confidentiality can cause real harm. In keeping this covenant, I commit to cultivating a community rooted in trust, integrity, and care.*

Signature:

Date: